



United Spinal Association

Pathways to Employment Preparing for the World of Work after a Spinal Cord Injury

A resource to help you make a successful transition to work
living with a spinal cord injury

New York Resources

This supplements the national resource guide with New York
resources. Please read them together.

New York Supplement

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New York Resources

New York Supplement

Where can I get information about programs and service in New York for people with disabilities?

The best place to start to get information about programs and services in New York is the information and referral unit at the New York Justice Center (NYJC). The NYJC supports and protects the health, safety, and dignity of all people with disabilities through advocacy of their civil rights, prevention of mistreatment, and investigation of all allegations of abuse and neglect so that appropriate actions are taken. Their Information & Referral Unit staffs a toll-free statewide phone line, and responds to emails and other correspondence from people who need information or have questions or concerns about disability related issues. It will connect you to the information, technical assistance, and referrals to programs and services.

Contact the NYJC information and referral unit at:

1-800-624-4143 8:30 am to 4:30 pm.

infoassistance@justicecenter.ny.gov

Adapted from <http://www.justicecenter.ny.gov/services-supports/information-referral-line-faq>

What do I need to know about Medicaid in New York?

In New York if you qualify for SSI, New York automatically gives you Medicaid.

New York is a Medicaid expansion state. This means you can qualify for Medicaid with a higher income.

If you return to work, you may be able to keep your Medicaid benefits if you meet the eligibility requirement for the “Medicaid Buy-in” discussed below.

New York pays SSI recipients in New York a supplement or addition to the amount of money Social Security pays. The amount varies based on where you live and if alone, with other people, or in congregate living, or a long term care facility.

Where to Apply:

If you have a disability, you should apply for Medicaid at your local department of social services, (LDSS), which you can find listed in the New York Resources section at the end of this guide. You can print an application for Medicaid and see what documents you need to bring with you to the LDSS here https://www.health.ny.gov/health_care/medicaid/ The Medicaid office is located in your local department of social services. A listing of offices can be located here: http://www.health.ny.gov/health_care/medicaid/ldss.htm

If you live in New York City, your offices are run by the Human Resources Administration (HRA). You can find a listing of New York City offices here:

http://www.nyc.gov/html/hra/html/services/medicaid_offices.shtml or in the New York Resources section at the end of this guide.

Eligibility:

The chart below shows how much income you can receive in a month and the amount of resources (if applicable) you can retain and still qualify for Medicaid.

2014 Income & Resource Levels*					
Family Size	Net Income for Individuals who are Blind, Disabled or Age 65+		Medicaid Income Level for Single People, Couples without Children		Resource Level (Individuals who are Blind, Disabled or Age 65+ ONLY)
	Annual	Monthly	Annual	Monthly	
1	\$9,700	\$809	\$16,105	\$1,343	\$14,550
2	\$14,300	\$1,192	\$21,708	\$1,809	\$21,450
3	\$16,445	\$1,371	\$27,311	\$2,276	\$24,668
4	\$18,590	\$1,550	\$32,913	\$2,743	\$27,885
5	\$20,735	\$1,728	\$38,516	\$3,210	\$31,103
6	\$22,880	\$1,907	\$44,119	\$3,677	\$34,320
7	\$25,025	\$2,086	\$49,722	\$4,144	\$37,538
8	\$27,170	\$2,265	\$55,325	\$4,611	\$40,755
9	\$29,315	\$2,443	\$60,927	\$5,078	\$43,973
10	\$31,460	\$2,622	\$66,530	\$5,545	\$47,190
For each additional person, add:	\$2,145	\$179	\$5,603	\$467	\$3,218

https://www.health.ny.gov/health_care/medicaid/

You may also own a home, a car, and personal property and still be eligible. The income and resources (if applicable) of legally responsible relatives in the household will also be counted.

Medicaid Excess Income or Spend Down

It is possible to still qualify for Medicaid if you earn more than the chart indicates. New York has a “Medicaid Excess Income” program, also called “spend down.” This is helpful when your monthly income is over the Medicaid level. You may still be able to get help with your medical bills. The amount your income goes over the Medicaid level is called excess income. It is like a deductible. If you are eligible for Medicaid except for you have excess income and you can show that you have medical bills *equal* to your excess income in a particular month, Medicaid will pay your additional medical bills beyond that for the rest of that month. This includes outpatient care, doctor and dental visits, lab tests, prescription drugs, and long-term care in the community such as home care and assisted living. There are special rules for hospital stays. You may be able to use past medical bills as part of your spend down. You can find out more information here

https://www.health.ny.gov/health_care/medicaid/excess_income.htm and from your LDSS.

How Medicaid Services are Provided:

Services are delivered through managed care plans in some counties and for some people. Your local department of social services can give you more information on how you will receive your Medicaid services.

Covered Services include:

In general, Medicaid pays for the following services. However, some may not be covered for you because of your age, financial circumstances, family situation, transfer of resource requirements, or living arrangements. Some services have small co-payments. These services may be provided using your Medicaid card or through your managed care plan if you are enrolled in managed care. You will not have a co-pay if you are in a managed care plan, except for pharmacy services, where a small co-pay will apply.

- smoking cessation agents
- treatment and preventive health and dental care (doctors and dentists)
- hospital inpatient and outpatient services
- laboratory and X-ray services
- care in a nursing home
- care through home health agencies and personal care
- treatment in psychiatric hospitals (for persons under 21 or those 65 and older), mental health facilities, and facilities for the mentally retarded or the developmentally disabled
- family planning services
- early periodic screening, diagnosis, and treatment for children under 21 years of age under the Child/Teen Health Program
- medicine, supplies, medical equipment, and appliances (wheelchairs, etc.)
- clinic services
- transportation to medical appointments, including public transportation and car mileage
- emergency ambulance transportation to a hospital
- prenatal care
- some insurance and Medicare premiums
- other health services
-

If you are eligible for Medicaid, you will receive a Benefit Identification Card, which you must use when you need medical services. You may have limitations on certain services. For you to use your Benefit Identification Card for certain medical supplies, equipment, or services (e.g., wheelchair, orthopedic shoes, transportation), you or the person or facility that will provide the service must obtain approval before the service can be provided (prior approval).

Co-pays

The following services are subject to a co-payment:

- Clinic Visits (Hospital-Based and Free Standing Article 28 Health Department-certified facilities) - \$3.00;
- Laboratory Tests performed by an independent clinical laboratory or any hospital-based/free standing clinic laboratory - \$0.50 per procedure;
- Medical Supplies including syringes, bandages, gloves, sterile irrigation solutions, incontinence pads, ostomy bags, heating pads, hearing aid batteries, nutritional supplements, etc. - \$1.00 per claim;
- Inpatient Hospital Stays (involving at least one overnight stay; is due upon discharge) - \$25.00;
- Emergency Room - for non-urgent or non-emergency services - \$3.00 per visit;
- Pharmacy Prescription Drugs - \$3.00 Brand Name Non-Preferred, \$1.00 Brand Name Preferred, \$1.00 Brand When Less Than Generic, \$1.00 Generic;
- Non-Prescription (over the counter) Drugs - \$0.50.
-

There is no co-payment on private practicing physician services (including laboratory and/or x-ray services, home health services, personal care services or long term home health care services).

Co-pay Maximum

You are responsible to pay a maximum of up to \$200 in a co-pay year. Your year begins on April 1st and ends March 31st each year. If you reach your maximum of \$200, a letter will be sent to you exempting you from paying Medicaid co-payments until April 1st.

Co-pay Exemptions

The following are exempt from all Medicaid co-payments:

- Children under 21.
- Pregnant women. (Pregnant women are exempt during pregnancy and for the two months after the month in which the pregnancy ends.)
- Family planning (birth control) services -This includes family planning drugs or supplies like birth control pills and condoms.
- Residents of an Adult Care Facility licensed by the New York State Department of Health.
- Residents of a Nursing Home.
- Residents of an Office of Mental Health (OMH) or Office for People with Developmental Disabilities (OPWDD) certified Community Residence.
- Enrollees in a Comprehensive Medical Case Management (CMCM) or Services Coordination Program.
- **Enrollees in the Home and Community Based Services (HCBS)** or Traumatic Brain Injury (TBI) waiver programs.
- Psychotropic and Tuberculosis drugs.

You cannot be denied care or services because of your inability to pay a co-payment. A provider has the right to ask you for the co-payment at each visit and bill you for any unpaid co-payments.

Adapted from http://www.health.ny.gov/health_care/medicaid/#services

What kind of long term services and supports does New York Offer?

Home and Community-Based Services Waiver/Long-Term Home Health Care Program (HCBS/LTHHCP)

Program Goal

This program works to prevent premature and/or unwanted institutionalization by providing a coordinated plan of care and services to individuals of any age who would otherwise require nursing facility care.

Eligibility

- You must be medically eligible for nursing home level of care. (meaning you need assistance with several activities of daily living)
- Verify a preference to remain at home.
- You must have an assessment to confirm your needs can be safely met at home.
- Your physician must verify that you are able to remain at home.
- You must require coordinated services and case management.
- You must need and be in receipt of at least one waiver service every 30 days;
- Your cost of home care services must fall within budget cap of the assessed level of care for which the person is approved; this budget cap is based on monthly local nursing home rate;
- You must be Medicaid eligible.

