

Recreation Resource Guide

For the Gulf South Region

Includes: Summer Camps

Adaptive Sports and Inclusive Recreation

Accessible Recreation Facilities

Greater New Orleans Area



Children's Hospital
Child Life
200 Henry Clay Avenue
New Orleans, LA 70118
www.chnola.org

Welcome!

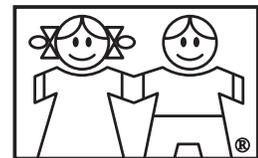
The Child Life Department at Children's Hospital in New Orleans has developed a summer camp, adaptive sports, and accessible recreation resource guide for children with disabilities and chronic illnesses in the Gulf South Region area. This guide includes relevant contact information to get you started in your pursuit of recreation activities.

Please keep in mind that the camps, sports, and recreational programs and facilities included in this guide are only a listing of the opportunities currently available and that the inclusion of a camp or program does not imply that we approve or recommend it. Always verify with the American Camping Association (<http://www.acacamps.org/>) and personally visit the camps and programs you are considering before deciding if it is right for your child. Also, it is recommended that you try your local fitness center, high school athletic department, or YMCA for opportunities to participate, as they may be able to make the necessary accommodations.

Finally, as camps, adaptive sports, and accessible recreation programs are constantly opening and closing, some of these listings may change over time. If you would like to share any additional camps or leisure opportunities for children, please contact the Child Life Department at Children's Hospital so that we can update the guide. We have made every effort to include every program available, but it is possible that some may have been overlooked. If you cannot find a program in Louisiana, contact national organizations and they may be able to help you get involved.

Thank you and enjoy!

Child Life Department
Children's Hospital
200 Henry Clay Avenue
New Orleans, LA 70118
(504) 896-9350



CHILDREN'S
HOSPITAL

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Camps

GREATER NEW ORLEANS
LOUISIANA CAMPS
NATIONWIDE CAMPS

Recreation Resource Guide For the Gulf South Region



CHILDREN'S
HOSPITAL

Guidelines for Selecting a Summer Camp

GENERAL QUESTIONS:

Is my child ready for a sleep-away camp or would a day camp be better?
What do I want and what does my child want from a camp experience?
Is the camp a match for my child's personality, interest, and maturity levels?

QUESTIONS ABOUT THE CAMP:

How long has the camp been in operation?
What are the camp's screening and hiring practice regarding counselors?
Can the camp put me in touch with other parents whose children have attended?
What is the background and experience of the camp director?
What is the counselor to camper ratio?
Does the camp have a camping philosophy?
Does the camp inform the children who to go to if there is a problem?
How do they handle discipline and behavior problems?
How do they handle homesickness, phone calls, mail, etc?
Is the camp American Camping Association (ACA) accredited?
If my child attended this camp in the past, has the staff changed this year?
Are activities developmentally appropriate (cognitively, emotionally, and physically) for my child?

QUESTIONS ABOUT ACCESSIBILITY AND MEDICATION:

Are the campgrounds fully accessible to my child?
How do they handle medical emergencies?
Can they handle all of my child's needs, including storing and administering medications, equipment, mealtime, bedtime, field trips, bathroom, hygiene, and other accessibility precautions?
What is their physician/nurse coverage?
What information and training can I offer to help them know and care for my child?

The preceding information and questions were taken from:
"Summer Fun 1998"
By Families Helping Families of Greater New Orleans
4323 Division Street Suite 110
Metairie, LA 70002
(504) 888-9111

Greater New Orleans Area Camps

GENERAL SUMMER CAMPS

Audubon Zoo Summer Camp

6500 Magazine Street, New Orleans, LA 70118

(504) 861-5103

www.auduboninstitute.org/families/camps/zoo-summer-camp

Campers can attend one to eight one-week-long sessions and children are grouped by age. Campers explore nature and animal science topics through a weekly schedule of arts and crafts, daily visits through the zoo, hands-on activities, animal encounters, behind-the-scenes tours and much more. Audubon Zoo is not equipped to accommodate children with extreme special needs. Please make us aware of any special needs your child may have so that we can assess if our program is appropriate for the child.

Ages Pre-K4 - 4th grade

\$200/week for Audubon Nature Institute Members

\$250/week for non-members

Audubon Zoo Explorers

6500 Magazine Street, New Orleans, LA 70118

(504) 861-5103

<http://www.auduboninstitute.org/zoo-explorers-summer-camp>

Zoo explorers camp is for the older child who has an interest in animals and the life sciences. Campers investigate science themes through art, animal encounters, behind the scenes tours and off-site field trips. One week of each session has an overnight component.

Ages 5th-7th grade

\$245/week for Audubon Nature Institute Members

\$295/week for non-members

Boys' and Girls' Club of Southeast Louisiana Summer Camp

650 Poydras Street Suite 2225, New Orleans, LA 70130

(504) 309-7952

www.bgcseola.org/

Boys and Girls' Clubs offer many activities including game rooms, athletics, and arts and crafts. Programs are designed around the principals of "positive youth development" and to promote a sense of belonging. Camp is 8 weeks long.

Ages 6-15 / \$250 per child

Jefferson Parish Recreation Department Inclusive Summer Camps (West Bank)

Camp Sunshine

(504) 349-5000

rlopez@jeffparish.net

Camp Sunshine is a 4 week camp for children and teens with special needs. Activities range from field trips, swimming, indoor and outdoor games, music and art. Camp is limited to 15 campers per session. Camp hours are 7:30 AM to 5:30 PM.

Ages 8-13 years / \$300 per session

Camp Moonbeam

(504) 349-5000

rlopez@jeffparish.net

Camp Moonbeam is a 4 week camp for teens and adults with special needs. Activities consist of field trips, swimming, indoor and outdoor games, music and art. Camp is limited to 15 campers per session. Camp hours are 7:30 AM until 5:30 PM.

Ages 14 years and older / \$300 per session

Kingsley House Summer Camp

Contact: Kelly Griffin, Program Supervisor
1600 Constance Street, New Orleans, LA 70130
(504) 523-6221

www.kingsleyhouse.org/our-programs/youth-services/

Kingsley House offers a full day summer camp for more than 170 children ages 5-12. Our full day camp activities include indoor and outdoor sports and recreation, drama, arts and crafts, swimming, individual and group counseling, academic enrichment (with a special focus on math and reading), computer literacy, drug and violence prevention education, and weekly field trips to fun and exciting locations throughout the area.

Kingsley House continues to provide daily after school tutoring, mentoring, drug and violence prevention, group counseling, recreation and socialization activities to children ages 5 to 12 throughout the school year. We have established linkages to both the Recovery School District and Orleans Parish schools to provide these essential and much needed activities to school aged children and youth. We also offer our After School program on-site at Ben Franklin Elementary to more than 100 students. Kingsley House is also enabling teens from the surrounding Lower Garden District/Irish Channel area to receive academic tutoring and have full access to the gym and computer center from 5 p.m. until 7 p.m. each night.

Kingsley House facilities are wheelchair accessible/ Kingsley House is not equipped to accommodate children with extreme special needs

Ages 5-12 / Cost not specified

Louisiana Academy of Performing Arts Summer Camps

River Ridge School of Music & Dance
2020 Dickory Ave., Suite 200, Harahan, LA 70123
(504) 738-3050

<http://laapa.com/>

Our Summer Camps provide all campers (beginner, intermediate, and advanced) with the opportunity to explore up to five of our instrumental, theory, and vocal programs. Campers (with little or no musical background) are able to receive initial training and see what program(s) interest them. Our camps can also provide experienced students with a week of concentrated study to accelerate proficiency and to generate motivation to learn new and improved methods of study, giving new life to the student's instrument or vocal study. 25 students are admitted per week. Accommodations are provided for children with disabilities (including Attention deficit disorder (ADD), Autism, developmental disabilities, and Downs syndrome).

Ages 5-16 / \$250.00 per week/\$15.00 Registration Fee

New Orleans Department of Recreation Summer Camp

800 Race Street, New Orleans, LA 70130
(504) 658-3000

www.nola.gov/Residents/NORD/Youth-Programs/

The curriculum for the summer camps are varied with offerings in fun academics, sport skills, creative arts, conflict resolution & anger management, computer skills, recycling, canoeing, and other outdoor education. Field trips are part of the camp experience, allowing children to visit places such as the New Orleans Museum of Art, Six Flags, the House of Blues, Coca-Cola, IMAX, Aquarium, Zoo, Children's Museum, Essence Outreach, Louisiana Nature Center, Bayou Sauvage, City Hall, Civil Court, movie theaters, bowling alleys, and skating rinks. This summer camp is not equipped to accommodate children with extreme special needs

Ages 6-14 / Price varies by location

CAMPS FOR CHILDREN WITH PRIMARY DIAGNOSIS OF AUTISM

www.autism-society.org/chaper168

Note: The guide will be under the heading "Documents"

The Creative Learning Center of Louisiana, Summer Camp

Contact: Sheila Ealey

sheilaealey@yahoo.com

2432 General Ogden Street, New Orleans, LA 70118

(504) 975-7961

This summer camp is for campers who have a primary diagnosis of Autism. Activities include a social integration group, music, academics, bowling, swimming and field trips.

Age Range 4-21 years / \$350 per session, \$50 registration fee

Integrative Touch Pediatric Occupational Therapy

Contact: Tammi Lavin, LOTR, Owner

4899 Westbank Expressway, Suite D, Marrero, LA 70072

(504) 341-7300 office / (504) 417-0281

Provides summer opportunities including a multi-sensory summer camp and writing camp.

Ages 4-14 years / Price Varies

CAMP FOR CHILDREN WITH PULMONARY DISORDERS

Camp Pelican

Contact: Cathy Allain

cathyallain@cox.net

P.O. Box 10235, New Orleans, LA 70181

(504) 466-7124

Campinfo@camppelican.org Camp Pelican is a joint venture between LPDCI and the Louisiana Lions Camp. It is a week-long overnight resident camp for children with pulmonary disorders such as but not limited to severe asthma, cystic fibrosis, tracheotomy and ventilator assisted.

Ages 5-14 years / No cost

CAMP FOR CHILDREN WITH SPINA BIFIDA

Camp Friendship

Contact: Cindy Barrios

Paradise Manor Community Club

529 Sauve Road, River Ridge, LA 70123

www.sbgno.org/camp_friendship.htm

Camp Friendship is sponsored by Spina Bifida of Greater New Orleans. Our camp services children from the Greater New Orleans area (including the Mississippi Gulf Coast and the entire state of Louisiana.) Baby Day is Tuesday of camp, where families of children under 3 can come to see what camp will be like and to meet other young families. All children have a teenage counselor to assist them each day. Some children may have their personal care attendants with them at camp. Generally these are children with extensive medical needs such as having a tracheostomy and needing to be on a ventilator. Special programming is organized for teenagers and each Wednesday there is a field trip. Each year there is a new theme and typical camp activities are offered: swimming, arts and crafts, sports, entertainers, and programs (zoo mobile, puppet shows, music, etc.) There is no charge for children to attend camp and some transportation is available for children in the immediate area. Camp is always held the last full week of July.

Ages: 3yrs old – High school graduates / No cost

CAMPS FOR CHILDREN WITH A VARIETY OF DISABILITIES

Camp Tiger Summer Camp for Children with Special Care Needs

camptiger@lsuhsc.edu

Camp Tiger was founded in 1985 by first-year students from the LSU School of Medicine in New Orleans. Its mission is to give disadvantaged and challenged children an enjoyable summer camp experience. This week-long day camp lets campers be “just one of the kids” and provides them with freedom to play, socialize, and express themselves as healthy, vibrant children. Participation in Camp Tiger is open to all qualified children on a first-come, first-served basis and is completely free of charge. All campers will receive personalized attention. Campers come from all walks of life: city, suburbs, and a variety of socio-economic backgrounds. Children with disabilities, including Autism, Down syndrome, severe mental retardation, epilepsy, HIV, and Cerebral Palsy.

Ages: 6-15 / No cost

Jefferson Parish Rainbow and Butterfly Summer Camps

Contact: Peggie Massaro

6921 Saints Drive, Metairie, LA 70003

(504) 736-6999 ext. 114

pmassaro@jeffparish.net

www.jeffparish.net/

Parks and Recreation offers recreational activities to children with developmental disabilities. The goals are to improve or maintain physical, cognitive, emotional, and social functions and promote healthy, independent leisure lifestyles.

Rainbow Camp - ages: 5-14/Butterfly Camp – ages: 15-21

Rainbow Camp - \$350/session; Butterfly Camp - \$300/session

Speech ‘n’ Motion Camp

Contact: Kimberly Pizzo

Crane Rehab Center

101 River Road Suite 112, Jefferson, LA 70121

(504) 828-7696

Speech-N-Motion is an enrichment program designed to create a fun environment in which children will be motivated to interact and socialize with others. Pediatric occupational and speech therapists facilitate social interaction through sensory-motor play, role playing, and language-based activities. Social communication skills are embedded in play, art, music, and games. Siblings and peers are welcome.

Crane also offers two 8-week sessions of Write from the Start, a multi-sensory handwriting program. The curriculum includes using music, art, games, and manipulatives to build foundational hand skills. All classes are fun and provide functional opportunities for writing practice. Camp accommodates children with a variety of disabilities, including Autism, Spina Bifida, Cerebral Palsy, Asperger’s, fine and gross motor delays, and sensory disorders

Ages 3-10 / \$65/day (Speech-N-Motion) \$200/Session (Write from the Start)

CAMP FOR CHILDREN WITH VISUAL IMPAIRMENTS

Lighthouse for the Blind Summer Camps

Contact: Calvin Lee

123 State Street, New Orleans, LA 70118

(504) 899-4501

www.lhb.org

S.T.A.R.S. is a unique 6-week summer camp program to provide an outlet for fun and creative play. Camp activities include swimming, arts and crafts, cooking, technology training, fun with music, and much more. Campers are paired with sighted student volunteers who are specially trained to assist them in all activities. Any blind or visually impaired child between the ages of 6 and 13 is welcome to join. The S.T.A.R.S. program also offers recreational activities on the first Saturday of each month during the regular school term. S.T.A.R.S. activities include: bowling, horseback riding, sculpture classes, nature trips, special movie showings, and holiday crafts.

CHOICE camp’s goal is to assist teens in healthy life choices as they transition to adulthood through career exploration, skill development, self-awareness, team-building, social skills, technology training, and goal-planning. Any blind or visually impaired child between the ages of 14 and 20 is welcome to join. The CHOICE program also offers career-development activities on the third Saturday of each month.

S.T.A.R.S. ages 6-13 / CHOICE ages 14-20 / No cost

Louisiana Camps

GENERAL SUMMER CAMPS

Buddy Camp for Children with and without Disabilities

Contact: First Methodist Church
2727 Jackson Street, Alexandria, LA 71301
(318) 443-5696
<http://www.fumca.org/buddycamp>

Program is for both children with and without developmental disabilities. Buddy Camp is a community-wide project that allows children grades 1st through 5th (must have completed kindergarten), to participate in a week-long summer day camp. Campers are placed into buddy pairs to allow all children the opportunity to share quality, structured camp activities that encourage them to learn more about each other and develop friendships, healthy behaviors and a Christian attitude.
Ages 5-12 years / No cost

Camp Wawbansee (Girl Scouts)

Contact: Briana Luers
Highway 309, Arcadia, LA 71001
1-800-960-2093 & (318) 868-7222
gslpg.org/PageDisplay.asp?p1=7509

Camp Wawbansee is an ideal area for learning about the outdoors and world around us. Activities include: aquatics, archery, arts and crafts, canoeing, fishing, music, nature/environmental studies, instructional and recreational swimming. Camp Indian Creek is offered for three week-long sessions beginning in June and Camp Wawbansee is offered beginning in July, with the first two weeks shortened for beginning campers. This camp is not equipped to accommodate children with extreme special needs
Ages 5-17 / \$150-295/week (financial aid is available)

Louisiana Academy of Performing Arts Summer Camps

Covington School of Music
857 N. Collins Blvd. Ste. A, Covington, LA 70433
(985) 590-4545
Mandeville School of Music
316 Girod St.
Mandeville, LA 70448
(985) 674-2992
<http://laapa.com/>

Our Summer Camps provide all campers (beginning, intermediate, and advanced) with the opportunity to explore up to five of our instrumental, theory, and vocal programs. Campers (with little or no musical background) are able to receive initial training and see what program(s) interest them. Our camps can also provide experienced students with a week of concentrated study to accelerate proficiency and to generate motivation to learn new and improved methods of study, giving new life to the student's instrument or vocal study. 25 students are admitted per week. Accommodations are provided for children with disabilities (including Attention deficit disorder (ADD), Autism, developmental disabilities, and Down syndrome).
Ages 5-17 / \$250/week

St. Charles Parish Parks and Recreation

Inclusive Day Camp
171 Keller Street, Hahnville, LA 70057
(985) 331-3010, (985) 331-3007, Fax (985) 783-5059
www.stcharlesgov.net

Inclusive Day Camp provides children with six weeks of educational and leisure activities, arts, crafts, games, field trips, water days and friendships during the lazy days of summer.
Ages 5-12 years / \$250 for 6 weeks

Camp Shriver, Special Olympics Camp (St. Charles Parish Parks and Recreation)

(985) 783-5090, Fax (985) 785-5399
santacruztee@msn.com

A three day Special Olympics camp offering sports activities, bocce, tennis, soccer and flag football.
Ages 5-12 year / No cost

CAMP FOR CHILDREN WITH CEREBRAL PALSY

Camp Summer Tribe

Fontainebleau State Park, Mandeville, LA 70470 – P.O. Box 1532

(504) 228-3995

FriendsHelpingKids@gmail.com

www.campsummertribe.blogspot.com/

Camp Summer Tribe is a seven-day residential camp for children with cerebral palsy and other similar conditions. Held in Fontainebleau State Park in Mandeville, this camp annually serves about fifty Louisiana campers, ages six to twenty years old. The camp provides the campers a traditional summer camp experience and the parents of these campers a chance for a much needed vacation or time for the other children in the family. Application deadline is April 1 each year and the medical examination form must be returned no later than May 1.

Ages 6-20

CAMP FOR CHILDREN WHO ARE DEAF

Cajun Camp

Deaf Action Center

Social and Recreational Services

1408 Carmel Drive, Lafayette, LA 70501

TTD & Voice (337) 232-3959 and TDD & Voice (337) 232-3463

daclaf@bellsouth.net

Two week Summer Day Camp with arts and crafts, field trips, Tae Kwon Do, therapeutic animals. Camp can accommodate 50 campers.

Ages 5-13 years / \$75

CAMP FOR CHILDREN WITH DEVELOPMENTAL DISABILITIES

Camp Sunshine

BREC's Womack Park IRP Room

6201 Florida Blvd., Baton Rouge, LA 70806

(225) 272-9200 ext 572

kcoots@brec.org

Camp Sunshine designs summer camp for children with mental and developmental disabilities, aged 6-25 years old. All BREC summer camps are inclusive, but Camp Sunshine is for children who need to function within a staff ratio of 1:5. Each themed week consists of games, activities, arts and crafts, field trips, water activities and inclusive activities with other recreation camps to give the children opportunities to interact with their typical peers. BREC staff conducts recreation assessments to determine if Camp Sunshine is the right choice for children or if they should attend an inclusive summer camp.

Ages 6-25 years / \$85 per week, \$12 week for extended care

CAMP FOR CHILDREN WITH DIABETES

Camp Victory

Contact: Lori Koonce

292 L. Beauford Drive, Anacoco, LA 71403

1-888-342-2383 ext. 6079 or (225) 216-3980 ext. 6079

www.diabetes.org/adacampvictory

Camp Victory, a program of the American Diabetes Association and the Lions of Louisiana, is located at the Louisiana Lions Camp near Leesville. It sits on 170 acres of rolling pines on the edge of Lake Vernon. Activities are geared to the camper's age and include swimming, archery, canoeing, paddleboats, nature lore, skits, dances and volleyball. Priority is given to first time campers and Louisiana residents. This Camp is offered to all campers for free.

Ages 6-10 and 11-14 (separate sessions) / No cost

CAMP FOR CHILDREN WHO HAVE DYSLEXIA

Creative Scholars Camp

Contact: Karen Chauvin

Nichols State University Youth Programs

LA Center for Dyslexia and Related Learning Disorders

P.O. Box 2050, Thibodaux, LA 70310

(985) 493-2569, (985) 4448-4214

www.nicholls.edu/dyslexia

A week-long summer camp for students with dyslexia or other related learning disorders for grades 4 – 9 (age may not exceed 16 years). Students with dyslexia can improve their reading comprehension, writing, and math skills at a summer camp that mixes fun activities with learning. There is an overnight option for 5th – 9th graders for an additional fee. Space is limited, applications accepted on a first come, first serve basis.

Ages Youth entering 4th through 9th grades. Campers age can't exceed 16 year

\$295 for day camp, \$495 overnight camp, \$25 application fee

CAMP FOR CHILDREN WITH HEART IMPAIRMENTS

Camp Bon Coeur

P.O. Box 53765, Lafayette, LA 70505

(337) 233-8437

www.heartcamp.com

Camp Bon Coeur is a two-week co-ed residential camp for children with heart disease, heart transplants, pacemakers, or who have had open heart surgery. The children participate in arts and crafts, canoeing, drama, horseback riding, sports, swimming, and team building exercises. 50 campers are accepted each session.

Ages 7-16 / \$1500/12-day session (ages 7-11); \$1500/12-day session (ages 12-16); Scholarships are available.

CAMP FOR CHILDREN WITH HEMOPHILIA/BLEEDING DISORDERS

Camp Wounded Knee

Contact: Jason Duronslet

admin@lahemo.org

3636 South Sherwood Forest Blvd., Suite 390, Baton Rouge, LA 70816

1-800-749-1680, (225) 291-1675

A week-long, sleepover, summer camp for children with Bleeding/clotting disorders, Hemophilia. Activities include horseback riding, campfires, swimming, nature trails, arts and crafts.

Ages 6-16 years / No cost

CAMP FOR CHILDREN WITH NEURO-MUSCULAR DISEASES

Muscular Dystrophy Assn. (MDA) Summer Camp

Contact: Diane Dobbs

300 Highway 8, Pollock, LA 71467

(504) 455-4460

www.mda.org

Children participate in a variety of activities such as fishing, boating, swimming, arts and crafts, horseback riding, and canoeing. The camp has a nurse and a physician on site.

Ages 6-17 / No Cost

CAMP FOR CHILDREN WHO NEED NUTRITIONAL OR RESPIRATORY SUPPORT

SKIP Camp (Sick Kids Need Involved People)

Contact: Judy Abney
118 Ned Avenue, Slidell, Louisiana 70460
(985) 649-0882

The purpose of SKIP Family Camp is to provide children and their families an opportunity to meet other families and share information, resources, experiences and feelings; in addition, the camp is an opportunity for a fun family vacation. SKIP children include:

- Children who are assisted at least part of each day on mechanical ventilation.
- Children who require prolonged intravenous administration of nutritional substances or medications.
- Children who have a daily dependence on devices for respiratory or nutritional support, such as tracheotomy tube care, oxygen support or tube feeding.

No cost, the cost of the camp including room, meals, outings and transportation is covered by SKIP of Louisiana, which is supported by grants, donations and volunteer efforts.

CAMP FOR CHILDREN WHO ARE OVERWEIGHT

Fit as a Firefighter Summer Camp for Children Who Are Overweight
St. Tammany Fire District No. 1 Fire Training Academy, Camp Villere
Taffy.Morrison@SlidellMemorial.org

Contact: Taffy Morrison
Slidell Memorial Hospital
Healthy Families Program Director/ Parent Educator
Wellness Pavillion, 501 Robert Blvd., Slidell, LA
Office: (985) 649-8529 • Fax: (985) 639-8982

<http://www.slidellmemorial.org/Events/EventsDisplay.asp?p1=7454>

Fit as a Firefighter Summer Camp Program, sponsored by Slidell Memorial Hospital and St. Tammany Fire District #1, is a free week-long summer fitness & nutrition camp that aims to provide overweight and obese children ages 7-12 the skills, motivation and nutritional information necessary for leading a healthy lifestyle all in a fun-filled & supportive environment. Activities include: Daily Nutrition & Fitness Classes by a certified dietician and fitness trainers; First Aid Training; Fire, Seatbelt, Boating, Water and Personal Safety; LA State Trooper Seatbelt/Rollover Simulator; Water & Firefighter Games; Zumba; Karate; Self-Esteem; Stress Management; Slidell Police Department K-9 & SWAT Teams; Staying Safe at Home Alone & in the Community; Kids Cooking Classes; LA National Guard Blackhawk Helicopter, Smokehouse, Fire Truck, Ambulance Tours; Saints Junior Training Camp. Follow-up year round activities include: Trim Kids Family Nutrition & Fitness programs, Famil Nutrition Nights, and Fitness Classes. Receipt of AHA *Community Fitness Innovation Award*, an *Innovator of the Year Award* New Orleans CityBusiness Magazine, "National Focus Award"

National Association of Junior Auxiliary, "Successful Community Initiative" Southern Obesity Summit.

Ages 7-12 / \$30 for the week

CAMPS FOR CHILDREN WITH A VARIETY OF DISABILITIES

Louisiana Lions Camp

292 L. Beauford Drive
Anacoco, LA 71403
1-800-348-6567
www.lionscamp.org

LA Lions provide camps at varying times for children with different disabilities—sessions vary by age. Children participate in activities like archery, arts and crafts, baseball, softball, basketball, canoeing, golf, nature/environment studies, tennis, and swimming. For children with diabetes, Cystic Fibrosis, asthma and respiratory ailments, cancer, Cerebral Palsy, hearing impairments, Mental Retardation, mobility limitation, Multiple Sclerosis, Muscular Dystrophy, and visual impairments
Ages 6-19 / No cost

Medcamps of Louisiana

Camp Alabama

Sibley, LA

(318) 329-8405

www.medcamps.com

Every week during the summer a different camp is held and each camp is designed specifically for a particular type of disability, which includes appropriate health professionals, specially-trained staff, and tailored activities. The focus is on what campers can do and all campers are encouraged to reach their full potential. In the safe environment surrounded by other children with similar challenges, these special campers discover that they are not alone and gain a genuine sense of belonging, accomplishment, and self-worth. For children with a variety of physical and mental disabilities, including Spina Bifida, Cerebral Palsy, asthma, Sickle Cell Anemia, autism, epilepsy, juvenile arthritis, visual impairments, hearing impairments, speech impairments, and developmental disabilities

Ages 6-16 / No Cost

CAMP FOR GRIEF THERAPY

Camp Bearable

Contact: Kathy Busco

Fountainbleu State Park

Mandeville, LA

(985) 643-5470

Camp bearable is a sleepover 3-day weekend grief therapy camp to help children cope with the loss of a loved one and provide a healing experience. The children will be divided into age groups for appropriate art and grief therapy sessions. The activities will also help children identify their feelings which may be associated with grief. The activities will also help children to express their feelings and will help promote tools for them so they can continue to work through their grief in a positive and healthy way. Meals and snacks will be provided.

Ages 7-12 / \$15 per Child

ONCOLOGY/HEMATOLOGY CAMPS

Camp Challenge

292 L. Beauford Drive, Anacoco, LA 71403

(504) 347-2267

www.campchallenge.org

Camp Challenge is a grass roots non-profit organization dedicated to giving ill children and their siblings a summer camp experience. Camp is open to all children and their siblings who reside in Louisiana and have a form of cancer or chronic hematological disorders.

Ages 6-18 / No cost

Camp Quality LA

638 Ervin Cotton Road

Eros, LA 71238-9382

(318) 329-7993

www.campqualityusa.org/

At our summer camps we have developed an important type of "therapy" . . . we like to call it Smile Therapy! With a laugh in their hearts and smiles on their faces, Camp Q Kids find themselves capable of more than they may have dreamed possible. Because of our unique staffing ratio of one companion for each child, we are able to take any young child who can tolerate a week away from family or hospital. Many five year olds, and even some younger, attend. In addition, once the campers reach the age of eighteen, many elect to return as companions. There is no cost for children to attend any of Camp Quality's activities.

Volunteer doctors and/or nurses are at camp 24 hours a day. Each camper brings a medical form from his/her physician advising the medical staff of any restrictions or precautions. Medicine is dispensed by medical personnel only for campers and companions. Siblings of cancer patients can attend on a space available basis.

Ages 4-18 / No Cost

Nationwide Camps

CAMP FOR CHILDREN WITH AUTISM SPECTRUM DISORDERS

Kamp Kaleidoscope

P.O. Box 511, Newton, MS 39345

(601) 782-9005

www.kampkaleidoscope.org/Programs.html

Kamp Kaleidoscope is an inclusive summer camp program. The camp is attended by children diagnosed with ASD and their neuro-typical peers providing a fun and educational summer experience. Ages are 7 to 17 years of age, and serving 70 kids each summer. The program boast opportunities in swimming, horseback riding, arts & crafts with a sensory focus, music therapy, sports, rock wall climbing, fishing, watermelon parties, fireworks and much more. The staff includes full time members who are autism specialists, behavior management specialists, physicians, nurses, occupational therapist, equestrian enthusiasts, psychologists, music therapists, educators, speech pathologists, and outdoor specialists.

A great deal of walking, including trails and hills, this should be considered when applying. Children must be able to participate in the daily activities and programs at camp. Camp is for children with a valid diagnosis of a Pervasive Developmental Disorder, Autism Spectrum Disorder, Asperger Syndrome, Rhett's Syndrome, or Landau Kleffner

Ages 7-17 / \$450/camper

CAMPS FOR CHILDREN WITH BRAIN INJURY

Camp Hardgrove

1441 Clifton Road, Atlanta, GA 30322

(404) 712-5504

www.braininjurygeorgia.org/camps.htm

Camp Hardgrove is a overnight program for persons with brain injury. Adults and caregivers are served in this terrific program. Camp Hardgrove is the most complete and cost-effective recreational program in the Southeast for the special needs of people affected by brain injury. Camp sessions are called "life-changing" by campers and re-introduce life skills and socialization to survivors of brain injury.

Ages not specified

\$100 for members of Brain Injury Association of Georgia; \$150 for non-members

Camp Hickory Wood

Camp Widjiwagan

3088 Smith Springs Road, Antioch, TN 37013

(800) 882-0611

<http://health.state.tn.us/TBI/>

Each year the TBI Program in collaboration with Easter Seals Tennessee Inc. sponsors weekend and weeklong camps for adult and youth survivors of brain injury. These camps focus on providing a unique social and recreational opportunity to persons with brain injury. All cabins are air conditioned and include accessible shower facilities. Camp activities include arts and crafts, swimming, hiking, games, boating, and a dance. To request an application, call Easter Seals Camp at (615) 444-2829. There are also weekend camps for kids and adults.

Ages 7 and up

\$50 application fee per weekend camp. \$100 for week long camps.

Scholarships are available through the state TBI program.

CAMPS FOR CHILDREN WITH A CHRONIC ILLNESS

Camp For All

Contact: Ashley Giles

(979) 289-3750

www.campforall.org

Houston Office:

10500 NW Freeway, Suite 220

Houston, TX 77092

(713) 686-5666 / Fax: (713) 686-1242

houstonoffice@campforall.org

Campsite:

6301 Rehburg Road, Burton, TX 77835

(979) 289-3752 / Fax: (979) 289-5046

campsite@@campforall.org

Campers include people with special needs, including those with cancer, HIV, burns, muscular dystrophy, epilepsy, cerebral palsy, multiple sclerosis, spina bifida, kidney disease, developmental disabilities, Phenylketonuria, neurofibromatosis, hearing and sight impairments, brain injuries, gastrointestinal disorders, cardiovascular diseases, arthritis, tourette syndrome and others.

Ages 5-21

Camp John Marc

2824 Swiss Avenue, Dallas, TX 75204

(214) 360-0056

www.campjohnmarc.org/index.html

Camp John Marc partners with community and health professionals and organizations to provide high quality camping experiences year round to campers who have a chronic illness or physical disability. Camp John Marc utilizes community and medical volunteers to provide program support and quality medical care and treatment in the camp setting. The governing board of Camp John Marc believes in the campers' right to discovery and adventure in nature's world, and in their chance to see, touch, play, and feel better.

Summer Season: Asthma, Childhood Cancer, Heart Disease, Hemophilia, Juvenile Arthritis, Kidney Disease, Muscular Dystrophy, Sickle Cell Anemia, Burn Survivors, Spina Bifida.

Off Season: Childhood Cancer, Deaf/Blind, Gastrointestinal Disorders, Craniofacial Disorders, H.I.V., Upper Limb Differences, Sickle Cell, Spina Bifida, Transplant Patients, Bereavement Program.

Cost not specified

Miracle Camp

9840 Beulah Road, Pensacola, FL 32526

(850) 944-1677 or (850) 416-7827 Sid Scarbrough

www.sacred-heart.org/

Miracle Camp provides camps and programs that lift the spirits of children and adults with chronic or life-threatening illnesses. Thanks to this special place, people of all ages may experience a "getaway from the every day." Our campers enjoy a variety of indoor and outdoor activities -- from hiking and fishing, to singing, arts and crafts, softball, swimming in our pool, taking in the beautiful scenery around the pond, and more.

All ages / Cost unspecified

CAMP FOR CHILDREN WITH CONGENITAL HAND DIFFERENCES

Hand Camp

Camp Crystal Lake

Starke, FL

(352) 273-7382

www.handstolove.org

One weekend a year, Hands to Love families from all across the country gather at Camp Crystal Lake in Starke, FL for a weekend of adventure, camaraderie and relaxation. Hand Camp provides children a safe haven in which to try new activities (archery, arts and crafts, swimming, rock climbing, canoeing, etc as well as parental sessions with speakers/sessions about adaptations), meet others who have similar upper limb differences, and just have fun being kids. Hand Camp also allows parents to network with each other, share ideas and experiences, ask questions, be pampered, and relax.

All ages / Cost unspecified

CAMPS FOR CHILDREN WITH KIDNEY DISEASE

Camp Okawehna

Cedar Crest Campground

Lyles, TN

(615) 327-3061

www.dciinc.org/camp_info.php

The camp focuses on critically ill children who need to have fun and be in the company of other children with the same disease. During the week at Camp Okawehna, everything is provided from accommodations, food, non-stop fun-filled activities, and on-site medical facilities. Camp is for children with kidney disease and children who have had a kidney transplant or are on hemodialysis or peritoneal dialysis. Request DVD - andy.parker@dciinc.org

Ages 6-18 / \$65/camper

Camp Shining Stars

Contact: (Organizer) Marian Johnson

marion.johnson@kidney.org

Contact: Children's Hospital

New Orleans, (504) 896-9061

Contact: Ashley Giles, Camp For All
(979) 289-3750
Campsite in Burton, TX
www.campforall.org

Camp Shining Stars is one of only six camps of its type in the U.S. that serves the needs of children with kidney disease. The camp offers a week-long escape from the watchful care of their parents to enjoy the wonders of canoeing, horseback riding, fishing, arts and crafts, and many other exciting activities.

Ages 7-17 years

CAMP FOR CHILDREN WITH PHYSICAL DISABILITIES

Rotary Youth Camp

Gretna, FL
(850) 656-7921
www.nfryc.org/

Rotary Youth Camp is intended for any child with a physical limitation which would make it difficult or impossible to participate at other camps. The camp enables campers to grow in self-confidence and to experience success in physical activities and human relationships. The camp program spans a wide variety of daily activities designed to spark the interest of every camper. Swimming, a camp dance and arts & crafts are the hallmarks of our activity schedule. Typically there is also an overlying theme to the camp, which usually ends in a variety of competitive team games among the campers at the end of camp.