How it Works

The LTHHCP Waiver provides a coordinated plan of care and services to individuals who would otherwise be medically eligible for placement in a hospital or nursing facility for an extended period of time if such program were unavailable. All individuals receive case management and may receive other services based on assessment and each individual's service needs. Services offered may include nursing, therapies, and personal care services. In addition, the waiver allows Medicaid to pay for some services not provided through "regular" Medicaid such as respiratory therapy, medical social services, nutritional counseling, home maintenance and modifications, vehicular modifications, moving assistance, respite care, home delivered meals, personal emergency response system, assistive technology, community transitional services, and home and community support services.

For More Information

LTHHCP is administered by local social service districts, and services are provided by a certified Long Term Home Health Care Program Provider. Call your local Department of Social Services (DSS) for more information. To obtain the phone number of your local DSS, go to the New York State Department of Health website at www.health.ny.gov/health_care/medicaid/ldss.htm.

Keep in mind that you may find this waiver programs has a waiting list.

How can New York's Programs help me with my Medicare Premiums?

The Medicare premium assistance program is called the Medicare Savings Program. These programs are administered by local Departments of Social Services and the Human Resources Administration in New York City and can assist individuals/couples in paying for their Medicare Premiums.

Qualified Medicare Beneficiary Program (QMB)

This program can pay for the Medicare Part A and/or Part B premium. An individual can be eligible for QMB only or for QMB and Medicaid. This program also pays for the Medicare Parts A and B coinsurance and deductibles. Your income must be 100% of the federal poverty level + \$20. The 2014 income requirements for this program are:

\$ 993 per month per single person
\$1,331 per month per couple

Specified Low Income Medicare Beneficiary Program (SLIMB)

This program pays for the Medicare Part B premium only. Individuals can be eligible for SLIMB only or for SLIMB and Medicaid (with a spend down discussed above). You must have Medicare Part A in order to be eligible for the program. Your income must be 120% of the federal poverty level + \$20. The 2014 income requirements for this program are:

\$1,187 per month per single person
\$1,593 per month per couple

Qualified Individual (QI)

This program pays for the Medicare Part B premium only. Individuals cannot be eligible for QI *and* Medicaid. The applicant must have Medicare Part A. States are allotted money for this program on a yearly basis. Your income must be 135% of the federal poverty level + \$20. The 2014 income requirements for this program are:

\$1,333 per month per single person
\$1,790 per month per couple

Qualified Disabled and Working Individual (QDWI)

This program pays for the Medicare Part A premium **only** - not Part B. The applicant must be a worker with a disability under age 65, who lost Part A benefits because of return to work. Your income must be 200% of the federal poverty level + \$20. The 2014 income and resource requirements for this program are:

\$1,965 per month per single person and resources below \$4000
\$2,642 per month per couple and resources below \$6000

Adapted from
https://www.health.ny.gov/health_care/medicaid/program/update/savingsprogram/medicaresavingsprogram.htm

How do I apply for Medicare Savings Programs in New York?

You can apply for the Medicare Savings Programs by filling out an application. You may obtain an application from the Medicaid office at the local (county) Department of Social Services, which are listed in the New York Resources Section at the end of this guide. Or, you may print the application form from this link
https://www.health.ny.gov/health_care/medicaid/program/update/savingsprogram/msapp.pdf

You must mail your application for the Medicare Savings Program to the local Department of Social Services where you live. The phone number and address for the local Department of Social Services may be found in the government pages of the telephone book or in the New York Resources Section at the end of this guide.
Within New York City, the phone number to call for the Medicaid Helpline is 1-888-692-6116. Outside of New York City call 212-639-9675.

Adapted from
https://www.health.ny.gov/health_care/medicaid/program/update/savingsprogram/medicaresavingsprogram.htm

Does New York have Medigap insurance for me if I am under 65 and on Medicare?

MEDIGAP INSURANCE: New York is one of 29 states currently that requires insurers to sell at least some types of Medigap policies to beneficiaries under 65 in New York.

How does New York help me with benefits planning?

New York Makes Work Pay is a statewide initiative intended to increase employment of workers with disabilities. It provides toll-free work incentives assistance to answer a range of questions related to benefits and work. New York Makes Work Pay will help you understand your benefits. You can reach them at 1-888-224-3272

What work incentive programs are available to me in New York?

Medicaid Buy-in Program for Working People with Disabilities

The Medicaid Buy-In program offers Medicaid coverage to people with disabilities who work, and earn more than the allowable limits for regular Medicaid, the opportunity to retain health care coverage through Medicaid. This program allows working people with disabilities to earn more income without the risk of losing vital health care coverage.

Eligibility: To qualify for the Medicaid Buy-In program for Working People with Disabilities you must:

- Be a resident of New York State;
- Be at least 16 years of age (coverage up to 65 years of age);
- Have a disability as defined by the Social Security Administration;
- Be engaged in paid work (includes part-time and full-time work);
- Have a gross income that may be as high as \$59,388 for an individual and \$79,692 for a couple; and
- Have non-exempt resources that do not exceed the Medicaid resource level of \$20,000 for a one-person household and \$30,000 for a two-person household.

After 2011, retirement accounts that previously would have counted as a resource are now disregarded in determining eligibility for this program. Retirement accounts are annuities or work-related plans for providing income when employment ends. They include but are not limited to: pensions; Individual Retirement Accounts (IRAs); 401(k) plans and Keogh plans.

Premiums: Whether or not you must pay a premium for Medicaid depends on how much income you have. There may be a modest premium based on your income. This determination will be made when you apply for the program. At the present time, there is a moratorium on premiums.

If you have health insurance coverage through your employer, you should keep the insurance and talk with your local social services district worker. Medicaid may cover the cost of the premium for that insurance coverage. If you have family coverage through your employer, you may wish to keep that coverage as the Medicaid Buy-In program for Working People with Disabilities does not offer family coverage.

Apply: for the Medicaid Buy-in Program through your local Department of Social Services office, where you will fill out an application. You can find your local Department of Social Services office in the New York Resources section at the end of this guide.

Coverage: Currently, if you receive SSI payments and begin earning enough money to stop SSI cash payments, you may still be able to keep Medicaid coverage under a federal work incentive program known as 1619(b). A working person with a disability in New York State in 2014 may have up to \$44,657 in income before losing Medicaid coverage.

Under 1619(b), if your gross earnings are higher than \$44,657 you may qualify for a higher threshold. An Individual Threshold can be calculated for you by the Social Security Administration office if you have:

- Impairment-related work expenses
- Blind work expenses
- A Plan to Achieve Self-Support (PASS)
- Publicly funded attendant or personal care; or
- Medical expenses above the State per capita amount

If you lose eligibility for Medicaid under 1619(b), you should contact your Local Department of Social Services office immediately to see if you qualify for the Medicaid Buy-in program for Working People with Disabilities.

Other Helpful Resources:

Medicaid Buy-In program for Working People with Disabilities Toolkit

- [Medicaid Buy-In program for Working People with Disabilities Toolkit!](#) (PDF)

For information regarding this and other Medicaid programs

- Call the Medicaid Help line at 1-800-541-2831 or TDD 1-800-662-1220
- Contact your Local Department of Social Services Office, listed in the New York Resources Section at the end of this guide

Adapted from https://www.health.ny.gov/health_care/medicaid/program/buy_in/

New York Makes Work Pay (NYMWP) also provides other benefits to you as follows:

- Access to healthcare through the Medicaid Buy-In for Working People with Disabilities
- Access to 100 new Work Incentives Counselors statewide
- Access to improved job training and placement services and services to start your own business
- Strategies to increase your assets including tax refunds through the Earned Income Tax Credit

You can learn more about these programs from NYMWP by phone at 1-888-224-3272 or the website at <http://www.nymakesworkpay.org/>

Adapted from Burton Blatt Institute at Syracuse University and the Employment; Disability Institute at Cornell University (n.d.) New York Makes Work Pay:What It Is & What It Means to You!

http://bbi.syr.edu/docs/projects/mig/NYMWP_What_is_and_what_means_to_you.pdf

Tax Credits

The following tax credits can give employers an incentive to hire you. You may want to tell them about it as your skills for a job position.

Work Opportunity Tax Credit

The Work Opportunity Tax Credit (WOTC) offers employers up to \$2,400 in federal tax savings for hiring low-income individuals with barriers to employment. Qualified individuals must complete at least 120 hours of work to qualify for the partial WOTC credit of \$1,500, and over 400 hours for the full \$2,400 credit. To qualify employers for the credit, individuals must be verified as members of a targeted group. The groups include among others, people with disabilities who receive vocational rehabilitation services, people on supplemental security income, and veterans with service related disabilities.

Workers with Disabilities Employment Tax Credit (WETC)

Businesses that employ people who currently receive vocational rehabilitation services (or people who received them up to two years prior to hire) may earn \$2,100 more in state tax credits. Your employer gets the credit during the second year of your employment and can combine it with the WOTC credit.

Adapted From New York State Department of Labor, (2014) Tax Incentives,
<http://www.labor.ny.gov/formsdocs/factsheets/pdfs/p438.pdf>

What other work related resources are available for me in New York?