Ages 7-Young Adults / No cost

CAMP FOR CHILDREN AND TEENS THAT REQUIRE RESPIRATORY ASSISTANCE AND/OR USE VENTILATORS

CHAMP Camp

1116 East Market Street, Indianapolis, IN 46202
(317) 679-1860, Fax (317) 245-2291
<http://www.champcamp.org/contact>

CHAMP camp is a camp for children and adolescents who have tracheostomies and those that require respiratory assistance, including the use of ventilators. Many of the campers also have unique physical challenges, including quadriplegia. Our days are rich with adventure and experience. CHAMP Camp is held for a week, typically in mid-June. We are currently housed at Recreation Unlimited in Ashley, Ohio. Traditional activities such as fishing, pontoon boating, canoeing, creative arts, swimming, horseback riding, nature and stream study are highlights of the week. The 50-foot alpine tower promises an exciting climb. Each camper sets his own goal and pace. Adolescents have some additional opportunities, including tent camping, photography, a luau, and staffing the daily camp newspaper.

Ages 6-18 years / \$250

CAMPS FOR CHILDREN WITH A VARIETY OF DISABILITIES

Blaze Camp

Contact: Tim Wall
Roosevelt Warm Springs Institute for Rehabilitation
Warm Springs, GA
(770) 980-8980

www.blazesports.org/programs/blazecamp/

Blaze Camp is a fun and interactive overnight summer sports camp for youth with physical disabilities. Blaze Camp provides opportunities for campers to develop their skills in a variety of exciting sports including track and field, wheelchair basketball, goal ball, quad rugby, tennis, tandem cycling, as well as traditional camp activities such as swimming, arts and crafts, social activities, and canoeing. Campers are taught and supervised by well-qualified staff and volunteers including recreation therapists, disability sports professionals, and elite athletes with disabilities at a 1:5 staff/camper ratio. Youth with spinal cord injuries, spina bifida, cerebral palsy, traumatic brain injuries, muscular dystrophy, amputations, visual impairments, as well as other physical disabilities.

Ages 8-18

Cost varies per camp:

Prep Camp: for “first time” campers. \$150 for members, \$225 for non-members, \$25 membership fee

Sports Camp: high-level competition (not for new athletes) \$250 for members, \$350 for non-members

Sports Camp: an introduction to sports. \$250 for members, \$350 for non-members

Camp Aldersgate

2000 Aldersgate Road, Little Rock, AR 72205

(501) 225-1444

www.campaldersgate.net

Camp Aldersgate summer medical camps serve children with disabilities, developmental delays and a diverse range of medical conditions including autism, cardiac conditions, muscular dystrophy, spina bifida, cerebral palsy, arthritis, cancer, epilepsy, asthma, kidney disorders, and diabetes. Camp Aldersgate provides the site, the staff, the program design and funding. A typical week of camp includes an adapted ropes challenge course, archery, arts and crafts, fishing, horseback riding, canoeing/boating, swimming, and for the older campers, an introduction to SCUBA diving. Throughout the year, Camp Aldersgate hosts weekend camps for children with disabilities.

Camp ASCCA

5278 ASCCA Drive, Jackson Gap, AL 36861

(256) 825-9226

www.campasca.org

ASCCA's goal is to serve those who can derive maximum benefit from the resident camp experience and provide healthier, happier, longer, and more productive life for children and adults with disabilities. Camp ASCCA will also accent “reverse mainstream” by including non-disabled person with people with disabilities. Camp sessions vary by age. Camp is for children with Muscular Dystrophy, Sertoma, epilepsy, physical disabilities, mental disabilities, asthma, hemophilia, and Sickle Cell Anemia.

Ages 6-22 / \$695/week

Camp Summit

17210 Campbell Road, Suite 180-W, Dallas, TX 75252

(972) 484-8900

www.campsummittx.org

Our goal is to help children and adults with disabilities reach their own personal peak by providing recreational, therapeutic, and social activities in an authentically natural camp setting. Activities include swimming, horseback riding, performing arts, a ropes challenge course, wilderness and nature studies, arts and crafts, fishing, sports and games, camping, and group activities. All activities are adapted to each individual camper's ability. Campers from communities throughout Texas as well as out of state. We offer ten one-week summer sessions from May to August and weekend sessions in the fall and spring. Camp is for children with physical and developmental disabilities (Cerebral Palsy, Spina Bifida, paralysis, Down syndrome, Autism, mental retardation, etc.) or multiple disabilities ranging from mild to severe

Ages 6 and up / Cost based on income (breakdown available on website)

Children's Association for Maximum Potential (C.A.M.P.)

P.O. Box 27086, San Antonio, TX 78227

(210) 671-5411

www.campcamp.org

C.A.M.P. enables children with disabilities to thrive in a recreational environment where safety and nurturing are primary.

C.A.M.P., because of its comprehensive staff of doctors and nurses, can provide a summer camp experience along with proper medical care for nearly all children.

Ages 5-21 / Cost based on income (breakdown available on website)

Camp Thunderbird

909 E. Welch Road, Apopka, FL 32712

(407) 218-4300

www.questinc.org/camp

Since 1969, Quest's Camp Thunderbird has been dedicated to providing a real summer camp experience for people with developmental disabilities. Campers of all ages have had the time of their lives participating in the activities such as camping, fishing, swimming, canoeing, arts & crafts, sports & games, evening socials, nature study and more!

In addition to making new friends and unforgettable memories, campers learn new skills and take on challenges that help build self-confidence. Camp Thunderbird's six and twelve-day overnight sessions also give parents and guardians a break from 24-hour care (day camp is also now available). With certified lifeguards, nutritional meals, on-site infirmary, 24-hour nursing supervision and a 3:1 camper to staff ratio, Camp Thunderbird provides an atmosphere of good health and well-being.

All Ages / \$600-625/6-day session and \$1150-1200/12-day session

Dream Oaks Camp

16110 Dream Oaks Place

Bradenton, FL 34212

(941) 746-5659

www.foundationfordreams.org/

Dream Oaks Camp provides programs for children with physical and developmental disabilities and chronic serious illnesses by offering camping experiences on weekends, at day camp and at resident camp. All activities are planned and implemented to meet the abilities of each camper. Programs are designed to be fun, educational, safe and wholesome.

By providing these programs to campers, we are giving parents, guardians, and caregivers the opportunity for a respite from the immediate responsibility of daily care for a child with a disability. They have the opportunity to spend time with a spouse, with other children or with friends. They can relax, free from some of life's daily stresses and perhaps recreate, shop or even vacation. Dream Oaks Camp is located a few short miles from the Florida Gulf coast and a few hours from the theme parks of Orlando. Parents and family members can relax knowing that their child is receiving competent care and attention. Camp is for children with all disabilities, including Autism and related disorders, physical disabilities, developmental disabilities, ADD and/or ADHD and related disabilities

Ages 7-17 / Weekend \$200; Day Camp \$400; Residential \$650

Dream Street

3863 Morrison Road, Utica, MS 39175

601-885-6042

www.dreamstreetms.org

Dream Street campers come from Mississippi, Louisiana, Arkansas and West Tennessee. Dream Street is a 5-day overnight camp where children participate in a variety of activities such as fishing, swimming, horseback riding, canoeing, arts and crafts, music, cookouts, carnivals, and nature studies. The camp has a 1:1 camper to counselor ratio and is staffed by college-age students, physical therapists, doctors, and nurses. Camp is for children with physical disabilities and orthopedic impairments, including cerebral palsy, spina bifida, limb deficiencies, spinal cord injury, mental retardation, communicative disorders and other developmental disabilities

Ages 8-14 / No cost

CAMPS FOR CHILDREN WITH VISUAL IMPAIRMENTS

Camp Abilities Texas

(585) 395-5361

www.campabilitiesbrockport.org/

Camp Abilities offers a one-week, comprehensive, developmental sports camp for children between the ages of 9 to 19 who are visually impaired, blind, or deaf blind. The camp provides a 1:1 instructional situation for each child.

Professional Association of Therapeutic Horsemanship International (PATH Intl.), formerly the North American Riding for Handicapped Association (NARHA) is a non-profit organization that promotes the benefits of therapeutic horseback riding and other equine-assisted activities and therapies for people with physical, emotional and learning disabilities.

Horseback Riding

Recreation
Resource Guide
For the Gulf South Region



CHILDREN'S
HOSPITAL

Therapeutic Horsemanship

Mailing Address: PO Box 33150 Denver, Colorado 80233
www.pathintl.org
(800-369-RIDE (7433)
Fax (303) 252-4610

The association was originally formed in 1969 as the North American riding for the Handicapped Association (NARHA) to promote equine-assisted activities for individuals with disabilities. The name was changed to PATH Intl. in July 2011. With more than 800 member centers, a total of more than 43,000 children and adults find a sense of independence through involvement with horses. These member centers range from small, one-person programs to large operations with several riding instructors. In addition to horseback riding a center may offer any number of equine-assisted activities such as driving, vaulting, trail riding, competition, hippotherapy, equine-facilitated psychotherapy, ground work, or stable management. Through a wide variety of educational resources, the association helps individuals start and maintain successful programs.

Beginning in 1969 PATH Intl. has ensured that therapeutic riding is both safe for, and accessible to, those in need. Since that time the field of therapeutic riding has expanded along with the numbers of individuals profiting from involvement with horses. Today PATH Intl. provides opportunities for people with varying ability levels to challenge themselves physically and emotionally and to set goals to improve their quality of life via the horse. Training professionals to support and facilitate this process, educating the public about the positive impact of the human/animal bond and setting national standards for safe and effective equine assisted activities are part of the PATH Intl.'s long-range goals.

Center accreditation

Center accreditation programs ensure quality and safe provision of equine assisted activities offered by PATH centers, just as other professions use accreditation and licensing systems to improve the well-being of their industries, professions in the field of equine assisted activities have a distinction of their own through the Premier Accredited Center Program.

This voluntary process recognized PATH Intl. centers that have met established industry standards. A center that meets the accreditation requirements based on the administrative, facility, program and applicable special interest standards becomes a Premier Accredited Center (PAC) for a period of five years.

Instruction certification/education

PATH Intl. provides certification for riding, driving and vaulting instructors as well as for equine specialists in mental health and learning. Registered, Advanced and Master level certification are available for riding instructors. Instructors who teach at PATH Intl. Centers are required to achieve PATH Intl. Instructor Certification status.

The criteria at each level details the skills and knowledge an instructor of that level must have regarding Equine Management, horsemanship, Instruction, Teaching Methodology and Disabilities. All evaluations of instructor applications, at all three levels, regardless of certification method, are based on these criteria.

Therapeutic Horseback Riding Centers in Louisiana, Mississippi and Alabama

Find a Louisiana Center

Listing revised November, 2012

3M Acres

18125 Old Baker Road
Zachary, LA 70791-4724
3macres@gmail.com

CENTER MEMBER

Activities: Grooming & Tacking, Ground Work, Therapeutic Riding

Disabilities Served: At Risk Youth, Downs Syndrome, Learning Disability, Mental Retardation

INTERN

Acadiana Therapeutic Riding Organization

Cherokee Ridge Horse Farm
Carencro, LA 70520
(337) 232-3637
atro@gmail.com

CENTER MEMBER

INTERN

Activities: Equine Facilitated Experiential Learning, Grooming & Tacking, Therapeutic Riding

Disabilities Served: ADD or other Hyperactivity Disorder, Amputee, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Mental Retardation, Multiple Sclerosis, Muscular Dystrophy, Orthopedic, Stroke, Visual Impairment, Weight Control Disorders

Crossroads Riding Center

600 Claiborne Street
Pineville, LA 71360
lindabrocato@yahoo.com

CENTER MEMBER

Activities: Equine Facilitated Experiential Learning, Grooming & Tacking, Ground Work, Recreational Riding, Therapeutic Riding

Disabilities Served: At Risk Youth, Emotional, Behavioral, or Mental Health, Substance Abuse

GaitWay Therapeutic Horsemanship

PO Box 85223
Baton Rouge, LA 70884-5223
(225) 766-1614

CENTER MEMBER

MENTOR

INTERN

Activities: Equine Facilitated Psychotherapy, Grooming & Tacking, Ground Work, Hippotherapy, Therapeutic Riding

Disabilities Served: Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Emotional, Behavioral, or Mental Health, Learning Disability, Mental Retardation, Paralysis, Spinal Cord Injury

Great Results Equine Assisted Therapies

7141 Greenwood-Springridge Rd
Greenwood, LA 71033
(318) 938-9166

CENTER MEMBER

MENTOR

INTERN

Activities: Grooming & Tacking, Ground Work, Hippotherapy, Recreational Riding, Therapeutic Riding

Disabilities Served: ADD or other Hyperactivity Disorder, Amputee, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Mental Retardation, Multiple Sclerosis, Muscular Dystrophy, Orthopedic, Paralysis, Speech Impairment, Spina Bifida, Spinal Cord Injury, Stroke, Terminal Illness, Visual Impairment

Greater New Orleans Therapeutic Riding, Inc.

P. O. Box 23284
New Orleans, LA 70183-0284
(985)-651-5239
horsehartzell@hotmail.com

www.gnotrc.com

CENTER MEMBER

MENTOR

Activities: Grooming & Tacking, Hippotherapy, Therapeutic Riding

Disabilities Served: ADD or other Hyperactivity Disorder, Amputee, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Mental Retardation, Multiple Sclerosis, Muscular Dystrophy, Orthopedic, Paralysis

Happy Trails Therapeutic Horsemanship Center, Inc.

17050 Hwy 16
Franklinton, LA 70438-3904
(985) 839-9736
happytrails.org@wildblue.net

CENTER MEMBER**MENTOR**

Activities: 4-H, Grooming & Tacking, Ground Work, Therapeutic Riding, Vocational Training

Disabilities Served: ADD or other Hyperactivity Disorder, Amputee, At Risk Youth, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Mental Retardation, Multiple Sclerosis, Speech Impairment, Spina Bifida, Stroke, Terminal Illness, Visual Impairment

Hooves to Hope

PO Box 1876

Crowley, LA 70527

(337) 315-7700

stuart@hoovestohope.org

www.hoovestohope.org

CENTER MEMBER

Activities: Grooming & Tacking, Ground Work, Therapeutic Riding

Disabilities Served: ADD or other Hyperactivity Disorder, Autism, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Terminal Illness

Horse Assisted Therapy Services of North Louisiana

Calhoun, LA 71225

(318) 243-1211

hatsofnla@yahoo.com

www.horseassistedtherapy.org

CENTER MEMBER**MENTOR**

Activities: Competition (Special Olympic, Paralympics), Equine Facilitated Experiential Learning, Equine Facilitated Psychotherapy, Grooming & Tacking, Ground Work, Hippotherapy, Mobile Community Programs, Recreational Riding, Therapeutic Riding

Disabilities Served: ADD or other Hyperactivity Disorder, Amputee, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Mental Retardation, Multiple Sclerosis, Muscular Dystrophy, Orthopedic, Paralysis, Spina Bifida, Spinal Cord Injury, Stroke, Visual Impairment

New Heights Therapy Center, Inc.

PO Box 1283

Folsom, LA 70437-1283

(985) 796-3677

ntherapy@bellsouth.net

www.newheightstherapy.org

CENTER MEMBER

Activities: Backriding/Tandem Hippotherapy, Camps (Summer, Day, or Other), Competition (Special Olympic, Paralympics), Grooming & Tacking, Hippotherapy, Recreational Riding, Therapeutic Riding, NARHA Horses for Heroes

Disabilities Served: ADD or other Hyperactivity Disorder, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Learning Disability, Mental Retardation, Multiple Sclerosis, Muscular Dystrophy, Speech Impairment, Spina Bifida, Spinal Cord Injury, Stroke, Visual Impairment

Steeds of Acceptance and Renewal of SW Louisiana

4550 Southpark Drive

Lake Charles, LA 70605

(337) 794-9489

heather@serviceglass.net

soarofswla.org

CENTER MEMBER**MENTOR****INTERN**

Activities: Grooming & Tacking, Ground Work, Mobile Community Programs, Recreational Riding, Therapeutic Riding

Disabilities Served: ADD or other Hyperactivity Disorder, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Emotional, Behavioral, or Mental Health, Hearing Impairment, Learning Disability, Mental Retardation, Speech Impairment, Spina Bifida, Visual Impairment

Find a Mississippi Center

Elizabeth A Howard Therapeutic Riding and Activity Center

804 West Churchill Road

West Point, MS 39773

(662) 325-3350

mriley@ext.msstate.edu

msucare.com/4h_youth/4htrac/index.html

PREMIER ACCREDITED CENTER

MENTOR

INTERN

Activities: Equine Facilitated Experiential Learning, Grooming & Tacking, Ground Work, Hippotherapy, Recreational Riding, Therapeutic Riding, Veterans Programs

Disabilities Served: ADD or other Hyperactivity Disorder, Amputee, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Mental Retardation, Multiple Sclerosis, Muscular Dystrophy, Orthopedic, Paralysis, PTSD, Spina Bifida, Spinal Cord Injury, Stroke, Terminal Illness, Visual Impairment

Gaits to Success, Inc.