Ticket to Work

A total of 161 Employment Networks (EN), Work Incentives Planning and Assistance (WIPA) projects, and other providers are located in New York, including some of the New York State ACCES-VR offices. You can find specific information about the providers that address your disability and/or the services that you want by location here:

<http://www.choosework.net/resource/jsp/searchByState.jsp>

Vocational Rehabilitation

Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR) offers access to a full range of employment and independent living services that you may need through your life as a person with a spinal cord injury. Through its administration of vocational rehabilitation and independent living programs, VR coordinates policy and services relating to:

- vocational rehabilitation services for working age individuals with disabilities;
- independent living services for people with disabilities of all ages; and
- business services for hiring a qualified diverse workforce.

Eligibility for Services

- You must apply for services
- You must have a physical or mental impairment.
- Your impairment must be an impediment to employment.
- You can benefit from VR services to achieve employment.
- You require VR services to achieve employment.

Services Provided

- Assessment to help identify skills, abilities, interests and limitations
 - Career counseling and guidance
 - Rehabilitation and assistive technology
 - Training at a vocational school, community college, or on the job
 - Supported Employment
 - Job placement and job retention
 - Other services necessary to achieve the employment goal

- ACCES-VR can pay for services depending on the financial need of the individual and family
- ACCES-VR must consider other benefits and services that are available to individuals. Certain services have reasonable spending or time limits.

To Get Started with ACCES-VR Services:

• Go to www.acces.nysed.gov/vr/ or www.acces.nysed.gov/vr/do/doindex.htm to find our local VR office by county or by map. Click on the ACCES-VR District Office nearest you. Each office's web page will

1. Tell you how to apply for services
2. Provide information on its orientation sessions
3. Give you its contact information - Phone Numbers / Email / Address
4. Give you directions to the office
5. Inform you of regional business initiatives that promote employment for people with disabilities

Or

- Call 1-800-222-JOBS (5627) and ask how to contact the office nearest you.
- Go to www.acces.nysed.gov/vr/application/home.htm and download an application. Bring the completed application with you to an ACCES-VR group orientation.

Adapted from <http://www.acces.nysed.gov/vr/> ; ACCES – VR: Adult Career and Continuing Education Services – Vocational Rehabilitation...a basic guide at www.acces.nysed.gov/vr/business/publications/basic.pdf

Disability Rights New York (DRNY) is the Protection and Advocacy for Beneficiaries of Social Security (PABSS) funded program in New York. It provides free advocacy, legal assistance, outreach, education, and training to individuals with disabilities who are receiving Social Security Benefits, are currently attempting to obtain, maintain, or return to work, and who are experiencing barriers in their efforts to work. You must be a recipient of Social Security disability benefits, including SSDI, SSI, Medicaid and/or Medicare to use the PABSS program.

The PABSS program provides a full range of advocacy and legal services at no cost to eligible beneficiaries to assist individuals to obtain, maintain, return to work or who experience barriers to their efforts to work. PABSS staff can also assist beneficiaries who receive or try to receive work-related training and services.

PABSS provides services such as:

- Investigates and reviews any complaint of improper or inadequate services provided to a beneficiary with a disability by an Employment Network (EN), service provider, employer or other entity (except Social Security Administration (SSA)) involved in the beneficiary's return to work effort.

- Provide information and referral to beneficiaries with disabilities about work incentives and employment, including information on the types of services and assistance that may be available to help beneficiaries to secure, maintain, or regain gainful employment.
- Advocates, identifies, and corrects deficiencies in entities that provide vocational rehabilitation services, employment services and other support services to beneficiaries with disabilities.
- Consultation to and legal representation on behalf of beneficiaries with disabilities when necessary to protect their right to services and assistance available to help them secure, maintain, or regain gainful employment.

It may also provide the following services:

- Provide information and technical assistance on work incentives to governmental agencies, Employment Networks (ENs) and other service providers, and advocacy organizations
- Assist beneficiaries with disabilities in disputes before SSA involving work- related program decisions and benefits overpayments that may be a barrier to securing, maintaining, or regaining employment. Examples of permissible activity include:
 - Helping a beneficiary pursue the waiver or reconsideration of an overpayment due to employment- up to and including any fact-finding hearing at SSA's Office of Hearings and Appeals;
 - Accompanying beneficiaries to local SSA field offices;
 - Explaining the appeal process to beneficiaries and assisting in filling out necessary paperwork;
 - Pursuing appeals of continuing disability review determinations based on substantial gainful activity;
 - Giving advice to assure complete consideration of potential subsidies, Impairment-Related Work Expenses, Blind Work Expenses, Plans to Achieve Self-Support and other appropriate work incentives; and
 - Referring beneficiaries to other entities for support.

Adapted from <https://www.disabilityrightsny.org/p-a-for-beneficiaries-of-ss--pabss-.html>

Disability Rights New York also runs the Client Assistance Program (CAP) for New York. It provides assistance to New Yorkers with disabilities who receive or apply for vocational rehabilitation (VR) services from New York State VR agencies. The CAP program advocates for the rights of people with disabilities to receive vocational rehabilitation services to obtain competitive employment. You should contact CAP if you want to obtain rehabilitation services; you have difficulty finding rehabilitation services and want

information or resources; you applied for rehabilitation services and were turned down; you are dissatisfied with the rehabilitation services you receive; you have questions about policies, procedures, services or programs; your case is closed and you want to be reconsidered for services; or, you are just not sure what to do.

Adapted from <https://www.disabilityrightsny.org/client-assistance-program--cap-.html>

You can contact DRNY for the PABSS or Cap programs through DRNY's Intake Office. Most requests for assistance are received and processed by telephone or TTY. The Intake Office is available to conduct telephone or in-person intake interviews Monday through Friday between the hours of 9:00 a.m. and 5:00 P.M., and includes Spanish speaking staff. You may also complete an online intake by using DRNY's, Online Intake Form at <https://www.disabilityrightsny.org/online-intake-form.html>

Phone: (518) 432-7861
TTY: (518) 512-3448
Toll Free: (800) 993-8982
Fax: (518) 427-6561
Email: mail@DisabilityRightsNY.org

725 Broadway, Suite 450
Albany, New York 12207

25 Chapel Street, Suite 1005
Brooklyn, New York 11201

141 Sully's Trail, Suite 6B
Pittsford, New York 14534

New York One Stop Centers (American Job Centers)

In New York State the One Stop American Job Centers are called New York State Career Centers. You can locate your local center by going to this website and putting in your zip code <http://labor.ny.gov/career-center-locator/> or find your local office on a list on this website <http://www.servicelocator.org/search/etasearchoffice.asp?state=NY>
The New York State Career Centers provide the following services at no cost:

- Career Counseling to assess your needs, skills and interests and guide you through a step-by-step approach to your job search and re-entry into the workforce.
- Resume Development
- Career Workshops where you explore job-related skills such as Job Search Strategies, Networking, resume preparation, and interview skills.
- Computers/Internet Access with high-speed Internet connections to do your job search

- Computer Workshops in Microsoft Office Applications, QuickBooks, Internet Applications and various graphics programs.
- Adult Basic Education/English as a Second Language/GED courses
- Phones, Faxes and Copiers that allow you to speak privately to prospective employers, both locally and throughout the United States and free fax machines and copiers for your use at no charge.
- Career Resource Library
- Job Search Resources and Job Placement Assistance. Employers throughout New York State list diverse job openings with the Labor Department. Many employers use these centers to conduct on-site interviews.
- Vocational Classroom Training (For Those Who Qualify). The centers provide short-term training for long-term careers. (Subject to funding availability and program regulations.)
- Internet-Based Job/Talent Bank. You can use this site to post your resume and search local or national job openings from your home 24/7. Go to:
www.laborny.jobs

Adapted from New York State Department of Labor (2014) New York State Career Centers Fact Sheet labor.ny.gov/formsdocs/factsheets/pdfs/p13-new-york-state.pdf

New York City calls its job centers “Workforce1 Career Centers. You can reach more information about these job centers and their services at
<http://www.nyc.gov/html/sbs/wf1/html/home/home.shtml>

Disability Employment Initiative

The Disability Employment Initiative (DEI) is jointly funded and administered by the United States Department of Labor’s Employment and Training Administration and the Office of Disability Employment Policy. New York state received the funding to put this program in place in NY.

The purpose of this program is to:

- Improve educational, training, and employment opportunities and outcomes for adults with disabilities who are unemployed, underemployed, and/or receiving Social Security disability benefits, by refining and expanding already identified successful public workforce strategies;
- Help individuals with disabilities find a path into the middle class through exemplary and model service delivery by the public workforce system;
- Improve coordination and collaboration among employment, training and asset development programs implemented at state and local levels, including the expansion of the public workforce investment system's capacity to serve as Employment Networks under the Social Security Administration’s Ticket to Work Program; and
- Build effective community partnerships that leverage public and private resources to better serve individuals with disabilities and improve employment outcomes.

A Disability Resource Coordinator, among other responsibilities, works to:

- Help expand the workforce development system to serve as Employment Networks under the Ticket to Work program;
- Provide services to Ticket Holders, as credentialed Benefits and Work Incentives Advisors;
- Develop and maintain partnerships and collaborative activities;
- Help ensure that job seekers with disabilities access all of the different programs and services they need to meet their employment and asset development goals;
- Assist with Career Center staff and partner training; and
- Assist in maintaining and ensuring the accessibility of the Career Centers.

DEI Staff Contact Information

Tim Casella

DEI State Lead

State Office Campus

Building 12, Room 425

Albany, New York 12240

timothy.casella@labor.ny.gov

P: (518) 457-2381

Geri Walsh

Statewide DRC

Career Central

175 Central Avenue

Albany, New York 12206

statedrc@capreg.org

P: (518) 462-7600 ext. 157

This federally-funded disability employment service is available in the ten of New York State's Career Centers listed below:

County	Disability Resource Coordinator	Employment Network
Cayuga	Emily Tortorici etortorici@cscaa.com P: (315) 253-1013	Cayuga Works Career Center 199 Franklin Street, Suite 204 Auburn, New York 13021
Cortland	Kelly Garrett kgarrett@cortland-co.org P: (607) 756-7585 ext. 3258	Cortland Works Career Center 99 Main Street Cortland, New York 13045
Nassau	Van White vwhite@hempsteadworks.com P: (516) 485-5000 ext. 1129	Hempstead Works Career Center Hempstead Executive Plaza

County	Disability Resource Coordinator	Employment Network
	Maria Lombardi mlombardi@hempsteadworks.com P: (516) 485-5000 ext. 1113	50 Clinton Street, Suite 400 Hempstead, New York 11550
	Aurora Berman aberman@hempsteadworks.com P: (516) 485-5000 ext. 1125	
Saratoga	John Banas jbanas@saratogacountyny.gov P: (518) 884-4907	Saratoga County Employment & Training 152 West High Street Ballston Spa, New York 12020
Suffolk	Timothy Carew timothy.carew@suffolkcountyny.gov P: (631) 853-6634	Suffolk County Department of Labor, Licensing & Consumer Affairs 725 Veterans Memorial Highway Hauppauge, New York 11788
Suffolk	James Eddings james.eddings@suffolkcountyny.gov P: (631) 853-2025<	Suffolk Works Employment Program 395 Oser Avenue Hauppauge, New York 11788
		Workforce New York Career Center 160 South Ocean Avenue Patchogue, New York 11772
Suffolk	Kenneth Klassert ken.klassert@suffolkcountyny.gov P: (631) 687-4860	Suffolk County Department of Labor, Licensing & Consumer Affairs 300 Center Drive, Room S-12 Riverhead, New York 11901
Warren	Gail Clark clarkg@warrencountyny.gov P: (518) 743-0925 ext. 8879	Career Center of Warren County Northway Plaza, Suite 13C Queensbury, New York

County	Disability Resource Coordinator	Employment Network
Washington	Thomas Pooler tpooler@co.washington.ny.us P: (518) 746-2390 ext. 3183	12804 Career Center of Washington County 383 Broadway Fort Edward, New York 12828

Other Resources

The Technology Related Assistance for Individuals with Disabilities (TRAID) Program

Program Goal:

To help persons with disabilities to obtain needed assistive technology services and devices.

Eligibility

Services are available to people of all ages with disabilities, their family members, service providers, employers, educators, and others who are interested in disability issues or assistive technology.

Program Description

The TRAID Program supports a system that responds to the individual needs of people with disabilities who need assistive technology. The TRAID Program helps people learn about, obtain, and be able to use assistive technology services and devices which meet their needs. TRAID is federally funded and administered by the Justice Center.

New York State residents can call the agency's toll-free telephone number below for information on many disability-related subjects, including assistive technology. The professionals who staff the information and referral line have access to:

- TRAID-IN Equipment Exchange Service: a matching service for people wanting to list technology equipment to buy, sell or donate to others. This service is available through the Justice Center website (see below).
- TRAID staff are knowledgeable about the policies and procedures of available programs and funding sources for assistive technology.
-

The Program funds twelve Regional TRAID Centers that offer local assistive technology-related information and referral, product demonstrations, device loans and advocacy and awareness services. These centers also operate an assistive technology device lending service for infants and toddlers and their families funded by the New York State Health Department's Early Intervention Program. TRAID also receives funds from the NYSDOH Money Follow the Person (MFP) program to purchase devices for loan to people who want to leave institutions and live independently in their communities.

For More Information

Call or contact <http://www.justicecenter.ny.gov/services-supports/assistive-technology-traid/locations> to locate the nearest Regional TRAIID Center. Materials are offered in Spanish, Braille, and large print and alternative formats

Contact:

NYS Justice Center

TRAIID Program

Phone: (800) 624-4143 (Voice/TTY/Spanish)

Adapted from: http://www.health.ny.gov/publications/0548/the_triad_program.htm and <http://www.justicecenter.ny.gov/services-supports/assistive-technology-traid>

New York State Assistive Technology (AT) Project Neighborhood Legal Services, Inc.

Individual Representation (Hearings, Litigation): The AT Project represent children and adults, statewide, when funding for AT/specialized equipment is denied. It handles cases involving Medicaid, Medicare, special education, private insurance and a range of other issues. In some cases, it may refer you to an attorney or advocate in your part of the state, who can assist you for no charge.

Technical Assistance (TA): The AT Project provides technical assistance to callers statewide. This may involve information about how to apply for funding from a government agency or it may involve extensive consultation on how best to present evidence at an upcoming hearing. The AT Project is always willing to review draft letters of justification and provide input on how to improve the letter. It will share resources with callers to assist them in advocating for themselves or others.

Training by Our Staff: The AT Project periodically offer training covering topics such as Medicaid criteria for funding AT, preparing letters of medical justification, and obligations of Medicaid managed care agencies. It can also come to your agency or training event, in some cases, do a presentation.

Other Resource Materials: The AT Project is a statewide clearinghouse for resources needed to advocate for AT. This includes, for example: winning Medicaid hearing decisions awarding funding for AT, court decisions from NY and other states awarding funding for AT; the briefs and written arguments submitted in hearings and litigation; and a range of medical and technical resources, including published articles, research findings, etc., to support an appeal.
(Contact Marge Gustas, 716-847-0655 Ext. 256 or mgustas@nls.org to obtain these services.)

Adapted from <http://www.nls.org/Disability/NYSAssistiveTechnologyProject>

New York State Disability Benefits

Employers who hire employees in New York State are required to provide statutory disability benefits insurance for their employees unless they are considered exempt (as defined by New York State Law).

New York State disability benefits insurance provides temporary cash benefits paid to an eligible wage earner who is disabled by an OFF THE JOB illness or injury, and for disabilities arising from pregnancies.

The Disability Benefits Law provides weekly cash benefits to replace, in part, wages lost due to illness or injury that do not arise out of or in the course of employment. Disability benefits include cash payments only. Medical care is the responsibility of the claimant. Medical care is not paid for by the employer or insurance carrier.

You can direct your questions regarding employer compliance with the Disability Benefits Law to the Disability Benefits Coverage Section at the following address:

NYS Workers' Compensation Board
Disability Benefits Bureau
100 Broadway – Menands
Albany, NY 12241-0005

Or, you may contact the NYS Workers' Compensation Board toll free at 1-800-353-3092.

Adapted from <http://ww3.nysif.com/DisabilityBenefits/AboutDisabilityBenefits.aspx>

Other New York State Government Advocacy Organizations:

The Justice Center that provides the information and referral line also provides disability advocacy as a core function. Its strategies include:

- **Self-Advocacy**
- **Citizen Advocacy**
- **Systems Advocacy**
- **Legal Advocacy** – individual legal representation, or instituting or intervening in lawsuits, administrative or judicial appeal processes or affecting other systems change through the legal process.

The Justice Center provides direct advocacy services and supports, education, information, referrals, short-term case advocacy, systems advocacy, and training and technical assistance to support and empower individuals. Advocacy services are *not* limited to persons who are identified as vulnerable persons under the laws governing the Justice Center, but include persons of all ages, with all types of disabilities, in all environments. Advocacy services and technical assistance are also provided to family members, guardians, public and private entities, service providers, employers, educators, policy-makers, and others.

Adapted from <http://www.justicecenter.ny.gov/services-supports/advocacy>

How do I sign up for Private Health Insurance in New York?

New York has its own health care marketplace or exchange to purchase *private* health insurance under the Affordable Care Act. You can purchase your private health insurance on the website <http://www.healthbenefitexchange.ny.gov/> If you qualify for Medicaid, you should apply in person at the local county department of social services.

How does the New York Antidiscrimination Law protect me?

The New York Human Rights Law prohibits discrimination based on disability in employment, in places of public accommodation, resort or amusement, in educational institutions, in public services, in housing accommodations, in commercial space and in credit transactions. Under the law, New York defines employers as employers with four or more employees making them **subject to the state's antidiscrimination law**.

The Division of Human Rights at www.dhr.ny.gov enforces state antidiscrimination law in New York. You can contact the Division of Human Rights at 718-741-8400.

You may want to consult an attorney because you have more than one way to proceed in a discrimination case and you want to preserve your rights.

Adapted from www.dhr.ny.gov/law

NEW YORK RESOURCES

Centers for Independent Living

Centers for Independent Living (many funded through the Division of Vocational Rehabilitation Services) are community-based, consumer-driven organizations that provide peer counseling, skills training, advocacy, information and referral, and a variety of services based on individual needs. They provide

- Peer Support
- Individual and System Advocacy
- Independent Living Skills Training
- Development of Independent Living Plans

Access to Independence of Cortland County, Inc.