PO Box 150

Kiln, MS 39556

(228) 255-5368

rhodesmc@juno.com

www.gaitstosuccess.org

CENTER CENTER

MENTOR

INTERN

Activities: Therapeutic Riding

Disabilities Served: ADD or other Hyperactivity Disorder, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Mental Retardation, Orthopedic, Speech Impairment, Visual Impairment

High Hopes Farm

151 Old Rice Rd

Madison, MS 39110

601-856-9214

callie@highhopesfarm.co

www.highhopesfarm.co

CENTER CENTER

Activities: 4-H, Camps (Summer, Day, or Other), Grooming & Tacking, Ground Work, Recreational Riding, Therapeutic Riding

Disabilities Served: ADD or other Hyperactivity Disorder, Amputee, At Risk Youth, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Learning Disability, Mental Retardation, Multiple Sclerosis, Muscular Dystrophy, Speech Impairment, Spina Bifida, Spinal Cord Injury, Stroke, Visual Impairment

Palmer Hope Reins

PO Box 746

Columbus, MS 39703

(662) 328-5704

nlangston@palmerhome.org

www.palmerhome.org

CENTER CENTER

PALS Equine Assisted Activity Center

577 Cutting Horse Ln

Batesville, MS 38606

(662) 578-5824

pals@arenaonems.com

www.arenaonems.com

CENTER CENTER

Activities: 4-H, Competition (Special Olympic, Paralympics), Grooming & Tacking, Ground Work, Therapeutic Riding
Disabilities Served: Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Multiple Sclerosis, Muscular Dystrophy, Orthopedic, PTSD, Spina Bifida

RideABILITY Therapeutic Riding Center

PO Box 5061
Brandon, MS 39047-5061
(601) 750-6735
chend@comcast.net
www.rideabilityms.com

CENTER MEMBER

MENTOR

Activities: Grooming & Tacking, Ground Work, Therapeutic Riding
Disabilities Served: ADD or other Hyperactivity Disorder, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Mental Retardation, Multiple Sclerosis, Muscular Dystrophy, Orthopedic, Paralysis, Speech Impairment, Spina Bifida, Spinal Cord Injury, Stroke, Substance Abuse

RIDES-Riding to Improve Development Esteem Strength Spirit

540 Gurlie Malone Rd
Caledonia, MS 39740-9541
(662) 356-4458
patty@rides4him.org
www.rides4him.org

Find an Alabama Center

Alabama Institute for Deaf and Blind Foundation

29401 Al Hwy 21 S
Talladega, AL 35160
(256) 761-3364
mgheques@aidb.state.al.us
www.mgharena.com

Activities: Backriding/Tandem Hippotherapy, Camps (Summer, Day, or Other), Competition (Special Olympic, Paralympics), Drill Team, Equine Facilitated Experiential Learning, Equine Facilitated Psychotherapy, Grooming & Tacking, Ground Work, Hippotherapy, Recreational Riding, Therapeutic Riding

Disabilities Served: ADD or other Hyperactivity Disorder, At Risk Youth, Autism, Cerebral Palsy, Developmental Delay or Disability, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Mental Retardation, Multiple Sclerosis, Muscular Dystrophy, Orthopedic, Speech Impairment, Stroke, Visual Impairment, Weight Control Disorders

Challenges Met Therapeutic Riding School

5907 Martin Avenue North
Fort Payne, AL 35967
(256) 516-3600
rgcarden@yahoo.com
challengesmetriding.com

CENTER MEMBER

MENTOR

Activities: Grooming & Tacking, Ground Work, Hippotherapy, Therapeutic Riding

Disabilities Served: ADD or other Hyperactivity Disorder, Amputee, At Risk Youth, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Mental Retardation, Multiple Sclerosis, Muscular Dystrophy, Orthopedic, Speech Impairment, Spina Bifida, Stroke, Substance Abuse, Terminal Illness, Visual Impairment

Equines Assisting Special Individuals

242 Summerville Rd.
Jasper, AL 35504-6539
(205) 387-7486
easi.ride@yahoo.com
www.easitrc.org

PREMIER ACCREDITED CENTER

Activities: Animal Assisted Activities with Non-Equines, Grooming & Tacking, Recreational Riding, Therapeutic Riding
Disabilities Served: ADD or other Hyperactivity Disorder, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Hearing Impairment, Learning Disability, Mental Retardation, Multiple Sclerosis, Muscular Dystrophy, Orthopedic, Paralysis, Speech Impairment, Visual Impairment

Horses Offering People Encouragement, Inc.

PO Box 625
Cullman, AL 35056
(256) 636-2904
dnkr@att.net

CENTER MEMBER

Disabilities Served: Autism, Downs Syndrome, Muscular Dystrophy

Montgomery Area Nontraditional Equestrians

3699 Wallahatchie Rd.
Pike Road, AL 36092
(334) 213-0909
horsesandhope@gmail.com
www.maneweb.org

PREMIER ACCREDITED CENTER

MENTOR

INTERN

Activities: Camps (Summer, Day, or Other), Grooming & Tacking, Ground Work, Recreational Riding, Therapeutic Riding, Vocational Training
Disabilities Served: ADD or other Hyperactivity Disorder, Amputee, At Risk Youth, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Mental Retardation, Multiple Sclerosis, Muscular Dystrophy, Orthopedic, Paralysis, Speech Impairment, Spina Bifida, Spinal Cord Injury, Stroke, Visual Impairment, Weight Control Disorders

Special Equestrians, Inc.

1215 Woodward Drive.
Indian Springs, AL 35124-3248
(205) 987-9462
ride@specialequest.org
www.specialequest.org

PREMIER ACCREDITED CENTER

MENTOR

Activities: Competition (Special Olympic, Paralympics), Drill Team, Grooming & Tacking, Hippotherapy, Therapeutic Riding
Disabilities Served: ADD or other Hyperactivity Disorder, Amputee, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Mental Retardation, Multiple Sclerosis, Orthopedic, Paralysis, Speech Impairment, Spinal Cord Injury, Stroke, Visual Impairment

Storybook Farm, Inc.

300 Cusseta Rd.

Opelika, AL 36801-9674

(334) 444-5966

CENTER MEMBER

INTERN

Activities: 4-H, Animal Assisted Activities with Non-Equines, Grooming & Tacking, Ground Work, Recreational Riding

Disabilities Served: ADD or other Hyperactivity Disorder, Amputee, At Risk Youth, Autism, Cerebral Palsy, Developmental Delay or Disability, Downs Syndrome, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, Mental Retardation, Muscular Dystrophy, Orthopedic, Speech Impairment, Spina Bifida, Stroke, Terminal Illness, Visual Impairment

The Red Barn Foundation

2700 Bailey Road

Leeds, AL 35094

(205) 223-1362

joyoneal@aol.com

www.theredbarnfoundation.org

PREMIER ACCREDITED CENTER

INTERN

Activities: Camps (Summer, Day, or Other), Competition (Special Olympic, Paralympics), Drill Team, Recreational Riding, Veterans Programs

Disabilities Served: ADD or other Hyperactivity Disorder, Amputee, At Risk Youth, Autism, Downs Syndrome, Emotional, Behavioral, or Mental Health, Head Trauma/Brain Injury, Hearing Impairment, Learning Disability, PTSD, Speech Impairment

Adapative Sports

Recreation
Resource Guide
For the Gulf South Region



CHILDREN'S
HOSPITAL

Adaptive Sports/Inclusive Recreation

Greater New Orleans Area

PERFORMING ARTS PROGRAM

The Prism Project of Greater NOLA:

Roux-Roux Productions

7240 Crowder Boulevard, Suite 20cew Orleans, LA 70127

504-943-0343

aabend@fhfsela.org

The Prism Project of Greater NOLA: Roux-Roux Productions (TPP of GNO) is a performing arts recreational activity for children with special needs in Orleans, Plaquemines and St. Bernard Parishes. TPP of GNO will help children with disabilities engage and develop socially as well as learn performing arts skills. The program intends to close the gap in recreational activities for children with disabilities by providing children with special needs the opportunity to express themselves and engage with others. It is through this method that they will gain self-confidence, self-esteem, experiences and friendships.

TPP of GNO will focus on teaching children with special needs dance, music and theater with the goal of producing a performance at the end of the program. This program will be inspired and written by the participants, with the help of a highly-skilled scriptwriter.

Ages: 6-14 / \$30

Bourgeois Fishing Charters

2783 Privateer Blvd., Barataria, LA 70036

(504) 341-5614

neworleansfishing.com

Bourgeois Fishing Charters offer a wheelchair accessible covered dock and food and drinks.

Champions of Greater New Orleans

Contact: Dee Ducote, President at champions_of_gno@juno.com

PO Box 1114, Metairie, LA 70004

(504) 390-1995

Champions of Greater New Orleans is a Louisiana non-profit group serving children, teens, and young adults with differing abilities and their families. Champions provides social, recreational, and educational activities. Our members have fun while forging new friendships and developing social and life skills. We have meetings, field trips, an annual family camping trip, a yearly dance, and a support system and fellowship for parents. Siblings are welcome to participate in all activities.

Cortez Caravan Special Dance Group

Contact: Brent Smith

Knights of Columbus

3301 Florida Avenue, Kenner, LA 70065

(504) 352-7107s

Dances will be held on Sunday's from 2 – 5 PM. For \$20 a year you will be provided a membership card to the club and quarterly newsletters.

Crescent City Lights Youth Theater

www.summerstages.org

Contact: Julie Condy at s2sinc@bellsouth.net

Founded in 1993 as the Summer Stages Children's Theater, Crescent City Lights gives performing opportunities to the young people of the Greater New Orleans area all year long through our partnership with the City of New Orleans Recreation Department (NORD). Accommodations are made for performers with disabilities on a case-by-case basis.

Performing at the NORD Ty Tracy Theater in Gallier Hall, 545 St. Charles Avenue, New Orleans, LA (enter through Lafayette Street entrance). The stage is not wheelchair accessible for performers, but the theater is accessible for the audience.

Jefferson Parish Department of Parks & Recreation

www.jeffparish.net/index.aspx?page=3020

Jefferson Parish Department of Parks & Recreation ('JPRD') offers a wide variety of traditional and non-traditional recreational activities for adults, teens and children, including people with disabilities. If you are a person with a disability and would like more information and/or special accommodations for our programs or facilities, please feel free to contact us at 504-731-4600 or by e-mail at JPRecreation@JeffParish.net.

Jo Jo's Hope Therapeutic Swimming at Elmwood Fitness Center

www.jojoshope.org_AQUATICS and www.elmwoodfitness.com

A charitable swimming and aquatic activity program in which teaching methods and student activities are adapted to meet the needs of individuals who, because of mental or physical impairment, cannot readily achieve success in a regular swim program. The classes are held on Sunday afternoons, and the program is by appointment only. Suitable for all ages. Applicants must fill out a registration form and medical release.

Contact Christina Offutt, Manager of Aquatics for more information, prices and to schedule lessons, (504) 733-1600.

Kenner Parks & Recreation Summer Programs

(504) 468-7268, (504) 468-7284

www.kenner.la.us/recreation

NOLA KIDZ

(504) 816-8585

www.nolakidz.com

Learning Styles Strategies (Inclusive Camp)

Contact: Kathy Patterson

Mt. Pilgrim Baptist Church Multi Purpose Center

1010 Paillet Street, Harvey, LA 70058

(504) 220-3905

kcplove@aol.com

Theme based camp with activities which include a combination of academics, field trips, arts and crafts. Camp hours 9 AM – 3 PM, with before and after care.

Ages pre K to 8th grade / \$80 per week, \$85 registration

New Orleans Recreation Department

www.nola.gov/Residents/NORD

NORD provides the public with a wide variety of recreational events, venues, and parks.

Call us at 658-3000 or visit the NORD Administrative Office at:

800 Race St, New Orleans, LA 70130

New Orleans ROLLIN RINOS Wheelchair Athletic Association

Dale Vancourt

504-669-0790

rolndv@yahoo.com

The ROLLIN' RINOS have been conducting wheelchair basketball game events since 1992. Wheelchair basketball training is held on Thursdays at 7 PM at Delgado Community College at the City Park campus. For information about the ROLLIN' HORNETS wheelchair basketball game schedule, please contact Dale Vancourt, rolndv@yahoo.com

New Orleans Track Club

P.O. Box 52003, New Orleans, LA 70152-2003

(504) 304-2326

www.runnotc.org

Wheelchair division is open at most (not all) of our races; however, this does not include handcycles—wheelchairs must be push rim.

S.M.C.L. Foundation

Contact: Julius Lee

(504) 450-4014

Jleepva2408@msn.com

www.npnola.com/associations/organizations/view/143/smcl-foundation-associates-inc

S.M.C.L. Foundation is a non-profit organization which currently sponsors an annual Health and Disability Awareness Fair with wheelchair games and activities. This fair is held each December at a local university. Wheelchair games typically offered are basketball, softball, chess, table tennis, billiards, bocchia, obstacle course and flag football. For information regarding the current wheelchair basketball team see the New Orleans ROLLIN RINOs wheelchair athletic association information above.

This foundation has long term goals to offer more than 60 ongoing activities and classes each week for children and adults who have some type of disabling condition that cover four major program areas: aquatics, fitness, youth and adult competitive athletics, and general recreation, including adventure programming. The Foundation is currently raising funds to purchase land and build a facility which will be home to be some of the world's most prestigious wheelchair sports events, including Wheelchair Tennis Championship, Wheelchair Rugby Tournament, Big Easy Classic Wheelchair Basketball Tournament, New Orleans Invitational Wheelchair Softball Tournaments (National Wheelchair Softball Association Affiliation), and Wheelchair Flag Football Tournaments.

Southern Repertory Theatre

www.southernrep.com

Contact: Marisa Morton, Management Associate at marisamorton@gmail.com

365 Canal St. 3rd. Level

504-522-6545

Southern Repertory Theatre loves the opportunity to share our work with children. Both productions and a curriculum of theatre classes are offered through our education branch, Academy SRT. SRT does our best to accommodate all audience members, including those in wheelchairs.

The Miracle League of Greater New Orleans

www.gnomiracleleague.org

504-894-5415

Contact: Gina Lorio

Email: glorio@chnola.org

Every child deserves a chance to play baseball. The Miracle League of Greater New Orleans is a baseball league for children with special needs. Spring and Fall seasons are open to children 6-20 years old. The Whitney Bank Miracle League Field is located on the "Fly" behind Audubon Zoo.

United Cerebral Palsy of Greater New Orleans Hurricanes

2200 Veterans Memorial Boulevard, Suite 103, Kenner, LA 70062

(504) 461-4266

www.ucpgno.org

Sports and leisure activities are essential elements of well rounded lives. This philosophy is important for people with disabilities of all ages. UCP's Developmental Sports Program (also known as the UCP Hurricanes) provides opportunities for people with disabilities to socialize, relax, and enjoy the benefits of recreation.

The Hurricanes participate in activities such as: swimming, bowling, bocce, track and field, power lifting, wheelchair baseball, cycling, chess, billiards, air hockey, dances, social events, and more!

Adaptive Sports/ Inclusive Recreation Louisiana

Bord du Lac Park/Civic Center/ PPG Interactive Fountain

900 Lakeshore Drive, Lake Charles, LA 70601

(337) 491-1280

Adventure Cove is the first barrier-free park in our area, providing access to children of all ages and abilities to play together. The park is located in south Lake Charles and is handicap accessible.

Gumbo Games

www.louisianaschools.net/divisions/specialp/gumbo.html

Contact Pam Carey at 1-800-259-7200

GUMBO (Games Uniting Mind and Body) is interscholastic track and field competition designed for school-aged students who have physical or visual disabilities. The events are not unlike those at any other track meet: races, shot put, discus, etc.

What makes GUMBO different is the fact that all of the athletes have a form of mobility or visual impairment and most compete with leg braces, wheelchairs, or with assistance from a sighted person. The athletes competing in GUMBO are not mentally disabled. Their eligibility for the competition comes from having a physical disability or visual impairment, and they compete with athletes who have similar or like impairments. Any Louisiana resident, age 5 through 18, who has a physical or visual disability is eligible for competition. Students 19-22 are allowed to compete if they are enrolled full-time in a public school special education program. Examples of disability are spinal cord injuries, cerebral palsy, multiple sclerosis, muscular dystrophy, spina bifida, other orthopedic disabilities, and most visual impairments. GUMBO is for all children with physical or visual impairments, not just for those receiving special educational services. NO COST

The A.R.C. of Baton Rouge

www.arcbatonrouge.org

(225) 355-4461

Inclusive Recreation is where people with and without disabilities play on the same sports teams. Our leagues are non-competitive and open to boys and girls from the ages of 3 years old and up. We offer sports, tee ball, coaches pitch, softball, kickball, soccer, basketball, swimming, ceramics classes and cooking classes.

The Recreation & Park Commission for the Parish of East Baton Rouge Therapeutic Recreation (BREC)

<http://www.brec.org/index.cfm?md=pagebuilder&tmp=home&cpid=374>

BREC is striving to make our programs inclusive, which means they are open to all citizens of East Baton Rouge Parish, including those with disabilities. If you need assistance or accommodations, please call 225-926-4659 prior to attending our programs so we can attempt to make the necessary accommodations.

Therapeutic Recreation is the use of recreation services and leisure experiences to help people with disabilities become a part of their community through recreational opportunities. It offers both recreation participation and leisure education.

BREC is partnering with agencies in the community such as Baton Rouge Soccer Association, Blaze Sports LA, Families Helping Families of Greater Baton Rouge, Louisiana Special Olympics and The Arc Baton Rouge to provide recreational opportunities to people with and without disabilities.

Activities include Sunshine Socials for adults with disabilities, Sunshine Social Seminars/Dances, Sunshine Social Movie Nights, Sunshine Social Karaoke Night, BREC/ARC Inclusive Leagues for children with and without disabilities, Families Helping Families/BREC Seminars/Socializations, BREC's Farr Park Horse Activity Center Therapeutic Riding Program, BREC Camp Sunshine Day Camp (for children 6-12, teens 13-16), and Thanksgiving, Christmas, and New Years Holiday Day Camps. The ARC of Baton Rouge can provide personal care attendants for campers at the Inclusive Summer Day Camp, which is for children with and without disabilities.

Information on BREC's inclusive leagues (flag football, TOPSoccer, basketball, T-ball, Coach's Pitch, softball, and kickball) and program dates can be found at the website.

Louisiana State Chapter of the National Wild Turkey Federation

lawildturkey.com

Contact: Shelley Chamberlain (northern and statewide events) at Tacchino131@aol.com

(318) 617-9672

For events in southern LA, contact wheelindonna@yahoo.com.

The National Wild Turkey Federation hosts hunting and outdoor events across Louisiana, including duck hunts, deer hunts, and fishing. There is modified equipment available for people with a variety of disabilities, including quadriplegia, Autism, emotional and cognitive disorders. There is no cost to attend the events and accommodations and food are provided upon arrival (participants must provide transportation, however assistance may be available.) Participants must also provide their own personal assistants to care for ADLs.