Address(es):

26 North Main

Cortland, NY 13045

<http://www.aticortland.org>

Email: info@aticortland.org

Phone Numbers:

Local: (607) 753-7363

Fax: (607) 756-4884

Accessible: (607) 753-7363
Accessible Phone Type: TTY
Name: Chad Underwood
Email: cwunderwood@aticortland.org
Counties Served: Cortland

Action Toward Independence (ATI)
Address(es):
309 East Broadway
Suite A
Monticello, NY 12701
<http://www.atitoday.org>
Phone Numbers:
Local: (845) 794-4228
Fax: (845) 794-4475
Accessible: (845) 794-4228
Accessible Phone Type: TTY
Name: Stephen McLaughlin
Email: smclaughlin@atitoday.org
Counties Served: Sullivan

Action Toward Independence - Middletown
Address(es):
126 Seward Avenue
P.O. Box 359
Middletown, NY 10940
<http://atitoday.org/>
Email: szecchini@atitoday.org
Phone Numbers:
Local: (845) 343-4284
Fax: (845) 343-5269
Accessible: (845) 343-4284
Accessible Phone Type: TTY
Name: Steven McLaughlin
Email: Smclaughlin@atitoday.org
Counties Served: Orange

AIM ILC
Address(es):
271 East First Street
Corning, NY 14830
<http://www.aimcil.com>
Phone Numbers:

Local: (607) 962-8225
Fax: (607) 937-5125
Accessible Phone Type: Relay - dial 711
Name: Rene Snyder
Email: rene@aimcil.com
Counties Served: Unknown

AIM ILC - Bath
Address(es):
117 East Steuben Street
Bath, NY 14810
<http://www.aimcil.com>
Phone Numbers:
Local: (607) 776-1481
Accessible: (607) 776-1481
Accessible Phone Type: TTY
Name: Rene Snyder
Email: rene@aimcil.com
Counties Served: Unknown

AIM ILC - Belmont
Address(es):
84 Schuyler Street
Belmont, NY 14813
<http://www.aimcil.com>
Phone Numbers:
Local: (888) 962-8244 x410
Fax: (585) 268-8037
Name: Rene Snyder
Email: rene@aimcil.com
Counties Served: Unknown

AIM ILC - Elmira
Address(es):
650 Baldwin Street
Elmira, NY 14901
<http://www.aimcil.com>
Email: eaimoffice@aimcil.com
Phone Numbers:
Local: (607) 733-3718
Fax: (607) 733-0180
Accessible: (607) 215-7836
Accessible Phone Type: Video

Name: Rene Snyder
Email: rene@aimcil.com
Counties Served: Unknown

AIM ILC - Hornell
Address(es):
By appointment only
Hornell, NY 14843
<http://www.aimcil.com>
Phone Numbers:
Local: (888) 962-8244
Name: Rene Snyder
Email: rene@aimcil.com
Counties Served: Unknown

AIM ILC - Montour Falls
Address(es):
323 Owego Street
Montour Falls, NY 14865
<http://www.aimcil.com>
Phone Numbers:
Local: (607) 535-6817
Toll-free: (888) 962-8244
Name: Rene Snyder
Email: rene@aimcil.com
Counties Served: Unknown

ARISE
Address(es):
635 James Street
Syracuse, NY 13203
<http://www.ariseinc.org>
Email: info@ariseinc.org
Phone Numbers:
Local: (315) 472-3171
Fax: (315) 472-9252
Accessible: (315) 479-6363
Accessible Phone Type: TTY
Name: Tom McKeown
Email: tmckeown@ariseinc.org
Counties Served: Madison, Onondaga, Oswego
ARISE - Chittenango
Address(es):
1972 New Boston Road
Chittenango, NY 13037

<http://www.ariseinc.org>
Email: info@ariseinc.org
Phone Numbers:
Local: (315) 687-6727
Fax: (315) 687-5794
Name: Tom McKeown
Email: tmckeown@ariseinc.org
Counties Served: Unknown

ARISE - Fulton
Address(es):
113 Schuyler Street
Suite 2
Fulton, NY 13069
<http://www.ariseinc.org>
Email: info@ariseinc.org
Phone Numbers:
Local: (315) 887-5156
Fax: (315) 297-4164
Name: Tom McKeown
Email: tmckeown@ariseinc.org
Counties Served: Unknown

ARISE - Oneida
Address(es):
131 Main Street
Suite 107
Oneida, NY 13421
<http://www.ariseinc.org>
Email: info@ariseinc.org
Phone Numbers:
Local: (315) 363-4672
Fax: (315) 363-4672
Accessible: (315) 363-2364
Accessible Phone Type: TTY
Name: Tom McKeown
Email: tmckeown@ariseinc.org
Counties Served: Unknown

ARISE - Oswego
Address(es):
9 Fourth Avenue
Oswego, NY 13126
<http://www.ariseinc.org>
Email: info@ariseinc.org

Phone Numbers:

Local: (315) 342-4088

Fax: (315) 342-4107

Accessible: (315) 342-8696

Accessible Phone Type: TTY

Name: Sabine Ingerson

Email: singerson@ariseinc.org

Counties Served: Onondaga, Oswego, Madison

ARISE - Pulaski

Address(es):

2 Broad Street

Pulaski, NY 13142

<http://www.ariseinc.org>

Email: info@ariseinc.org

Phone Numbers:

Local: (315) 298-5726

Fax: (315) 298-5729

Name: Tom McKeown

Email: tmckeown@ariseinc.org

Counties Served: Unknown

Bronx Independent Living Services (BILS)

Address(es):

4419 Third Avenue

Suite 2C

Bronx, NY 10457

<http://www.bils.org>

Phone Numbers:

Local: (718) 515-2800

Fax: (718) 515-2844

Accessible: (718) 515-2803

Accessible Phone Type: TTY

Name: Brett Eisenberg

Email: brett@bils.org

Counties Served: Bronx

Brooklyn Center for Independence of the Disabled (BCID)

Address(es):

27 Smith Street

Suite 200

Brooklyn, NY 11201

<http://www.bcid.org>

Phone Numbers:

Local: (718) 998-3000
Fax: (718) 998-3473
Accessible: (718) 998-7406
Accessible Phone Type: TTY
Name: Joan Peters
Email: jpeters@bcid.org
Counties Served: Unknown

Capital District Center for Independence - Schenectady
Address(es):
105 Jay Street, Room 2
Schenectady, NY 12305
<http://www.cdciweb.com>
Email: dwerner@cdciweb.com
Phone Numbers:
Local: (518) 459-6422
Fax: (518) 982-0445
Name: Judy Zuchero
Email: judyzuchero@cdciweb.com
Counties Served: Unknown

Capital District Center for Independence, Inc. (CDCI)
Address(es):
845 Central Avenue, South
Suite 3
Albany, NY 12206
<http://www.cdciweb.com>
Email: dwerner@cdciweb.com
Phone Numbers:
Local: (518) 459-6422
Fax: (518) 459-7847
Accessible: (518) 459-6422
Accessible Phone Type: TTY
Name: Laurel Lei Kelley
Email: lkelly@cdciweb.com
Counties Served: Unknown

Catskill Center for Independence (CCFI)
Address(es):
6104 State Highway 23
P.O. Box 1247
Oneonta, NY 13820
<http://www.ccfi.us>
Email: ccfi@ccfi.us
Phone Numbers:

Local: (607) 432-8000
Fax: (607) 432-6907
Accessible: (607) 432-8000
Accessible Phone Type: TTY
Name: Chris Zachmeyer
Counties Served: Unknown

Center for Disability Rights
Address(es):
497 State Street
Rochester, NY 14608
<http://www.cdrnys.org/>
Phone Numbers:
Local: (585) 546-7510
Fax: (585) 546-5643
Accessible: (585) 546-7510
Accessible Phone Type: TTY
Name: Bruce Darling
Email: bdarling@cdrnys.org
Counties Served: Monroe, Ontario, Livingston, Yates, Wayne

Center for Disability Rights - Albany
Address(es):
99 Washington Avenue
Suite 806B
Albany, NY 12210
<http://www.cdrnys.org/>
Phone Numbers:
Local: (518) 320-7100
Name: Bruce Darling
Email: bdarling@cdrnys.org
Counties Served: Unknown

Center for Disability Rights - Corning
Address(es):
23 West Market Street
Suite 103
Corning, NY 14830
<http://www.cdrnys.org/>
Phone Numbers:
Local: (607) 654-0030
Fax: (607) 936-1258
Accessible: (607) 654-0030
Accessible Phone Type: TTY

Name: Bruce Darling
Email: bdarling@cdrnys.org
Counties Served: Unknown

Center for Disability Rights - Geneva

Address(es):
34 Castle Street
Geneva, NY 14456
<http://www.cdrnys.org>
Phone Numbers:
Local: (315) 789-1800
Fax: (315) 789-2100
Accessible: (315) 789-1800
Accessible Phone Type: TTY
Name: Bruce Darling
Email: bdarling@cdrnys.org
Counties Served: Unknown

Center for Independence of the Disabled in New York (CIDNY)