Shreveport Public Assembly & Recreation Therapeutic Recreation (SPAR)

505 Travis Street, Shreveport, LA 71101

(318) 673-7727

Therapeutic Recreation Program

Contact: Yolanda Bumcon, Supervisor

1002 Bert Kouns

(318) 213-0435

SPAR maintains over 5,000 acres of land, 132 buildings, 63 park areas, 10 city pools, and Clyde Fant Parkway. SPAR also helps in event planning for the Independence Bowl, Festival Plaza events, River View Hall/Theater, public festivals and parades. Year round programs are offered for all age groups.

Therapeutic Recreation programs and services are geared toward individuals who are mentally, physically and socially challenged, also persons who are cognitively, visually and hearing impaired. All individuals ages 6 and up are invited to participate. The Therapeutic Recreation Program consists of activities for: Cognitive stimulation, arts, crafts, community outings, monthly socials, cooking classes, ceramics, adaptive golf, musical fitness, computer classes, tennis, modified sports, relaxation therapy, aroma therapy and much more.

Mandeville Soccer Club TOPSoccer

www.msosoccer.org

Contact: Coach Craig Kohler (985) 778-0566

TOPSoccer (The Outreach Program for Soccer) is a community-based training and team placement program for young athletes with special needs, organized by youth soccer association volunteers. The program is designed to bring the opportunity of learning and playing soccer to any boy or girl, ages 4-20, who has a mental and/or physical special need. Our goal is to enable the thousands of young athletes with special needs to become valued and successful members of the US YOUTH SOCCER family. This program is provided to the parents of special needs children at no cost to the family.

YMCA Total Tennis Wheelchair Tennis Program

www.louisianatennislessons.com

Lamar Tennis Court

8100 YMCA Plaza Drive, Baton Rouge, LA 70810

225-612-2420

The Lamar Tennis Center offers a free of charge wheelchair tennis program every Saturday between 10 am and 12 pm. This program gives the opportunity to get started if you never played tennis before, or gives you the chance to improve if you played in the past. It is a free of charge program that is open for all ages and levels. This program includes mobility exercises, drills, stroke production, technique, and playing situations. We have some sports wheelchairs available for new players to help them get started. If you have any questions, please contact Carlos Roldan at croldan@ymcabatonrouge.org. For individuals with mental disabilities, contact jwahlborg@ymcabatonrouge.org. We are located in the Campus of the Paula G. Manship.

Blue Bayou Water Park

18142 Perkins Road

Baton Rouge, LA 70810

225-753-3333

www.bluebayou.com

Blue Bayou is an extensive accessible aquatic theme park with water slides and a kiddie pool with animal floats, water cannons, giant soft-plastic islands, and toddler-sized furniture.

70.92 miles

Special Olympics Louisiana

Special Olympics Louisiana

1000 East Morris Avenue, Hammond, LA 70403

1-800-345-6644 (in Louisiana), (985) 345-6644, Fax (985) 345-6649

<http://laso.org/Contacts/ContactUs.asp?rewrite=Y&PF=Y>

Special Olympics are an international organization that changes lives by promoting understanding, acceptance, and inclusion between people with and without intellectual disabilities. The mission of Special Olympics is to provide year-round sports training and athletic competition. Currently there are 13 Area Programs in the state of LA. SOLA offers more than 17 Olympic-type sports including basketball, athletics, softball, bowling, golf, equestrian, power lifting, aquatics, volleyball, soccer, horseshoes, bocce, cycling, alpine skiing, and flag football. Contact Special Olympics of LA to find out about the programs in your community.

University Adaptive Sports Programs

Section 504 of the Rehabilitation Act guarantees certain rights to people with disabilities. According to these rights a University must provide a sport or extracurricular activity or recommend a place that can provide the program to the individual who is interested in it. For more information about Section 504 of the Rehabilitation Act, refer to www.section508.gov

The following sections are developed programs within Universities: (* is for female teams)

BASKETBALL

*University of Alabama
*University of Arizona
University of Texas at Arlington
University of Edinboro
*University of Illinois
University of Oklahoma
Southwest Minnesota State University
University of Southern Mississippi
*University Wisconsin-Whitewater
Write State University

GOLF

University of Southern Mississippi

POWER SOCCER

University of Southern Mississippi

TENNIS

University of Arizona
Grand Valley State University.
Milton State University
University of Texas at Arlington
University of Southern Mississippi

TRACK AND ROAD RACING

University of Arizona
University of Illinois

WEIGHT TRAINING AND CONDITIONING

University of Arizona

COMPETITIVE PROGRAMS

Tennis:

University of Arizona
Grand Valley State University
Milton State University
University of Texas at Arlington

Quad Rugby:

University of Arizona

Goal Ball:

University Of Arizona

FACTS ABOUT THE UNIVERSITIES:

University of Alabama

Contact Brent Hardin, Director of Wheelchair Athletics
Wheelchair Athletics
#1, 901 Paul W Bryant Drive
Tuscaloosa, AL 35487
(205) 348-5109
E-mail: bhardin@ua.edu
Website: www.uads.weebly.com

Alabama offers both a female and male wheelchair basketball team, as well as a sport camps during the summer. In 2010 the female team won the National Championship. The male's team attended the National Intercollegiate Wheelchair Basketball Tournament (N.I.W.B.T) for the first time ever in 2010. Both the male and female teams are well known and fairly competitive teams. For more information about the University of Alabama's wheelchair basketball please contact the department or visit the website.

The N.I.W.B.T is a national tournament for all college wheelchair basketball organizations. Every year it is held at universities and people travel from all over the country to attend.

University of Arizona

Contact Derek Brown, Head Coach
Athletic Department
1224 E Lowell St.
Tucson, Arizona 85721
(520) 621-3268
Email: ddbrown@u.arizona.edu
uadrc@email.arizona.edu
Website: drc.arizona.edu/athletics

The University of Arizona has a large adaptive sports program offering adaptive programs in Basketball, Tennis, Rugby, Track and Road Racing, Weight Training and Goal Ball. They also offer a program called JAWS (Juniors Active in Wheelchair Sports) for the youth (5-18 years) in Tucson, AZ.

University of Texas of Arlington

Contact Doug Garner, Head Coach
Athletic Department
1309 West Michell
Arlington, TX 76019
(817) 272-2011
Email: dgarner@uta.edu
Website: www.utamovinmavs.com

Adaptive sports are open to both the university students and the community. The Moving Mavs are a Wheelchair Basketball and Tennis team for the University of Texas. The University also offers summer camps for youth (8-20 years) and military veterans.

University of Edinboro

Contact Jim Glatch, Head Coach
Athletic Department
219 Meadville Street
Edinboro, PA 16444-0001
(814) 732-2000
(814) 732-1875
E-mail: jglatch@edinboro.edu
Website: www.edinboro.edu

Fighting Scots Wheelchair Basketball team is a well known program that is available for both university students and community members. For more information about Edinboro please contact Jim Glatch.

University of Illinois

Contact Mike Frogley
Adaptive Athletics
1207 S. Oak Street
Champaign, IL 61820-5711
(217) 333-1970
Email: frogley@uiuc.edu
disability@uiuc.edu
Website: illinois.edu

The University of Illinois was the first university in the country to offer adapted sports programming for students with disabilities. Beginning in 1948, the University has produced numerous national champions and Paralympic medal winners over the course of its over 60 year history. It was a group of student-athletes from the University of Illinois that got together and formed the National Wheelchair Basketball Association and the University of Illinois continues to be a leader in sport for individuals with a disability today. In addition to its college sports program, the University offers summer wheelchair basketball and track and road racing camps that allow the University to extend its influence into the junior community, helping young people with disabilities maximize their potential.

University of Oklahoma

Contact Garry Armstrong, Head Coach
Recreational Services
1401 Asp Avenue
Norman, OK 73019-0390
(405) 325-3053
Email: gmoney@ou.edu
Website: www.ou.edu

OU has an adaptive sports program that currently sponsors a competitive wheelchair basketball team that travels across the country competing against other universities and community teams. If you are interested in participating or getting more information please contact the Recreational Services of the University of Oklahoma.

Southwest Minnesota State University

Contact Lew Shaver, Head Coach
Junior Wheelchair Sports
1501 State St.
Marshall, MN 56258
(507) 537-7508
Email: lew.shaver@smsu.edu
www.smsu.edu/

Southwest Minnesota State University offers a wheelchair basketball camp for youth (5-18 years) every summer. In 2010 the University hosted the 33rd annual National Intercollegiate Wheelchair Basketball Tournament. For more information about Southwest Minnesota State University please contact the head coach or the university athletic center.

University of Southern Mississippi

Contact Heather White, Director of Adaptive Sports
RecSports
118 College Drive
Hattiesburg, MS 39406-0001
(601) 266-5405
(601) 297-1336
Email: sportclubs@usm.edu
www.usm.edu

The University of Southern Mississippi has a great adaptive sports program. The sports they offer vary from year to year depending on what the participants want to play. The most well known sports offered are wheelchair basketball and tennis but they have also offered golf, power soccer, fishing, and bowling in the past. For more information about the adaptive sports program at USM please contact Heather White or the RecSports department.

University Wisconsin-Whitewater

Contact Gary Harms, Director of Recreation Sports
Recreation Sports
800 West Main Street
Whitewater, WI 53190-1790
(262) 472-1544
(262) 472-1234
Email: harmsg@uww.edu
www.uww.edu

Whitewater also offers both male and female wheelchair basketball teams. Whitewater is very well known due to their wheelchair basketball. Their male team won their eighth National Championship title in 2009. For more information on Whitewater please contact the department of Recreation Sports.

Write State University

Contact Drew Corbett, Head Coach
Adapted Recreation
3640 Colonel Glenn Highway
Dayton, Ohio – 45435
(937) 775-5505
Email: andrew.corbett@wright.edu
www.wright.edu

Write State is located in Dayton, Ohio and offers a junior wheelchair basketball team as well as an intramural team. The teams consist of both University students and Alumni. Write State also has an adapted swim team, adapted track and field team, and an adapted kayak workshop. For more information please contact Drew Corbett. You can find more information on Wheelchair Basketball at www.nwba.org

All universities can and will offer adaptive sport programs when people are interested. For more information about programs in your area look online, in news papers and at local hospitals or health clubs. When searching university websites for these activities they are usually found under "Club Sports". All university websites have information about their adaptive sports.

Paralympic Games

The Paralympic Games are a major multi-sport event for athletes with physical disabilities. There are Adult Summer and Winter Games and separate Youth Olympic Games. The Paralympic Games are directly following their counterpart Olympic Games. The Next Paralympic Games will be in London starting on August 29 through September 9, 2012. The governing body of the Paralympic Games is the International Paralympic Committee (IPC). The International Olympic Committee (IOC) oversees the able body Olympic Games. The International Paralympic Committee (IPC) has established six disability categories. (Listed Below) Athletes with one of these physical disabilities are able to compete in the Paralympics though not every sport can allow for every disability category. These categories apply to both Summer and Winter Paralympics. The Paralympic Games are sometimes confused with the Special Olympics World Games, which are only for people with intellectual disabilities. In the past years there has been several Paralympic athletes who have participated in the Olympic Games and successfully won medals.

Disability Categories:

1. Amputee: Athletes with a partial or total loss of at least one limb.
2. Cerebral Palsy: Athletes with non-progressive brain damage, for example Cerebral Palsy, traumatic brain injury, stroke or similar disabilities affecting muscle control, balance or coordination.
3. Intellectual Disability: Athletes with a significant impairment in intellectual functioning and associated limitations in adaptive behavior.
4. Wheelchair: Athletes with Spinal cord injuries and other disabilities which require them to compete in a wheelchair.
5. Visually Impaired: Athletes with vision impairment ranging from partial vision, sufficient to be judged legally blind, to total blindness.
6. Les Autres: Athletes with a physical disability that does not fall strictly under one of the other five categories, such as dwarfism, multiple sclerosis or congenital deformities of the limbs such as that caused by thalidomide. (the name for this category is the French for “the others”).

Classifications:

Within the six disability categories the athletes still need to be divided according to their level of impairment. The classification systems differ from sport to sport, and are intended to open up sports to as many athletes as possible, who can participate in fair competitions against athletes with similar levels of ability.

For information about the International Paralympic Committee (IPC), go to www.paralympic.org

Adaptive Sports/ Inclusive Recreation Nationwide

Able Flight

91 Oak Leaf Lane, Chapel Hill, NC 27516

(919) 942-4699

www.ableflight.org

Able Flight's mission is to offer people with disabilities a unique way to challenge themselves through flight training, and by doing so, to gain greater self-confidence and self-reliance.

Able Flight was created by pilots who believe that the life-changing experience of learning to fly is best shared, and designed the Able Flight Scholarships to enable people with disabilities to pursue that experience.

The Adaptive Golf Foundation of America, Inc.

1878 University Parkway, Sarasota, FL 34243

(941) -359-8555

www.agfofamerica.org

Previously known as Florida Adaptive Golf, AGF has conducted weekly adaptive golf clinics in Sarasota, Florida all year long since 1998. The mission is to improve the quality of life for individuals with physical and/or cognitive disabilities by providing specialized adaptive golf and life skills programs to enhance their physical, mental, social, and emotional well-being. Disability groups include amputee, Spinal Cord, Brain Injury, Stroke, PTSD, MS, Parkinsons, Blind, Spina Bifida, and many others.

The Children's Golf Foundation, Inc.

7301 N. Haverhill Rd., West Palm Beach, FL 33407

(561) 842-0066

www.childrensgolf.org

The Michael B. Finnegan Golf Teaching and Learning Center is a state of the art teaching and learning center specifically designed to meet the needs of teaching children with disabilities. The Double Eagle Club is for children who do not have the cognitive and or physical abilities to actually play the game of golf. They benefit by improving their range of motion, learning socialization skills and building their self esteem. They learn safety aspects and have fun by enjoying an environment that they typically do not get to experience.

The Hole In One Club is a more advanced class which has learning the game of golf as its main focus. These children play the game, as well as swing clubs, and are taught all the important aspect of playing the game at a conventional golf course.

There is also a certification course that has seven modules. This class focuses on the functionality of playing the game. It stresses safety, good sportsmanship and playing in a timely manner among other aspects.

Disabled Sports USA Summer and Winter programs

www.dsusa.org

DS/USA offers nationwide sports rehabilitation programs to anyone with a permanent disability. Activities include winter skiing, water sports, summer and winter competitions, fitness and special sports events. Participants include those with visual impairments, amputations, spinal cord injury, dwarfism, multiple sclerosis, head injury, cerebral palsy, and other neuromuscular and orthopedic conditions.

For chapter listing: <http://www.dsusa.org/chapter.html>

Extreme Chairing

(951) 267-2288

www.extremechairing.com

Extreme Chairing is a non-profit 501(c)3 organization that raises money and awareness for spinal cord injury research. Extreme Chairing also uses its funds to help people with high level injuries and limited mobility get involved in adventure sports. This site and organization is created for all people who enjoy watching or participating in action adventure sports. This organization is here to teach both able-bodied and people with disabilities that life does not have to stop due to a severe injury, or living life with a disability. Many people in the world know about able-bodied action sports such as, skateboarding, snow boarding, BASE jumping, mountain climbing, different types of racing, and many others. Few know about the sports that are done by action sport athletes with disabilities, including chairing, sit ski, 4 cross, body surfing, power wheelchair racing, and others, which are starting to gain more attention all over the world.

BlazeSports Georgia

www.blazesports.org

Designed as a model suitable for national replication, this community-based sports and recreation program for youth and adults with physical disability was introduced through local recreation providers across Georgia. The program has met with early success and includes community-based instructional programs; weekend sports training clinics for athletes and coaches; state and regional competitions; junior teams in wheelchair basketball, swimming, and track & field; summer camps; and an annual conference.

BlazeSports also offers a Paralympic Development Camp designed to strengthen athletic skills and build a winning attitude for athletes 23 and under with a physical disability or visual impairment with a minimum of one year of competition experience.

Gulf-Coast Conference Wheelchair Basketball Teams and Contacts

For updated information with any wheelchair basketball teams,

Contact: Derrell Thrash (318) 560-0079

Mobile, Al Phillip Eddins (251) 786-1182

Baton Rouge , la Rich Swanson (225) 765-7904

New Orleans, La Dale Vancourt (504)669-0790

Shreveport, La Yolanda Bomcum (318) 401-1545

Austin, Tx Larry Turner (512) 461-1306

San Antonio, Tx Willie Jackson (210) 843-6336

Institute For Disability Studies/Technology Learning Center

730 East Beach Boulevard

Long Beach, Mississippi 39560

(228) 214-3400

Email: Sara.Jackson@usm.edu

www.usm.edu/tlc

The Toy Library and Technology Learning Center is a community based, university-directed, non-profit organization dedicated to enhancing education, independence and quality of life for persons with disabilities. TLC serves children and adults with disabilities, their families, teachers, and other special education professionals through specialized training and loan of assistive technology and recreation. Equipment may be borrowed free of charge and includes adapted fishing equipment, all terrain wheelchairs, beach wheelchairs, tennis wheelchairs, and adapted golf equipment. The Center is part of the University of Southern Mississippi.

Lakeshore Foundation

4000 Ridgeway Drive

Birmingham, AL 35209

(205) 313-7400

www.lakeshore.org

Lakeshore Foundation is a non-profit organization that provides sports, fitness and recreation to people with physical disabilities and chronic health conditions. The organization provides programs and services to both adults and children. Competitive sports programs are offered and include wheelchair basketball, wheelchair rugby, swimming, marksmanship, wheelchair tennis and track & field. Recreational opportunities include hunting, fishing, paddling, sled hockey, shooting sports, handcycling and water skiing are just a sample of the indoor and outdoor opportunities available. We offer a number of weekend activities for families that don't live as close to Lakeshore. Participation in these special activities does not require membership at Lakeshore Foundation.