Address(es):
841 Broadway
Suite 301
New York, NY 10003
<http://www.cidny.org>
Email: info@cidny.org
Phone Numbers:
Local: (212) 674-2300
Fax: (212) 254-5953
Accessible: (212) 674-5619
Accessible Phone Type: TTY
Name: Susan Dooha
Email: sdooha@cidny.org
Counties Served: New York

CIDNY - Kew Gardens

Address(es):
80-02 Kew Gardens Road
Suite 107
Kew Gardens, NY 11415
<http://www.cidny.org>
Phone Numbers:
Local: (646) 442-1520
Fax: (718) 886-0428
Accessible: (718) 886-0427
Accessible Phone Type: TTY

Director:

Name: Susan Dooha

Email: sdooha@cidny.org

Counties Served: Queens

Directions in Independent Living

Address(es):

512 West State Street

Olean, NY 14760

<http://www.oleanilc.org>

Email: info@oleanilc.org

Phone Numbers:

Local: (716) 373-4602

Toll-free: (800) 330-6305

Fax: (716) 373-4602

Accessible: (716) 373-4602

Accessible Phone Type: TTY

Name: Leonard Liguori

Email: lennyliguori@adelphia.net

Counties Served: Cattaraugus, Allegany

Finger Lakes Independence Center

Address(es):

215 Fifth Street

Ithaca, NY 14850

Phone Numbers:

Local: (607) 272-2433

Name: Jan Lynch

Counties Served: Tompkins

Harlem Independent Living Center (HILC)

Address(es):

289 St. Nicholas Avenue

Suite 21, Lower Level

New York, NY 10027

Phone Numbers:

Local: (212) 222-7122

Toll-free: (800) 673-2371

Fax: (212) 222-7199

Accessible: (212) 222-7198

Accessible Phone Type: TTY

Name: Christina Curry

Email: cexec@hilc.org

Counties Served: NYC

IL of Genesee Region (ILGR)

Address(es):

113 Main Street

Suite 5

Batavia, NY 14020

<http://wnyil.org/ilgr/>

Phone Numbers:

Local: (585) 815-8501

Fax: (585) 815-8502

Accessible: (585) 815-8501

Accessible Phone Type: TTY

Name: Doug Usiak

Email: djusiak@buffalo.edu

Counties Served: Genesee, Orleans, Wyoming

Independent Living - Monticello

Address(es):

10 Prince Street

Suite 12

Monticello, NY 12701

<http://www.myindependentliving.org>

Email: nshepard@myindependentliving.org

Phone Numbers:

Local: (845) 794-3322

Accessible: (845) 764-8384

Accessible Phone Type: Video

Name: Douglas Hovey

Email: dhovey@myindependentliving.org

Counties Served: Unknown

Independent Living Center of the Hudson Valley (ILCHV)

Address(es):

15-17 Third Street

Troy, NY 12180

<http://www.ilchv.org>

Phone Numbers:

Local: (518) 274-0701

Fax: (518) 274-7944

Accessible: (518) 274-0701

Accessible Phone Type: TTY

Name: Denise Figueroa

Email: dfigueroa@ilchv.org

Counties Served: Rensselaer, Columbia

Independent Living Center of the Hudson Valley - Hudson

Address(es):

802 Columbia Street
Hudson, NY 12534
<http://www.ilchv.org>
Email: ilchv@taconic.net
Phone Numbers:
Local: (518) 828-4886
Fax: (518) 828-2592
Accessible: (518) 828-6293
Accessible Phone Type: TTY
Name: Karen Garofallou
Email: kgarofallou@ilchv.org
Counties Served: Unknown

Independent Living of Niagara County
Address(es):
746 Portage Road
Niagara Falls, NY 14301
http://wnyil.org/?doing_wp_cron=1386883353.5315160751342773437500
Phone Numbers:
Local: (716) 284-4131
Toll-free: (855) 366-1042
Fax: (716) 284-3230
Accessible: (716) 284-4131
Accessible Phone Type: TTY
Name: Sarah Lanzo
Email: slanzo@wnyil.org
Counties Served: Unknown

Independent Living Project of Western New York (WNYIL)
Address(es):
3108 Main Street
Buffalo, NY 14214
http://wnyil.org/?doing_wp_cron=1386880122.0336890220642089843750
Phone Numbers:
Local: (716) 836-0822
Fax: (716) 835-3967
Accessible: (716) 836-0822
Accessible Phone Type: TTY
Name: Douglas Usiak
Email: djusiak@buffalo.edu
Counties Served: Unknown

Independent Living, Inc.
Address(es):

5 Washington Terrace
Newburgh, NY 12550
<http://www.myindependentliving.org>
Phone Numbers:
Local: (845) 565-1162
Fax: (845) 565-0567
Accessible: (845) 764-8384
Accessible Phone Type: TTY
Name: Doug Hovey
Email: dhovey@myindependentliving.org
Counties Served: Orange, Ulster, Dutchess, Sullivan, Putnam

Independent Living, Inc. - Middletown
Address(es):
66 Bennett Street
Middletown, NY 10940
<http://www.myindependentliving.org>
Email: dhutting@myindependentliving.org
Phone Numbers:
Local: (845) 342-1162
Name: Doug Hovey
Email: dhovey@myindependentliving.org
Counties Served: Unknown

Long Island Center for Independent Living (LICIL)
Address(es):
3601 Hempstead Turnpike
Suite 208
Levittown, NY 11756
<http://licil.net/wordpress/>
Email: licil@aol.com
Phone Numbers:
Local: (516) 796-0144
Fax: (516) 796-0529
Accessible: (516) 796-0135
Accessible Phone Type: TTY
Name: Patricia Moore
Counties Served: Nassau

Massena Independent Living Center
Address(es):
156 Center Street
Massena, NY 13662
<http://milcinc.org/>
Email: mindepli@twcnny.rr.com

Phone Numbers:

Local: (315) 764-9442

Toll-free: (866) 772-2482

Fax: (315) 764-9464

Accessible: (315) 764-9442

Accessible Phone Type: TTY

Name: Jeff Reifensnyder

Counties Served: St. Lawrence, Franklin

Massena Independent Living Center - Malone

Address(es):

41 Pearl Street

Malone, NY 12953

Email: mindepli@twcny.rr.com

Phone Numbers:

Local: (518) 483-2151

Name: Jennifer Rose

Email: jennifersuerose@wildblue.net

Counties Served: Unknown

North Country Center for Independence

Address(es):

102 Sharron Avenue

Plattsburgh, NY 12901

<http://www.ncci-online.com>

Phone Numbers:

Local: (518) 563-9058

Fax: (518) 563-0292

Accessible: (518) 563-9058

Accessible Phone Type: TTY

Name: Robert Poulin

Email: robert@ncci-online.com

Counties Served: Clinton, Essex

Northern Regional Center for Independent Living

Address(es):

210 Court Street

Suite 107

Watertown, NY 13601

<http://www.nrcil.net>

Phone Numbers:

Local: (315) 785-8703

Toll-free: (800) 585-8703

Fax: (315) 785-8612

Accessible: (315) 785-8704
Accessible Phone Type: TTY
Name: Brenda Company
Email: brendac@nrcil.net
Counties Served: Unknown

Northern Regional CIL - Lowville
Address(es):
7632 North State Street
Lowville, NY 13367
<http://www.nrcil.net>
Phone Numbers:
Local: (315) 376-8696
Fax: (315) 376-3404
Accessible: (315) 376-8696
Accessible Phone Type: TTY
Name: Karen Bolvier
Email: karenb@nrcil.net
Counties Served: Unknown

NY Association on IL
Address(es):
99 Washington Avenue, Suite 806A
Albany, NY 12210
<http://www.ilny.org>
Email: mshaw@ilny.org
Phone Numbers:
Local: (518) 465-4650
Fax: (518) 465-4625
Name: Melanie Shaw

Options for Independence
Address(es):
75 Genesee Street
Auburn, NY 13021
Phone Numbers:
Local: (315) 255-3447
Fax: (315) 255-0836
Accessible: (315) 255-3447
Accessible Phone Type: TTY
Name: Greg Guy
Email: gguy@optionsforindependence.org
Counties Served: Cayuga, Seneca, New York

Putnam IL Services - Carmel

Address(es):
1961 Route 6
Carmel, NY 10512
<http://www.PutnamILS.org>
Phone Numbers:
Local: (845) 228-7457
Fax: (845) 228-7460
Name: Margaret Valenzuela
Email: mvalenzuela@putnamils.org
Counties Served: Unknown

Regional Center for Independent Living (RCIL)
Address(es):
497 State Street
Rochester, NY 14608
<http://www.rcil.org>
Phone Numbers:
Local: (585) 442-6470
Fax: (585) 271-8558
Accessible: (585) 442-6470
Accessible Phone Type: TTY
Name: Bruce Darling
Email: bdarling@rcil.org
Counties Served: Monroe, Ontario, Livingston, Yates, Wayne

Resource Center for Accessible Living (RCAL)
Address(es):
727 Ulster Avenue
Kingston, NY 12401
<http://www.rcal.org>
Email: rcal@hvc.rr.com
Phone Numbers:
Local: (845) 331-0541
Fax: (845) 331-2076
Accessible: (845) 331-8680
Accessible Phone Type: TTY
Name: Susan Hoger
Email: shoger@rcal.org
Counties Served: Unknown

Resource Center for Independent Living (RCIL)
Address(es):
409 Columbia Street
P.O. Box 210

Utica, NY 13503

<http://www.rcil.com>

Phone Numbers:

Local: (315) 797-4642

Fax: (315) 797-4747

Accessible: (315) 797-5837

Accessible Phone Type: TTY

Name: Zvia McCormick

Email: zvia.mccormick@RCIL.com

Counties Served: Unknown

Resource Center for Independent Living - Amsterdam

Address(es):

347 West Main Street

Amsterdam, NY 12010

<http://www.rcil.org>

Phone Numbers:

Local: (518) 842-3561

Fax: (518) 842-0904

Accessible: (518) 212-3033

Accessible Phone Type: TTY

Name: Miyoshi Collins

Email: mcollins@rcil.com

Counties Served: Montgomery, Fulton, Schoharie, Delaware

Resource Center for Independent Living - Herkimer

Address(es):

401 East German Street

Suite 208

Herkimer, NY 13350

<http://www.rcil.com>

Phone Numbers:

Local: (315) 866-7245

Fax: (315) 866-7280

Accessible: (315) 866-7246

Accessible Phone Type: TTY

Name: Sylvia Bunce

Email: sbunce@rcil.com

Counties Served: Unknown

Rockland Independent Living Center (RCIL)

Address(es):

873 Route 45

Suite 108

New City, NY 10956

<http://www.rilc.org>

Email: info@rilc.org

Phone Numbers:

Local: (845) 624-1366

Fax: (845) 624-1369

Accessible: (845) 624-0847

Accessible Phone Type: TTY

Name: George Hoehmann

Email: ghoehmann@rilc.org

Counties Served: Rockland

Southern Adirondack ILC - Ballston Spa

Address(es):

418 Geyser Road Country Club Plaza

Ballston Spa, NY 12020

<http://www.sail-center.org>

Email: gfilc@adelphia.net

Phone Numbers:

Local: (518) 584-8202

Fax: (518) 584-1195

Accessible: (518) 584-4752

Accessible Phone Type: TTY

Name: Karen Thayer

Email: kannthayer@aol.com

Counties Served: Saratoga

Southern Adirondack Independent Living Center (SAIL)

Address(es):

71 Glenwood Avenue

Queensbury, NY 12804

<http://www.sail-center.org>

Email: sail@sail-center.org

Phone Numbers:

Local: (518) 792-3537

Fax: (518) 792-0979

Accessible: (518) 792-0505

Accessible Phone Type: TTY

Name: Karen Thayer

Email: kannthayer@aol.com

Counties Served: Warren, Saratoga

Southern Tier Independence Center

Address(es):

135 East Frederick Street

Binghamton, NY 13904

<http://www.stic-cil.org>

Email: stic@stic-cil.org

Phone Numbers:

Local: (607) 724-2111

Fax: (607) 722-3600

Accessible: (607) 724-2111

Accessible Phone Type: TTY

Name: Maria Dibble

Email: mdibble@stic-cil.org

Counties Served: Broome, Chenango, Tioga

Southwestern Independent Living Center

Address(es):

843 North Main Street

Jamestown, NY 14701

<http://www.ilc-jamestown-ny.org>

Email: info@ilc-jamestown-ny.org

Phone Numbers:

Local: (716) 661-3010

Fax: (716) 661-3011

Accessible: (716) 661-3012

Accessible Phone Type: TTY

Name: Marie Carrubba

Email: marie@ilc-jamestown-ny.org

Counties Served: NYS, Chautauqua

Staten Island Center for Independent Living (SICIL)

Address(es):

470 Castleton Avenue

Staten Island, NY 10301

Email: sicil@verizon.net

Phone Numbers:

Local: (718) 720-9016

Fax: (718) 720-9664

Accessible: (718) 720-9870

Name: Lorraine DeSantis

Email: lorraine.desantis@verizon.net

Counties Served: Richmond

Suffolk Independent Living Organization (SILO)

Address(es):

2111 Lakeland Avenue

Ronkonkoma, NY 11779

<http://www.siloinc.org>

Phone Numbers:

Local: (631) 880-7929
Fax: (631) 946-6377
Accessible: (631) 946-6585
Accessible Phone Type: TTY
Name: Joseph Delgado
Email: jdelgado@siloinc.org
Counties Served: Unknown

Taconic Resources for Independence
Address(es):
82 Washington Street
Suite 214
Poughkeepsie, NY 12601
<http://www.taconicresources.org/>
Phone Numbers:
Local: (845) 452-3913
Fax: (914) 485-3196
Accessible: (845) 345-8416
Accessible Phone Type: Video
Name: Cynthia Fiore
Email: c.fiore@taconicresources.net
Counties Served: Dutchess

Tri Lakes CIL (TLCIL)
Address(es):
43 Broadway
Suite 1
Saranac Lake, NY 12983
<http://www.tlcil.org>
Email: info@tlcil.org
Phone Numbers:
Local: (518) 891-5295
Toll-free: (866) 891-5295
Fax: (518) 891-5293
Accessible: (518) 891-5293
Accessible Phone Type: TTY
Name: Nathan Cox
Email: nathan@tlcil.org
Counties Served: Franklin, Essex

Westchester Disabled on the Move
Address(es):
984 North Broadway
Suite L-10
Yonkers, NY 10701

<http://www.wdom.org>

Email: info@wdom.org

Phone Numbers:

Local: (914) 968-4717

Fax: (914) 968-6137

Accessible: (914) 968-4717

Name: Melvyn Tanzman

Email: melt@wdom.org

Counties Served: Westchester

Westchester Independent Living Center (WILC)

Address(es):

200 Hamilton Avenue

Second Floor

White Plains, NY 10601

<http://www.wilc.org>

Phone Numbers:

Local: (914) 682-3926

Toll-free: (866) 933-5390

Fax: (914) 682-8518

Accessible: (914) 682-0926

Accessible Phone Type: TTY

Name: Joe Bravo

Email: JBravo@wilc.org

Counties Served: Unknown

Local Departments of Social Services (outside New York City)

[Albany County DSS](#), 162 Washington Avenue, Albany, New York 12210, (518) 447-7492

[Allegany County DSS](#), 7 Court St., Belmont, New York 14813-1077, (585) 268-9622

[Broome County DSS](#), 36-42 Main Street, Binghamton, New York 13905-3199, (607) 778-8850

[Cattaraugus County DSS](#), Cattaraugus County Building, 1701 Lincoln Avenue Suite 6010, Olean, New York 14760-1158, (716) 373-8065

[Cayuga County DSS](#), County Office Building, 160 Genesee Street, Auburn, New York 13021-3433, (315) 253-1011

[Chautauqua County DSS](#), Hall R. Clothier Building, Mayville, New York 14757, (716) 753-4421

[Chemung County DSS](#), Human Resource Center, 425 Pennsylvania Ave PO Box 588, Elmira, New York 14902, (607) 737-5302

[Chenango County DSS](#), PO Box 590, Court Street, Norwich, New York 13815, (607) 337-1500

[Clinton County DSS](#), 13 Durkee Street, Plattsburgh, New York 12901-2911, (518) 565-3300
Columbia County

[Columbia County DSS](#), 25 Railroad Avenue, PO Box 458, Hudson, New York 12534, (518) 828-9411/12

[Cortland County DSS](#), 60 Central Avenue, Cortland, New York 13045-5590, (607) 753-5248

[Delaware County DSS](#), 111 Main Street, Delhi, New York 13753, (607) 746-2325

[Dutchess County DSS](#), 60 Market Street, Poughkeepsie, New York 12601-3299, (845) 486-3000

[Erie County DSS](#), 95 Franklin Street, Buffalo, New York 14202-3959, (716) 858-8000

[Essex County DSS](#), 7551 Court Street, PO Box 217, Elizabethtown, New York 12932-0217, (518) 873-3441

[Franklin County DSS](#), 355 W. Main St., Malone, New York 12953, (518) 483-6770

[Fulton County DSS](#), 4 Daisy Lane, PO Box 549, Johnstown, New York 12095, (518) 736-5600

[Genesee County DSS](#), 5130 East Main Street, Suite #3, Batavia, New York 14020, (585) 344-2580

[Greene County DSS](#), 411 Main Street, PO Box 528, Catskill, New York 12414-1716, (518) 943-3200

[Hamilton County DSS](#), PO Box 725, White Birch Lane, Indian Lake, New York 12842-0725, (518) 648-6131

[Herkimer County DSS](#), 301 North Washington Street, Suite 2110, Herkimer, New York 13350, (315) 867-1291

[Jefferson County DSS](#), 250 Arsenal Street, Watertown, New York 13601, (315) 782-9030

[Lewis County DSS](#), PO Box 193, Lowville, New York 13367, (315) 376-5400

[Livingston County DSS](#), 1 Murray Hill Drive, Mt. Morris, New York 14510-1699, (585) 243-7300

[Madison County DSS](#), PO Box 637, North Court Street, Wampsville, New York 13163, 315-366-2211

[Monroe County DSS](#), 111 Westfall Road, Rochester, New York 14620-4686, (585) 753-2740

[Montgomery County DSS](#), County Office Building, PO Box 745, Fonda, New York 12068, (518) 853-4646