Magnolia Unlimited Sports

www.magnoliaunlimitedsports.com

3400 Goodman Road

Horn Lake, MS 38637

(901) 483-0016

Magnolia Unlimited Sports is a non-profit organization that helps physically challenged children 21 and under within the greater Mid-South realize their dream of participating in sporting and recreational activities. Magnolia Unlimited Sports is a member of US Swimming and Wheelchair USA.

Magnolia Unlimited Sports offers athletes with spina bifida, cerebral palsy, amputations, spinal cord injury, muscular dystrophy, dwarfism, blindness, and many other conditions the opportunity to participate competitively and recreationally in track and field (javelin, shot put, discus, wheelchair racing), swimming, tennis, basketball, archery, golf, volleyball, ice hockey, handcycling, and many other sports.

Mississippi Adaptive Sports

(662) 233-2287

www.msadaptivesports.com

Mississippi Adaptive Sports provides sports training, loaner equipment if available, and competitive events. Their program offers individual and team sports for physically disabled athletes from ages 7 years through adulthood. Sports include track and field, wheelchair basketball, power lifting, table tennis, archery, athletics (track and field), baseball, bocce, handcycling, equestrian, football, goalball, Judo, rowing, sailing shooting, swimming, volleyball, wheelchair dance, wheelchair fencing, wheelchair rugby, wheelchair tennis, ice sledge hockey, and wheelchair curling.

Moody Miracle League

2900 Daniel Drive

Moody, AL 35004

www.moodymiracleleague.org

The Miracle League is a charitable organization that provides children with mental and/or physical challenges an opportunity to play baseball as a team member in an organized league. The Miracle League surface is made up of a custom-designed, cushioned synthetic turf that accommodates wheel chairs and other walking assistance devices. The stadium restrooms are completely accessible to people with disabilities. The dugouts are designed so wheelchairs can easily make their way to and from home plate. Even drinking fountains were designed with these children in mind!

The National Ability Center

(435) 649-3991

www.discovernac.org

It is the National Ability Center's philosophy to offer a broad range of sports programs and outdoor activities for individuals with both physical and developmental disabilities.

With an emphasis on safety, education and, of course, fun, the Ability Center strives to identify and develop year-round recreational opportunities which might otherwise be inaccessible and unavailable to special populations. Through the use of adapted equipment, trained instructors, volunteers, and specialized techniques, the Ability Center helps to facilitate athletic endeavors and encourage physical activity.

National Sports Center for the Disabled

www.nscd.org/nscd-programs.php

The NSCD offers a variety of exciting summer adventures, including AbilityCAMPS, rafting, therapeutic horseback riding, mountain biking, canoeing, camping, and rock climbing. Programs are designed for individuals, families, and groups and are available for all levels of ability, from beginner to advanced.

AbilityCAMPS are a series of one-day introductory clinics that feature basic sports drills adapted to individuals, ages 6 to 18, who are looking to learn about a sport, develop a new skill, or just have fun!

The Ability League program was designed to encourage soccer participation and is offered in partnership with local soccer clubs, offering an opportunity for ambulatory athletes with physical challenges to play in an organized setting.

The NSCD offers winter activities including alpine skiing, snowboarding, cross country skiing, overnight hut trips, snowshoeing, moonlight adventures, and world-class ski racing.

We design custom training for athletes who can not join us for a regularly scheduled training programs or camps. Contact NSCD's competition program directly for more information. Call Erik Petersen at 970.726.1548/303.316.1548 or e-mail at epetersen@nscd.org.

Individuals with cerebral palsy, stroke, muscle disorders, traumatic brain injury, spina bifida, and leg amputations/prosthetics are welcome.

Success Oriented Achievement Realized

33990 Overseas Highway, Big Pine Key, FL 33043

www.soarnc.org

Success Oriented Achievement Realized features success-oriented, high adventure program for preteens, teens and adults with Learning Disabilities (LD) and Attention Deficit/Hyperactive Disorder (AD/HD). Emphasis is placed on developing self-confidence, social skills, problem-solving techniques, a willingness to attempt new challenges and the motivation which comes through successful goal orientation.

The Florida Standard is a tropical adventure in the Florida Keys and Dry Tortugas including swimming, snorkeling, kayaking, tubing, fishing and marine travel. The Florida SCUBA Certification Course begins with SCUBA instruction near Big Pine Key utilizing the spectacular Looe Key Marine Sanctuary. Christmas in the Florida Keys is a six day tropical adventure in the Florida Keys includes swimming, snorkeling, fishing, jet skiing, sea kayaking and sight seeing in historic Key West.

Texas Adaptive Aquatics

103 Page Ln

Huffman, TX 77336

(281) 324-4653

www.taasports.org

T.A.A. features an outstanding adaptive water skiing program that allows people with physical and/or mental disabilities the opportunity to discover the thrill and excitement of water skiing, sailing, and kayaking. T.A.A. founded in 1989 and incorporated in the State of Texas in 1990, is a non-profit sports training program for children and adults with disabilities.

TAA can water-ski anyone with a physical or mental disability, from high level quadriplegic to a one leg amputee. We have taught thousands of people with disabilities throughout the country to ski and have never found anyone we could not get skiing.

Assessing Your Community

Recreation
Resource Guide
For the Gulf South Region



CHILDREN'S
HOSPITAL

Accessing Your Community

Before you or someone you know acquired a disability, you may not have paid attention to steps into a building, whether a public bathroom was wide enough for a wheelchair, or how far you had to walk once you were at your destination. Sometimes, a basic entrance into a place of business or entertainment can determine whether or not your participation is easy or hard. With a little bit of foresight and planning you can help yourself or someone you know ease back into community activities you love to do. Here are few tips from people who have met the challenge:

Call ahead and verify if the layout is accessible to your situation. Don't assume that just because a building meets accessibility standards that all areas of the building will meet your needs. Here are some basic questions to ask:

Is the building accessible?

- Are there any steps at the entrance or within the facility?
- Are the doors wide enough to accommodate a wheelchair?
- Are elevators available, and if there are only escalators, will they accommodate a wheelchair?

Where is the accessible entrance?

- If the main entrance is not accessible, is there an alternate entrance? You may have to enter through a back door or side entrance where a ramp may be located.
- Are there curb cuts close to the entrance?

Are special accommodations offered?

- Does the supermarket have a scooter available?
- Does the store have staff designated to provide assistance to reach high items or read fine print?
- Does the theater, church or synagogue offer a headset for the hearing impaired?
- Are public telephones at an accessible height do they have volume control?

Are there any special directions to consider?

- For example, the ramp may be very steep or you may be required to locate an attendant to open a locked door.

Can restrooms accommodate your wheelchair?

- Are there grab bars?
- Is it feasible to get a wheelchair in the restroom and turn it around?

Restaurants

- How high are the tables at a restaurant and can a wheelchair slide comfortably underneath?
- Are the tables movable? Consider that many fast food restaurants have their tables and chairs bolted down to the ground.
- If a restaurant is self-service, are the cups and silverware at an accessible height?

Is there an extra charge involved?

- At some theaters or concerts, the accessible seating may be the most expensive seat because they are closest to the stage.

Parking availability and cost

- Parking may be an additional charge or you may need a special sticker.
- You may want to ask how many accessible parking spots are available. For instance, some buildings may only designate one parking space for the entire building.
- Ask about alternative parking if the handicapped spot is occupied?

Are reservations necessary?

It is a good idea to get the name of the person that you were speaking with for verification.

After you have decided what to do and how to go about it, it is important to listen to your body to determine how to plan the activity.

- Plan your most active hours for early in the day when you have the most energy.

- Know your limits. It may be helpful to plan for rest periods between activities to conserve your energy.

- Try to identify your good days from the bad days—in-advance—by watching for warning signs and symptoms.

- Consider the weather and how it affects your functioning. It's a good idea in the warm weather to confine your most rigorous activities to the cooler parts of the day. Try to avoid prolonged exposure to the sun.

- Learn to recognize what helps you relax as it will relieve stress, pain and aid muscle function during an activity.

It is important to understand your body and its unique needs when planning to get out. Don't set yourself up for disappointment by not taking the time to consider these tips. You want to make each of your outings to be as successful as possible. Remind yourself and your friends and family that it may take extra time to get around. The more often you get out, the sooner you will learn new ways of getting around and soon these questions and points will be second nature in your thinking.

Author:

Lisa Rosen

Education Program Manager

Rehabilitation Institute of Chicago

Greater New Orleans Recreation Facilities

* = Distance in miles from Children's Hospital

ARCADE

Chuck-E-Cheese's

www.chuckecheese.com

Chuck-E-Cheese's has video games, food, prizes, and a soft ball pit for the kids to play in—it's a great place for birthday parties. All locations are wheelchair accessible.

Accessible: Yes

3701 General DeGaulle
New Orleans, LA 70114

(504) 367-1214

* 9.18 miles

7000 Veterans Blvd
Metairie, LA 70003

(504) 454-5959

* 12.52 miles

Lasertag Adventure Quest

www.lasertagnola.com

1200 S Clearview Parkway

New Orleans, LA 70123

(504) 207-4444

Mon-Thurs 4pm-9pm

Fri 4pm-11 pm

Sat 10am-11pm

Sun 11am-9pm

Accessible: Yes

* 8.07 miles

Paintball Planet and Skate Planet

local.botw.org/Louisiana/New_Orleans/Paintball_Planet_and_Skate_Park/81407749.html

1008 Jefferson Highway

New Orleans, LA 70121

(504) 832-9991

Fri 5pm-12am

Sat 12pm-12am

* 4.80 miles

AUDUBON INSTITUTE

Audubon Nature Institute

www.auduboninstitute.org

New Orleans, LA 70178

(504) 861-2537

Aquarium of the Americas

1 Canal Street

(504) 581-4629 or 1-800-774-7394

Tues-Sun 10am-5pm

Accessible: Yes

* 6.11 Miles

Audubon Zoo

6500 Magazine Street

(504) 581-4629 or 1-800-774-7394

Tues-Sun 10am- 5pm

Accessible: Yes

* 0.61 miles

Audubon Insectarium

U.S. Custom House

423 Canal Street

(504) 581-4629 or 1-800-774-7394

Tues-Sun 10am-5pm

Accessible: Yes

* 5.94 miles

Whitney Young Public Swimming Pool

Tea Room Drive; Audubon Park

(504) 864-8139

Sun-Sat 9am-4pm

Pool opens in the middle of May and closes early in October

* 0.61 miles

BOWLING

AMF All Star Lanes

www.amf.com

3640 Williams Boulevard

Kenner, LA 70065

(504) 443-5353

Mon – Sun 9am-5pm

M,W,Sun 9pm-12am

T,Th 9pm-12am; F,Sat 9pm-2am

Accessible: Yes

* 14.98 miles

Colonial Bowling Lanes

www.colonialbowling.net

6601 Jefferson Highway

Harahan LA 70123

(504) 737-2400

Mon-Sat 8am-til the fun stops

Sun 10am-10pm

Accessible: Yes

* 9.05 miles

Mid-City Rock 'n Bowl

www.rockandbowl.com

3000 S. Carrollton Avenue

New Orleans, LA 70118

(504) 861-1700

Mon-Fri 5pm-until the fun stops

Sat 2pm-until the fun stops

Bowling, Live Music, Deli Restaurant
No steps, a ramp is available for everyone to get inside.
An adaptive bowling ramp is available.
Accessible: Yes
* 3.87 miles

New Orleans Bowling Association

2714 Canal Street
New Orleans, LA 70119
For information call:
(504) 304-6106
* 5.27 miles

CONCERTS

To view updated concert ticket, listings, and locations view
www.coasttocoasttickets.com/buy/new_orleans_la_concert_tickets.htm
or call toll-free 1-866-353-5167

Alario Center

www.alariocenter.com
2000 Segnette Boulevard
Westwego, Louisiana 70094
(504) 349-5525
Accessible: Yes
* 17.77 miles

New Orleans Arena

www.oreansarena.org
1501 Girod Street
New Orleans, LA 70113
1-800-756-7074 or (504) 587-3663
Accessible: Yes
* 5.30 miles

The Mercedes-Benz Superdome

www.superdome.com
Sugar Bowl Drive
New Orleans, LA 70112
1-800-756-7074 or (504) 587-3663
Accessible: Yes
* 5.35 miles

FAIRS AND FESTIVALS

For information on fairs and festivals in the state of Louisiana please visit:
www.laffnet.org

For information on fairs and festivals in the city of New Orleans please visit:
www.neworleansonline.com/neworleans/festivals

FRENCH QUARTER

Café du Monde

800 Decatur Street
New Orleans, LA 70116
(504) 525-4544
Open 24-hours
Accessible: Yes
* 6.53 miles

Haunted History Tours

www.hauntedhistorytours.com
723 St. Peter Street
New Orleans, LA 70116
(504) 861-2727 or (888) 644-6787
Available Tour Type/s: Walking Tours, History Heritage Tours, Night Tours, City/Neighborhood Tours, Cemetery Tours, Garden Tours, French Quarter Tours, Haunted Tours, Specialty Tours
* 6.58 miles

Historic New Orleans Walking Tours, Inc

www.tourneworleans.com
2727 Prytania Street, Suite 8 (or P.O. Box 19381)
New Orleans, LA 70130
(504) 947-2120
Available Tour Type/s: Walking Tours, History Heritage Tours, Night Tours, City/Neighborhood Tours, Cemetery Tours, Multi-Language Tours, French Quarter Tours, Haunted Tours
* 3.50 miles

New Orleans Steamboat Company/Natchez Steamboat

www.neworleanssteamboat.com
400 N. Peters Street, Suite 203
New Orleans, LA 70130
1-800-365-2628 or (504) 586-8777
Available Tour Type/s: Riverboat Tours, Romantic Tours, Night Tours (Tours-Toulouse Street & River in French Quarter)
* 6.11 miles

New Orleans Streetcar

<http://www.norta.com>
(504) 248-3900
Red streetcars are wheelchair accessible.
For streetcar routes/schedules please see website or call listed phone number.

INDOOR PLAYGROUNDS

Bookoo Bounce

www.bookoobounce.com
5604 Blessey Street
Harahan, LA 70123
(504) 835-6424

Walk-in play is based upon availability when parties and other events are booked, but is usually available weekdays 10am-6pm, and occasionally on weekends. Please call to confirm walk-in play hours.

Accessible: No
* 9.01 miles

The Bounce Spectrum

www.thebouncespectrum.com
4425 W Napoleon Avenue
Metairie, LA 70001
(504) 889-5606

Open seven days a week. Open bounce play time varies weekly. Please check website or call to inquire about open bounce play time for a specific week.

Accessible: No
* 8.93 miles

The Monkey Room

www.monkeyroom.net
1501 Religious Street, Suite C
New Orleans, LA 70130
(504) 301-2695; Operating hours are 10am-6pm Wed-Mon
Please check website or call to inquire about walk-in play times.

Accessible: No
* 4.33 miles

LIBRARIES - ORLEANS

New Orleans

www.nutrias.org

Algiers Regional Branch

3014 Holiday Drive
New Orleans, LA 70131
(504) 596-2641
Mon-Thurs 10am-7pm
Sat 10am-5pm
Closed Fri & Sun

Alvar

913 Alvar Street
New Orleans, LA 70117
(504) 596-2667
Mon-Thurs 10am -7pm
Sat 10am-5pm
Accessible: Yes
* 8.58 miles

Central City Branch

2405 Jackson Avenue, Building C, Room 235
(in the Mahalia Jackson Center)
(504) 359-6802
New Orleans, LA 70113
Mon-Thurs 10am-7pm
Fri 11am-4pm

Children's Resource Center

913 Napoleon Avenue
New Orleans, LA 70115
(504) 596-2628
Mon-Thurs 10am-7pm
Sat 10am-5pm
Accessible: Yes
* 2.03 miles

East New Orleans Branch

5641 Read Boulevard
New Orleans, LA 70127
(504) 596-0200
Mon-Thurs 10am-7pm
Sat 10am-5pm

Rosa F. Keller Branch & Community Center

4300 S. Broad
New Orleans, LA 70125
(504) 596-2660
Mon-Thurs 10am-7pm
Sat 10am-5pm

Martin Luther King Branch

1611 Caffin Avenue
New Orleans, LA 70117
(504) 596-2695
Mon-Fri 9am-5pm

Milton H. Latter Branch

5120 St. Charles Avenue
New Orleans, LA 70115
(504) 596-2625
Mon & Wed 9am-8pm
Tue & Thurs 9am-6pm
Sat 10am-5pm
Sun 12noon-5pm

Norman Mayer Branch

3001 Gentilly Boulevard
New Orleans, LA 70122
(504) 596-3100
Mon-Thurs 10am-7pm
Sat 10am-5pm

Mid-City Branch

3700 Orleans Avenue
(in the American Can Building)
New Orleans, LA
(504) 596-2654
Mon-Thurs 10am-7pm
Sat 10am-5pm

NIX Branch

1401 S Carrollton Avenue
New Orleans, LA 70118
(504) 596-2630
Mon-Thurs 10am-7pm
Sat 10am-5pm
2.79 miles

Robert E. Smith Branch

6301 Canal Boulevard
New Orleans, LA 70124
(504) 596-8638
Mon-Thurs 10am-7pm
Sat 10am-5pm

LIBRARIES - JEFFERSON

Jefferson Parish

www.jefferson.lib.la.us

East Bank Regional

4747 W Napoleon Avenue
Metairie, LA 70001
(504) 838-1190 or (504) 838-1111
Mon-Thurs 9am-9pm
Fri-Sat 9am-5pm
Sun 1pm-5pm
Accessible: Yes
* 10.58 miles

Old Metairie

2350 Metairie Road
Metairie, LA 70001
(504) 838-4353
Mon-Tue 12noon-8pm
Wed-Sat 10am-6pm
Sun Closed
Accessible: Yes
* 7.72 miles

Rosedale

4036 Jefferson Highway
Jefferson, LA 70121
(504) 838-4350
Mon-Sat 10am-6pm
Accessible: Yes
* 6.50 miles

MOVIE THEATERS

Canal Place Cinema

www.fandango.com/canalplacecinema_aadde/theaterpage
333 Canal Street
New Orleans, LA 70130
(504) 581-5400 & (504) 525-1254
Accessible: Yes
* 6.03 miles

Imax Theatre

www.auduboninstitute.org
1 Canal Street
New Orleans, LA 70130
1-800-774-7394 or (504) 581-4629
Tues-Sun 10am-5pm
Accessible: Yes
* 6.11 miles

Le Petit Theatre Du Vieux Carre

www.lepetittheatre.com
616 Saint Peter Street
New Orleans, LA 70116
(504) 522-2081 – Reopening Date TBA
Box office Tues-Sat 11am-5pm
Live performances or movies
* 6.65 miles

Palace Theatre 20

www.amcentertainment.com
1200 Elmwood Park Boulevard
New Orleans, LA 70123
1-888-AMC-4FUN or (504) 733-2029
Accessible: Yes
*people in wheelchairs and one guest can get in to the theater for free
* 9.40 miles

Palace Theatre 20

www.amcentertainment.com
4486 Veterans Memorial Boulevard
Metairie, LA 70006
1-888-AMC-4FUN or (504) 887-1257
*people in wheelchairs and one guest can get in to the theater for free
* 10.26 miles

Prytania Theatre (oldest theatre in New Orleans)

www.theprytania.com
5339 Prytania Street, New Orleans, LA 70115
(504) 891-2787
Accessible: Yes (enter theatre via ramp on the side of the building. The ticket booth and snack area are not accessible. Theatre staff can assist as needed.)
Old movies @ noon on Wed, Sat & Sun
Midnight movies on Thurs, Fri, & Sat
Regular movies everyday
* 1.36 miles

MUSEUMS

Blaine Kern's Mardi Gras World

www.mardigrasworld.com

1380 Port of New Orleans Place

New Orleans, LA 70130

(504) 362-8211 & (504) 361-7821

Mon-Sun 9:30am-5pm

Tours are offered every 30 minutes, with last tour starting at 4:30pm.

Blaine Kern's Mardi Gras World offers floats, costumes, a gift shop, and a video theater.

Accessible: Yes

* 5.53 miles

Gallier House

www.hgghh.org

1132 Royal Street

New Orleans, LA 70116

(504) 525-5661

Please check our calendar for updates to the schedule.

Group tours scheduled

In 1857, esteemed New Orleans architect, James Gallier, Jr., put his considerable talent to work designing a residence of his own. GALLIER HOUSE is an outstanding example of accurate and comprehensive historic restoration of one of New Orleans' loveliest and time-honored landmarks.

Accessible: NO

* 6.45 miles

Hermann-Grima House

www.hgghh.org

820 St. Louis Street

New Orleans, LA 70112

(504) 525-5661

Please check our calendar for updates to the schedule.

Group tours scheduled

Built in 1831, HERMANN-GRIMA HOUSE is one of the most significant residences in New Orleans. This handsome Federal mansion with its courtyard garden boasts the only horse stable and functional 1830s outdoor kitchen in the French Quarter.

Accessible: NO

* 6.52 miles

Jackson Barracks Military Museum

www.la.ngb.army.mil/dmh/index.htm

6400 St. Claude Avenue

New Orleans, LA 70117

(504) 278-8242

Mon-Fri 8am-4pm

The museum offers displays of military weapons, aircrafts, tanks, and memorabilia from the American Revolution to Desert Storm. There is no cost for admission.

* 10.19 miles

Kenner Museums

www.rivertownkenner.com

415 Williams Boulevard

Kenner, LA 70065

(504) 468-7231

Tues-Sat 9am-5pm

Rivertown in Kenner has eight museums all located in a three-block radius. The museums include: Toy Train, Mardi Gras, Saints Hall of Fame, Children's Museum, Space Station Kenner, Wild Life and Fisheries, Native American, and the Daily Living Science Center.

Accessible: Yes

* 12.94 miles

Louisiana Children's Museum

www.lcm.org

420 Julia Street

New Orleans, LA 70130

(504) 523-1357

Regular: Tues-Sat 9:30am-4:30pm

Sun 12-4:30pm

Summer: Mon-Sat 9:30am-5pm

Sun 12pm-5pm

Find something new and fun to do each time you visit the Louisiana Children's Museum. Explore and experience 30,000 square feet of hands-on fun, engaging exhibits and exciting programs - all designed with curious kids (and grown-ups) in mind.

Accessible: Yes

* 4.98 miles

Madame John's Legacy

632 Dumaine Street

New Orleans, LA 70116

(504) 568-6968

Tues-Sun 10am-4:30pm

Madame John's Legacy at 632 Dumaine Street in the historic French Quarter is one of the finest 18th century building complexes in Louisiana. Of special interest because it escaped the great fire of 1795, which leveled much of New Orleans, the house is actually a product of the preceding fire of 1788.

Accessible: NO

* 6.34 miles

National D-Day Museum

www.ddaymuseum.org

945 Magazine Street

(Main Entrance on Andrew Higgins Drive)

New Orleans, LA 70130

(504) 527-6012

The museum relives the day the U.S., England, and Canada invaded the beaches of Normandy, featuring stories from those who experienced it. We offer short introductory Museum guides in Braille, French, Spanish and German

Sun-Sat 9am-5pm

Accessible: Yes

* 4.81 miles

New Orleans Museum of Art

www.noma.org

1 Collins-Diboll Circle, City Park

New Orleans 70124

(504) 658-4100

Tues-Sun 10am-5pm

Wed 12pm-8pm

Located in City Park. The mission of the New Orleans Museum of Art is to inspire the love of art; to collect, preserve, exhibit and present excellence in the visual arts; to educate, challenge and engage a diverse public.

Accessible: Yes

* 6.50 miles

Louisiana State Museum

Contact: rshaw@crt.state.la.us

lsm.crt.state.la.us/

701 Chartres Street

New Orleans, LA 70116

(504) 568-6968

Tues-Sun 10am-4:30pm

Located in the French Quarter. New Orleans' most prominent heritage attraction, a complex of national landmarks housing thousands of artifacts and works of art reflecting Louisiana's legacy of historic events and cultural diversity.

Accessible: Yes

* 6.68 miles

Old Us Mint

lsm.crt.state.la.us

400 Esplanade Avenue

New Orleans, LA 70116

(504) 568-6993

Tues-Sun 10am-4:30pm

Located in the French Quarter. The only building in America to have served both as a U.S. and Confederate Mint was built in 1835 during the presidency of Andrew Jackson, who had advocated for its establishment in order to help finance development of the nation's western frontier.

Accessible: Yes

* 7.19 miles

MUSIC

Music Together

www.musictogether.com

www.lcm.org

(504) 523-1357

Sundays @ 1:45, 2:45, or 3:45

Contact: Elizabeth Nicol

(504) 452-3796 (Voice Mail Box)

Music together is an internationally-recognized, early-childhood music program for infants through age five and the adults who love them. Held at the Louisiana Children's Museum.

* 4.98 miles

PARKS

City Park

www.neworleanscitypark.com

1 Palm Drive

New Orleans, LA 70124

(504) 482-4888

The historic 1500-acre park is home to birding, an equestrian center, fishing, football, golf & driving range, run/walks, soccer, flag football, rugby, lacrosse, softball, tennis, track, botanical garden, forest and arboretum, live oaks, museum of art and sculpture garden, amusement park, storyland and a train garden.

* 6.90 miles

Audubon Park Golf Course

www.auduboninstitute.org/

6500 Magazine St.

New Orleans, LA 70118

(504) 212-5290

A favorite spot for recreation, picnics or enjoying a beautiful day. Audubon Park is open to the public and also features Audubon Golf Club, a clubhouse that serves breakfast, brunch, and lunch to the general public (Tues-Sun 8am-4pm). This is a very popular place to exercise for walkers, runners, and cyclists.

Security services provided

Accessible: Yes (Shelter #10 has accessible parking and an accessible route)

* 0.61 miles

KaBOOM!

mapofplay.kaboom.org

The KaBOOM! Playspace Finder, currently in beta, allows you to enter, search, and rate playspaces in your community. It is a free, searchable directory that helps parents, community members and kids locate playgrounds, skate parks, sports fields, and even ice rinks across America. It can also be used to alert local communities about recreational areas that need a little help.

Every child has the right to play, and fully accessible playgrounds provide the opportunity for children of all physical abilities to explore their abilities, learn from each other, and experience the joy of play.

PERFORMING ARTS

Contemporary Arts Center

www.cacno.org/

900 Camp Street

New Orleans, LA 70130

(504) 528-3805

Wed-Mon 11am-5pm

Accessible: Yes

* 7.19 miles

Crescent City Lights Youth Theater

www.crescentcitylights.org
305 Baronne Street
New Orleans, LA 70112
(504) 598-3800
NORD Ty Tracy Theater
545 St Charles Ave.
New Orleans, LA 70130
Accessible: Audience-Yes/ Stage-NO
* 5.24 miles

House of Blues

www.houseofblues.com
225 Decatur Street
New Orleans, LA 70130
(504) 310-4999
Box Office Hours 12pm-6pm
Accessible: Yes
Reserve seating 48 hours in advance. Discounted accessible parking available.
* 5.97 miles

Jefferson Performing Arts Society

www.jpas.org
1118 Clearview Parkway
Metairie, LA 70001
(504) 885-2000
Box Office Hours Tues-Fri 9am-5pm
Sat 10am-3pm
* 8.97 miles

Louisiana Philharmonic Orchestra

www.lpomusic.com
1010 Common Street Ste 2120
New Orleans, LA 70112
(504) 523-6530
Accessibility varies at each location.
* 5.59 miles

New Orleans Ballet Association

www.nobadance.com
One Lee Circle
New Orleans, LA
(504) 522-0996
Box Office Hours: Mon-Thurs 8:30am-4:30pm
Fri 8:30am-2:30pm
Incorporated in 1969, NOBA has been serving and helping to advance the dance field for more than 40 years with a mission to cultivate understanding, appreciation, and enjoyment of dance through performance, education, and community service. Please see website for upcoming performances.

New Orleans Opera Association

www.neworleansopera.org
616 Girod Street, Suite 200
New Orleans, LA 70112
(504) 529-2278 or 504-529-3000
Box Office Hours 9am-4:30pm

The mission of the New Orleans Opera Association is to provide the finest possible operatic performances within its means to the New Orleans Metropolitan Area, the State of Louisiana, and the River and Gulf Regions.

Accessible: Yes
* 5.59 miles

The Prism Project of Greater New Orleans A Roux-Roux Productions

(504) 943-0343
Email: info@fhfsels.org (to request an application)
A Roux-Roux Productions is to provide recreational activity, in the form of performing arts, to individuals with disabilities ages 6-14 as well as individuals without disabilities in the same age range. The Prism Project of Greater NOLA will help individuals with disabilities engage and develop socially and foster inclusion amongst those with and without disabilities in the recreational setting. The program intends to close the gap in recreational activities for the children with disabilities by providing children the opportunity to express themselves and engage with others. It is through this method that they will gain self-confidence, experiences and friendships. This program is open to all families of individuals with special needs in Orleans, Plaquemines and St. Bernard parishes.

The Prism Project of Greater NOLA: A Roux-Roux Productions is a partnership between Families Helping Families of Southeast Louisiana, NORDC, UNO and The Ball State Prism Project.

Southern Repertory Theatre

www.southernrep.com
365 Canal Street, Suite 420
New Orleans, La 70130
(504) 522-6545
Productions and theatre classes offered for all ages through Academy SRT
Accessible: Yes
* 6.01 miles

RESTAURANTS

For information on restaurants nearest Children's Hospital, including ones that provide delivery, please refer to the Rehabilitation Center brochure or The Guide to Children's Hospital booklet in patient rooms.

For information on restaurants in the New Orleans area please visit:
www.neworleansonline.com/neworleans/cuisine

For information on assessable restaurants in the New Orleans area please visit:
www.advocacyla.org/

SHOPPING

Clearview Mall

www.clearviewmall.com
4436 Veterans Memorial Boulevard
Metairie LA, 70006
(504) 885-0202
Mon-Sat 10am-9pm; Sun 12pm-6pm
Accessible: Yes
* 10.19 miles

Elmwood Shopping Center

1200 S. Clearview Parkway
New Orleans, LA 70123
(504) 733-1212
Accessible: Yes
* 8.07 miles

Jackson Brewery

www.jacksonbrewery.com
600 Decatur Street
New Orleans, LA 70130
(504) 566-7245
Daily 10am-7pm
Accessible: Yes
* 6.23 miles

Lakeside Shopping Center

www.lakesideshopping.com
3301 Veterans Memorial Boulevard
Metairie, LA 70002
(504) 835-8000
Mon-Sat 10am-9pm; Sun 12pm-6pm
Accessible: Yes
* 8.75 miles

Oakwood Mall

www.oakwoodcenter.com
197 Westbank Express Way
Gretna, LA 70056
(504) 361-1550
Mon-Sat 10am-9pm
Sun 12:00pm-6:00 pm
Accessible: Yes
* 8.29 miles

Riverside Market

5300 Tchoupitoulas Street
New Orleans, LA 70115
Accessible: Yes
Combination of grocery store, restaurants, and retail stores
* 0.90 miles

Riverwalk Market Place

www.riverwalkmarketplace.com
1 Poydras Street
New Orleans, LA 70130
(504) 522-1555
Mon-Sat 10am-7pm; Sun 12pm-6pm
Accessible: Yes
* 5.78 miles

The Esplanade - Kenner, LA

www.mallseeker.com
1401 W Esplanade Avenue
Kenner, LA 70065
(504) 465-2161
Mon-Sat 10am-9pm
Sun 12pm-6pm
Accessible: Yes
* 15.13 miles

The French Market

www.frenchmarket.org/
1008 North Peters Street
New Orleans, LA 70116
(504) 522-2621
Accessible: Yes
* 7.45 miles

The Shops at Canal Place

www.theshopsatcanalplace.com
333 Canal Street
New Orleans, LA 70130
(504) 522-9200
Mon-Sat 10am-7pm; Sun 12pm-6pm
Accessible: Yes
* 6.03 miles

Wal-Mart locations

www.walmart.com
All locations are accessible.

1901 Tchoupitoulas Street
New Orleans, LA 70130
(504) 522-4142
* 3.75 miles

5110 Jefferson Highway
Jefferson, LA 70123
(504) 733-4923
* 7.66 miles

8912 Veterans Memorial Drive
Metairie, LA 70003
(504) 465-0155
* 13.18 miles

300 W Esplanade Avenue
Kenner, LA 70065
(504) 464-1653
* 16.71 miles

SPORTING EVENTS

New Orleans Zephyrs Baseball

www.zephyrsbaseball.com
600 Airline Highway
Metairie, LA 70003
(504) 734-5155

The Zephyrs are an exciting minor league baseball team in the Pacific Coast League. The baseball season runs from April to early September. Zephyr field offers wheelchair accessible seating in each section, seating for companions, and four sections on a raised platform. The outfield party area and the outfield hill are both wheelchair accessible.

Accessible: Yes
* 5.70 miles

New Orleans Hornets Basketball

www.nba.com/hornets/
1501 Girod Street
New Orleans, LA 70113
For tickets and information call:
(504) 525-HOOP
ADA Facilitator: (504) 587-3917
Accessible: Yes
* 5.30 miles

New Orleans Saints

www.neworleanssaints.com
1500 Poydras Street
New Orleans, LA 70112
For tickets call: (504) 731-1700
ADA Facilitator: (504) 587-3917
Accessible: Yes
* 5.35 miles

Tulane University

<http://tulane.edu/>
6823 St. Charles Avenue
New Orleans, LA 70118
For tickets call: (504) 861-9283
Football, Volleyball, Men & Women's Basketball
Accessible: Yes
* 1.75 miles

University of New Orleans

www.unoprivateers.com/
200 Lakeshore Drive
New Orleans, LA 70148
For tickets call: (504) 280-4263
Baseball, Men & Women's Basketball, Volleyball
Accessible: Yes
* 9.32 miles

SWAMP TOURS

Honey Island Swamp Tours

www.honeyislandswamp.com
41490 Crawford Landing Rd.
Slidell, LA 70460
(986) 641-1769

Explore the interior of America's least altered, most beautiful cypress river swamps on a two-hour narrated adventure with wetlands ecologist Paul Wagner and his native guides.

Accessible: No
* 40.35 miles

Jean Lafitte Swamp Tours

Contact: PBair@visitnola.com
6601 Leo Kerner Lafitte Parkway
Marrero, LA 70072
1-800-445-4109 or (504) 587-1719, (504) 689-4186
www.jeanlafitteswamptour.com

This privately owned swamp land has a number of exotic plant and animal life that will blow the minds of all who visit. Reservations strongly suggested (call 10am-2pm.)

Accessible: Yes
* 13.41 miles

Transportation

Recreation Resource Guide For the Gulf South Region



CHILDREN'S
HOSPITAL

LA DEPARTMENT OF HEALTH AND HOSPITALS

How to schedule Non-Emergency Transportation Services (NEMT) for Bayou Health Members:

- Bayou Health members are eligible to receive transportation to scheduled medical appointments (non-emergency medical transportation)
- Members of UnitedHealthcare and Community Health Solutions will continue to arrange all non-emergency medical transportation through First Transit at their 1-800-864-6034 number. (48 hour notice is required for UnitedHealthcare NEMT.
- Members to Amerigroup, LaCare, and Louisiana Healthcare Connections will continue to arrange transportation for dental appointments, behavioral health appointments, therapy included in an Individual Education Plan (IEP) and any other “carved out” Medicaid service through First Transit at their 1-800-864-6034 number.
- Amerigroup has subcontracted with Logisticare to provide NEMT for their members.
- LaCare has subcontracted with MTM to provide NEMT for their members.
- Louisiana Healthcare Connections has subcontracted with First Transit to provide NEMT for their members. Note the number to call is different than the number for United and Community Health solutions members.

PLAN NAME	CALL CENTER	CALL CENTER #	MONDAY – FRIDAY
UnitedHealthcare	First Transit	1-800-864-6034	8 AM to 5 PM
Community Health solutions	First Transit	1-800-864-6034	8 AM to 5 PM
Amerigroup	Logisticare	1-866-430-1101	8 AM to 5 PM
LIA Healthcare Connections	First Transit	1-855-243-7624	8 AM to 5 PM
LaCare	MTM	1-888-913-0364	7 AM to 7 PM

MEDICAID VAN

Louisiana's Medicaid Program provides non-emergency transportation to Medicaid-covered (other than pharmacy) services for Medicaid-eligible persons. The non-Emergency Medical Transportation Program is supported by federal and state tax dollars and provides services only when a recipient does not have or cannot arrange transportation.

A recipient should call the area scheduling office which covers his/her parish of residence ONLY if otherwise unable to arrange for medical transportation. The call should be made as early as possible, but at least two days before the appointment. Transportation to out-of-state appointments can be arranged but requires prior authorization.

Dispatch Office Phone Numbers:

Alexandria: 800-446-3490

Baton Rouge: 800-259-1944

Lafayette/Lake Charles: 800-864-6034

Monroe: 800-259-1835

New Orleans; 800-836-9587

Shreveport: 800-259-7235

NEW ORLEANS REGIONAL TRANSIT AUTHORITY

FIXED ROUTE ACCESSIBILITY

The Regional Transit authority (RTA) provides public transit within Orleans Parish and the City of Kenner in Jefferson Parish. Buses that are accessible to clients with disabilities serve all regularly scheduled routes.

RTA fixed-route buses are accessible to persons with disabilities. Features such as kneeling capability lifts, wheelchair securement areas and priority seating areas, ensure equal access on fixed route buses.

In addition to the mechanical device, fixed routes provide the flexibility to travel at any time during RTA's regular hours of operation without first having to make a reservation. For persons with disabilities the fare is only 40 cents and transfers are free. Customers must pay with exact cash, ticket, or token.

For routes and schedules of the RTA fixed route please see: www.norta.com/Maps_Schedules/ or call: 504-248-3900

PARATRANSIT

The New Orleans Regional Transportation Authority (NORTA's) Paratransit Service is a shared-ride, curb-to-curb program available for those who are functionally unable to independently use the RTA fixed-route system either all of the time, temporarily or under certain circumstances. Paratransit ID cardholders can also ride any fixed route vehicle free of charge.

Individuals interested in using RTA Paratransit services need to complete and submit an eligibility form for certification; it also needs to be signed by your doctor or a licensed healthcare professional. The application is located at the following website: www.norta.com/accessibility/index.html

The RTA Paratransit Service operates from 5am to midnight, 365 days a year. The system operates within the urbanized area of Orleans Parish. Eligible RTA Paratransit patrons can make service reservations between the hours of 8am and 5pm, Mon-Fri and from 8am-4pm on weekends and holidays. The paratransit fare is \$2.00 (one-way); a personal care attendant ride for free when accompanying an individual certified by the RTA Certification Office as requiring a Personal Care Attendant (PCA).

Important phone numbers:

NORTA Paratransit Customer Service: 504-827-7433

NORTA Certification Office: 504-827-8345

For more information please visit: www.norta.com/_meta/search/index.html?q=paratransit&wcm=sub

JEFFERSON TRANSIT

FIXED ROUTE ACCESSIBILITY

All Jefferson Transit buses are lift-equipped buses that comply with the requirements of the Americans with Disabilities Act (ADA). These buses also use the Talking Bus system to announce major bus stops and transfer points along each route.

Mobility impaired or persons with disabilities may be issued a card for half-price fares on regular transit. The base half fare is 75¢. The half fare to cross the river is \$1.00. Transfers, available from the bus operators, are 25¢. For more information about half-price fares please visit: <http://www.jeffersontransit.org/HalfFare.htm> For routes and schedules of the RTA fixed route please see: www.jeffersontransit.org/busroutes.htm or call: 504-818-1077

MITTS

The Mobility Impaired Transportation System, known as MITTS, is part of Jefferson Transit, the Jefferson Parish public bus service. MITTS provides transportation for persons with disabilities who are unable to use fixed route Jefferson Transit service. The fixed route service has designated bus stops at regular 2 block intervals along specific routes, while MITTS service is curb-to-curb and demand responsive.

Individuals are eligible for MITTS service only if there is some part of the fixed route bus system that they cannot use or navigate because of a disability. Applicants for the MITTS program must complete an application and mail it to the MITTS office. The application is located at the following website: http://www.jeffersontransit.org/MITTS/MITTS_Application_March2010.pdf

MITTS service is available seven days a week between 6am and 9pm. In addition, taxi service and lift-equipped ADA accessible bus service is available before 6 AM and after 9 PM seven days a week for individuals traveling within ¾ mile of a fixed route bus line. Eligible MITTS patrons can make reservations daily between the hours of 8 am and 5pm. The MITTS fare is \$3.00 (one-way) for MITTS riders and guests. Personal assistants ride for free.

Important phone numbers:

MITTS Office (504) 889-7155

MITTS Scheduling (504) 889-7156

Cancellations/Will-calls/etc. (504) 889-7194

For more information please visit:

www.jeffersontransit.org/MITTS.htm

or

[www.jeffersontransit.org/MITTS/](http://www.jeffersontransit.org/MITTS/FullRidersGuide_4webMarch2010.pdf)

[FullRidersGuide_4webMarch2010.pdf](http://www.jeffersontransit.org/MITTS/FullRidersGuide_4webMarch2010.pdf)

GREYHOUND

Greyhound's goal is to provide a safe, pleasant and convenient travel experience. Drivers, customer service personnel and contractors are available to meet the needs of customers with disabilities. They provide assistance with boarding and de-boarding buses, luggage, transfers, stowage and retrieval of mobility devices. This service is provided during transfers, meal and rest stops and other times as reasonably requested. They can help whether you are traveling alone or with a personal care attendant, using various mobility devices, or being accompanied by a service animal.

Assistance is available to customers with disabilities when they travel within the Greyhound system. There are three simple steps that will help your trip run smoothly.

Contact the Greyhound Customers with Disabilities Travel Assistance Line at 1-800-752-4841 at least 48 hours prior to your departure.

Provide the phone operator information about your specific travel needs and schedule.

Inform employees and contractors of your needs during your trip.

With 48-hour advance notification, Greyhound can meet the service needs of all customers with disabilities, including people who use wheelchairs. Phone operators will use the information about your travel needs and schedule to arrange assistance by company personnel or contractors at your point of departure, meal and rest stops, and your final destination. Other transportation carriers involved in your trip will receive this information as well.

New Orleans Greyhound Station Information:

www.greyhound.com/en/locations/

1001 Loyola Avenue

New Orleans, LA 70114

Main phone number: (504) 525-6075

Baggage: (504) 524-7571

Customer Service: (504) 525-6075

Customers with Disabilities:

Dead/hard of hearing/TTY/TDD: 1-800-345-3109

Spanish/Español: 1-800-531-5332

ADA Compliance Corporate Office: 1-800-755-2357

Hours of Operation:

Monday-Sunday: 5:15am-10:30am; 11am-1pm; 2:30pm-8:30 pm

Holidays: 5:15am-10:30am; 11am-1pm; 2:30pm-8:30pm

Hours of Operation subject to change. Please call to verify hours before making travel arrangements.

CAB SERVICE

Below are cab companies currently servicing the New Orleans area. These cab companies currently do not have wheelchair accessible vans, but it is possible to put a fold-up wheelchair in the trunk of the cab car.

Checker-Yellow

(504) 943-2411

Coleman Cab Co.

(504) 586-0222

United Cabs Co.

(504) 522-9771

White Fleet Cab Co.

(504) 822-3800

Yellow-Checker Cabs

(504) 525-3311

ACCESSIBLE VAN RENTALS

Wheelchair Getaways

The leading wheelchair van rental company in the United States. They rent wheelchair and scooter accessible vans in almost every city in the US. 24-hour emergency assistance, a knowledgeable staff, and the adaptive features that make traveling safe and comfortable are available.

Daily rental rates vary from \$80 to \$145, depending on the location. Lower rates are available for long-term rentals.

The wheelchair vans are available also for customers considering the purchase of modified vehicles. They recommend “trying before buying”. Wheelchair Getaways also maintains an inventory of used vans for sale. In addition, some locations offer scooter rentals, power wheelchair rentals and GPS rentals for your traveling needs.

Gulf-South Location Information

1-800-642-2042 or 1-888-376-1500
www.wheelchairgetaways.com

Crescent Vans, Inc.

2424 Hickory Avenue, Metairie, LA 70003
(504) 738-2634

Contact: Gina Scott
www.crescentvans.com/

Daily rental rates are \$105 per day with rates dropping to \$85 day for any rental over 7 days. Their conversion van rentals are Braum Mobility Conversion Vans with either a fully automatic side entry braun conversion or a manual rear entry braun conversion.

AMTRAK TRAIN

Riding the rails is accessible, easy, and dependable. You show up 20 minutes before departure and weather rarely affects schedules. Train travel is economical, plus Amtrak offers discounts for attendants and companions for those with disabilities, as well as programs for seniors, children, groups, students, AAA members, and veterans.

Sleeper cars include great meals and sightseeing without the hassle and stress of driving. With gas prices continually fluctuating and rarely any delays, train travel is an incredible deal and a fun way to travel. The only attention you have to pay is to the view outside your windows.

Accessibility and Train Travel

All Amtrak trains feature at least one wheelchair accessible coach and sleeper car. Most café and lounge cars on long distance trains have accessible seating, but you must transfer to them during station stops. No train offers wheelchair accessibility to the observation or dining cars. For accessible reservations, call early - it's first come, first-served.

Manual or power wheelchairs must be less than 30 inches wide by 48 inches long and weigh less than 600 pounds. The only animal allowed on Amtrak train is a service animal, which you are responsible for feeding and toileting. For those with oxygen, ventilation or electrical needs, call Amtrak for specific instructions.

Reservations

Check Amtrak's website or call reservations to get rate information. It's Timetable, Vacations, or Amtrak America magazines, available at local stations, offer views into train cars, rooms and route descriptions.
www.amtrak.com

** Written by Roxanne Furlong, New Mobility Magazine's Spinal Network, 4ED*

AIR TRAVEL

The Air Carrier Access Act covers all of the basics and a bit more. As of May 2009, the Air Carrier Access Act applies to all foreign airlines operating in the U.S. The following is a summary of what your rights are under the ACAA:

Carriers aren't allowed to turn people down because they're disabled, and carriers can't limit the number of disabled people on any given flight. Also, carriers can't charge extra for providing disability-related accommodations.

An airline can't require a person with a disability to sit in a particular seat.

Carriers can't require a passenger to bring an attendant, unless the passenger can't assist with his or her own evacuation from a flight. If the airline insists a passenger bring an attendant, then that attendant's seat is on the house.

New planes with 100 or more seats must have space for wheelchair storage near the front of the plane. These planes must also have accessible bathrooms.

Power wheelchair batteries can be flown in baggage compartments, but carriers are expected to provide packaging if the batteries are deemed “hazardous material.”

Airport terminals, including terminals at foreign airports that fly to the U.S. must be accessible. If the restroom is on the path of travel to the gate, then airline employees or contractors must be willing to help wheelchair users make brief rest stops.

Service animals can't block any areas covered by FAA-approved safety regs. If the animal can't sit in its assigned seat, then the airline must offer the passenger a seat that can accommodate the animal. On flights over eight hours, the airline can ask for documentation that the animal won't have to relieve itself or otherwise make a mess on the flight.

To familiarize yourself with the Act, check out these organizations and websites:

Accessible Journeys, 1-800-846-4537 or (610) 521-0339,
www.disabilitytravel.com/air_carrier_act.htm

Department of Transportation Aviation Consumer Protection, www.dot.gov/airconsumer
Mobility International USA, (541) 343-1284, www.miusa.org/ncde/tipsheets/airlinetips?searchterm=aca

* Written by Josie Byzek, New Mobility Magazine's Spinal Network, 4ED

TRAVEL RESOURCES

Agencies, Packages, and Tours

Able to Travel

United Spinal Association
1-800-404-2898 or (718) 803-3782
www.unitedspinal.org/
info@unitedspinal.org
Able to Travel's agents can help travelers who use wheelchairs plan their whole trip, from arranging accessible transportation to stowing equipment on the airplane to booking hotel rooms – and even access to medical equipment.

Accessible Journeys

1-800-846-4537 or (610) 521-0339
sales@accessiblejourneys.com
www.disabilitytravel.com/
Accessible Journeys offers comprehensive travel packages to worldwide destinations. Also available are cruises, rental properties, equipment rentals and professional travel companions.

ADA Vacation Plus

1-800-778-7953
www.medicaltravel.org
This full-service travel agency specializes in accessible cruises, and arranges land vacations, as well. Dialysis and oxygen are both accommodated by this company, as well as many other medical needs.

RESOURCES, TIPS, AND INFO

Access-able

www.access-able.com/
This website gathers information about all types of accessible travel from cruise ships to packaged vacations in Europe. The links page contains resources and tips on everything from finding a travel companion to finding an accessible hotel.

Gimp on the Go

www.gimponthego.com
Edited by quad Adam Lloyd, this site features destination reviews, tips, and other resources.

Global Access New Disabled Travelers Network

www.globalaccessnews.com
This website is a good place to find stories from other travelers with disabilities who may have been where you want to go, and may have tips to help you once you get there.

Driver Rehabilitation Services

Recreation
Resource Guide
For the Gulf South Region



CHILDREN'S
HOSPITAL

DRIVER REHABILITATION SERVICES

The following driver assessment and training vendors have been approved by Louisiana Rehabilitation Services to provide driver rehabilitation services. For more information about driver rehabilitation services and mobility equipment vendors please contact:

Louisiana Rehab Services

950 N. 22nd Street, Suite A
Baton Rouge, LA 70802
1-800-737-2958 or (225) 219-2225

DRIVER ASSESSMENT AND TRAINING VENDORS IN LOUISIANA

East Jefferson Rehab Center²

3601 Houma Boulevard, Suite 200
Metairie, LA 70006
(504) 456-9895

Louisiana Tech University¹

Center for Rehabilitation Engineering, Science and Technology
Crest
711 South Vienna Street
Ruston, LA 71270
(318) 257-4562
Fax: (318) 255-4175
crest@latech.edu
www.latech.edu

NCR School of Driving²

6302 West Park Avenue
Houma, LA 70364
(985) 580-1009

Our Lady of Lourdes Regional Medical Center¹

Occupational Therapy Department
611 St. Landry Street
Lafayette, LA 70502
(337) 289-2166

Southwest Safety Training, Inc.²

4416 Johnston Street – Suite 9-C
Lafayette, LA 70503
(337) 989-0120

Touro Rehabilitation Center¹

1401 Fourcher Street, 1st floor
New Orleans, LA 70115
(504) 897-8642

¹Program offers driver rehabilitation services including: clinical evaluation, in-vehicle evaluation, vehicle modification prescription, final fitting, and driver education.

²Program only offers driver training

Programs for At-Risk Youth

Youth Challenge Programs

The National Guard Youth Challenge Program is designed to give at-risk males and females the opportunity to change their future. It targets participants who are unemployed, drug free and law-free high school dropouts, 16 – 18 years of age. Participants live and work in a controlled military environment while encouraging teamwork and personal growth. The main areas of focus are our core components:

- Leadership/Followership
- Citizenship
- Academic Excellence (GED / High school diploma attainment)
- Job Skills
- Life Coping Skills
- Health and Hygiene
- Service to Community
- Physical Fitness

The five-month Residential Phase, in addition to a two-week Pre-Challenge Phase, is followed by the Post-Residential Phase, a year-long mentoring relationship with a specially trained member from each youth's community. The academy is structured as a "military boarding school" to promote an academic environment focusing on the core components.

Alabama

Alabama National Guard Youth Challenge Academy

P.O. Box 5280, Ft. McClellan, AL 36205-0280

Physical Address:

Building 2221, 394 Galloway Road, Ft. McClellan, AL 36205-0280

(256) 847-4240, Fax (256) 847-4359

Louisiana

Youth Challenge Program for At-Risk Youth

Louisiana National Guard

504 E Street

Pineville, LA 71360

1-800-CAMP KID (1-800-226-7543)

The Louisiana National Guard Challenge is a program which offers at-risk adolescents an opportunity to change their future in many ways, including with the opportunity to earn a high school equivalency diploma.

■ 22 Week Residential Program

- .Residential training is held at Camp Beauregard in Pineville, Camp Minden in Minden and the
- .Gillis W. Long Center in Carville.

■ 1 Year Post Residential Program

- .Cadets and their mentors communicate monthly with YCP for 1 year following graduation

■ **Eligibility Requirements**

- 16-18 Years of Age
- High School Dropout
- US Citizen or Legal Resident
- Resident of Louisiana
- Drug Free
- No Felony Convictions
- Must Volunteer to Attend

Placemark 1

Youth Challenge Program -
Camp Beauregard
503 "E" Street
Pineville, LA
1-800- CAMP KID (1-800-226-7543)
www.ngycp.org/state/la

Placemark 2

Youth Challenge Program –
Camp Minden
200 Louisiana Blvd., Minden, LA 71055
1-800-CAMP KID or 1-800-498-6676
www.ngycp.org/state/la

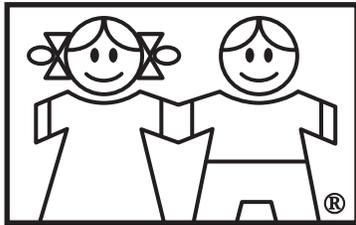
Placemark 3

Youth Challenge Program –
Gillis Long Center
5445 Point Claire Road, Carville, LA
70721
1-800-CAMP KID or 1-800-243-0911
www.ngycp.org/state/la

Mississippi

MS Youth ChalleNGe Academy

Building 80, Jackson Avenue
Camp Shelby, MS 39407-5500
1-800-507-6253, (601) 558-2300, Fax: (601) 558-2400
www.ngycp.org/state/ms



CHILDREN'S
HOSPITAL