[Nassau County DSS](#), 60 Charles Lindbergh blvd., Uniondale, New York 11553-3656, (516) 227-7474

[Niagara County DSS](#), 20 East Avenue, PO Box 506, Lockport, New York 14095-0506, (716) 439-7600

[Oneida County DSS](#), 800 Park Avenue, Utica, New York 13501-2981, (315) 798-5632

[Onondaga County Civic Center](#), 421 Montgomery Street, Syracuse, New York 13202-2923, (315) 435-2928

[Ontario County DSS](#), 3010 County Complex Drive, Canandaigua, New York 14424-1296, 1(877) 814-6907 for outside the County area (585) 396-4060

[Orange County DSS](#), Box Z, 11 Quarry Road, Goshen, New York 10924-0678, (845) 291-4000

[Orleans County DSS](#), 14016 Route 31 West, Albion, New York 14411-9365, (585) 589-7000

[Oswego County DSS](#), 100 Spring Street, PO Box 1320, Mexico, New York 13114, (315) 963-5000

[Otsego County DSS](#), County Office Building, 197 Main Street, Cooperstown, New York 13326-1196, (607) 547-1700

[Putnam County DSS](#), 110 Old Route Six Center, Carmel, New York 10512-2110, (845) 225-7040

[Rensselaer County DSS](#), 1801 6th Avenue, Troy, New York 12180, (518) 270-3928

[Rockland County DSS](#), Building L, Sanatorium Road, Pomona, New York 10970, (845) 364-3040

[Saratoga County DSS](#), 152 West High Street, Ballston Spa, New York 12020, (518) 884-4148

[Schenectady County DSS](#), 797 Broadway, Schenectady, New York 12305, (518) 388-4470

[Schoharie County DSS](#), County Office Building, PO Box 687, Schoharie, New York 12157, (518) 295-8334

[Schuyler County DSS](#), County Office Building, 323 Owego Street, Montour Falls, New York 14865, (607) 535-8303

[Seneca County DSS](#), 1 Di Pronio Drive, PO Box 690, Waterloo, New York 13165-0690, (315) 539-1800

[St. Lawrence County DSS](#), Harold B. Smith County Office Bldg., 6 Judson Street, Canton, New York 13617-1197, (315) 379-2111

[Steuben County DSS](#), 3 East Pulteney Square, Bath, New York 14810, (607) 776-7611

[Suffolk County DSS](#), 3085 Veterans Memorial Highway, Ronkonkoma, New York 11779-8900, (631) 854-9700 Riverhead (631) 852-3710, Hauppauge (631) 853-8730

[Sullivan County DSS](#), P.O. Box 231, 16 Community Lane, Liberty, New York 12754, (845) 292-0100

[Tioga County DSS](#), PO Box 240, Owego, New York 13827, (607) 687-8300

[Tompkins County DSS](#), 320 West State Street, Ithaca, New York 14850, (607) 274-5359

[Ulster County DSS](#), 1061 Development Court, Kingston, New York 12401-1959, (845) 334-5000

[Warren County DSS](#), Municipal Center Annex, 1340 State Route 9, Lake George, New York 12845-9803, (518) 761-6321

[Washington County DSS](#), Municipal Building, 383 Broadway, Fort Edward, New York 12828, (518) 746-2300

[Wayne County DSS](#), 77 Water Street, PO Box 10, Lyons, New York 14489-0010, (315) 946-4881

[Westchester County DSS](#), White Plains District Office, 85 Court Street, White Plains, New York 10601-4201, (914) 995-3333

[Wyoming County DSS](#), 466 North Main Street, Warsaw, New York 14569-1080, (585) 786-8900

[Yates County DSS](#), County Office Building, 417 Liberty St. Suite 2122, Penn Yan, New York 14527-1118, (315) 536-5183

Questions or comments: medicaid@health.state.ny.us

New York City Medicaid Offices

[Human Resources Administration](#), (718) 557-1399 (within the five boroughs of New York City)

The Medicaid offices are open from: 9:00 AM to 5:00 PM Monday through Friday.

Manhattan

Bellevue Hospital Medicaid Office (Temporarily Closed),
462 First Avenue "G" Link (Ground Floor)
212-679-7424

Chinatown, 115 Chrystie Street (5th floor)
(212) 334-6114

Metropolitan Hospital, 1901 First Avenue (1st Floor, Room 1D-27)
212-423-7006

Manhattanville, 520-530 West 135th Street (1st Floor)
212-939-0207 | 212-939-0208

Brooklyn

Boerum Hill,
35 4th Avenue, Brooklyn, NY
718-623-7427 | 718-623-7428

Coney Island
3050 West 21st Street, Brooklyn, NY
929-221-3776/3790

East New York
2094 Pitkin Avenue (Basement), Brooklyn NY
718-922-8292 | 718-922-8293

Kings County Hospital
441 Clarkson Ave. "T" Bldg. Nurses' Residence (1st Fl.)
718-221-2300 | 718-221-2301

Bronx

Lincoln Hospital
234 East 149th St. (Basement, Room B-75)
718-585-7872 | 718-585-7920

North Central Bronx Hospital

3424 Kossuth Avenue (1st Floor, Room 1A 05)
718-920-1070

Morrisania
1225 Gerard Avenue (Basement)
718-960-2799 | 718-960-2752

Queens
Queens Community Office
45-12 32nd Place
718-752-4540

Staten Island
Staten Island Office
215 Bay Street, Staten Island, NY
718-420-4660/4732

TRAID Center Locations by Region

Long Island TRAIID Center
Long Island Communities of Practice
P.O. Box 5013
Montauk, NY 11954
631-668-4858 (Voice)
631-668-6079 (Fax)
631-668-4858 (Voice/TTY)
Website: www.licop.org/traid.html
Contact: Helene Fallon or Randy Young

Nassau Location:
77 Arkay Drive
P.O. Box 12173
Hauppauge, NY 11788

Suffolk Location:
44 So. Elmwood Ave.
P.O.Box 214
Montauk, NY 11954
631-668-4858 (Voice)
631-668-6079 (Fax)

Central New York TRAIID Center

Enable

1603 Court Street
Syracuse, NY 13208
315-410-3336 Voice
315-455-1230 Fax
315-455-1794 TTY
Contact: David Selover dselover@enablecny.org

Hudson Valley Regional TRAIID Center**UCP of Ulster County**

250 Tuytenbridge Road, PO Box 1488
Kingston, NY 12402
845-336-7235 x 129 Voice
845-336-7248 Fax
845-336-4055 TTY
Website: <http://www.cpulster.org/services/traid-program/>
Contact: Andrea Abramovich

Genesee-Finger Lakes TRAIID Center**Regional Center for Independent Living**

497 State Street
Rochester, NY 14608
585-442-6470 Voice/TTY
585-271-8558 Fax
Website: <http://www.rcil.org/index.php/programs/loanproject>
Contact: Dan Butler dbutler@rcil.org

AIM Independent Living Center

271 East First Street
Corning, NY 14830
607-962-8225 x 22 Voice/TTY
607-937-5125 Fax
Website: www.aimcil.com/traid-project.html
Contact: Sabrina Macomber smacomber@aimcil.com

Adirondack Regional Technology Center**SUNY Plattsburgh**

Alzheimer's disease Assistance Center
101 Broad Street, Sibley 227
Plattsburgh, NY 12901
1-800-388-0199 Voice/TTY
518-564-3368 Voice
518-564-2328 Fax
Website: www.plattsburgh.edu/offices/centers/cisp/artc/
Contact: Jessica Mathews jessica.mathews@plattsburgh.edu

Southern Tier Independence Center (STIC)

135 East Frederick Street

Binghamton, NY 13904

607-724-2111 x350

607-772-3607 Fax

Website: www.stic-cil.org/services.html#traid

Contact: Cheri Robinson

Center for Assistive Technology, Inc.

3108 Main Street

Buffalo, NY 14214

(716) 836-1350 Voice

(716) 836-0105 Fax

Website: www.cat.buffalo.edu/traid

Contact: Tina Odds or Kim Naus

**Lower Hudson Valley Technology Center
Westchester Institute for Human Development**

422 Cedarwood Hall

Valhalla, NY 10595-1689

914-493-1317 Voice

914-493- 1973 Fax

Website: www.wihd.org

Contact: Beth Heyd or Beth Breakstone

**Capital Region TRAIID Center
Glens Falls Independent Living Center**

71 Glenwood Avenue

Queensbury, NY 12804

518-792-3537 Voice

518-792-0505 TTY

518-792-0979 Fax

Website: www.sail-center.org/traid/

Contact: Karen Thayer or Tammy Whitt

TRAIID Center at Upstate Cerebral Palsy in Utica

10708 North Gage Road

Barneveld, NY 13304

(315) 896-2654 x287 Voice

(315) 896-2717 Fax

Website: www.upstatecp.org/lending-and-loan-equipment-library

Contact: Susan Bord or Lewellyne Blanchard

Technology Resources Center - NYC

United Cerebral Palsy of NYC

120 East 23rd Street, 5th Floor

New York, NY 10010-4519

212-979-9700 x 717 Voice

212- 475-0842 Fax

212- 253-2690 TTY

Website: www.ucpnyc.org

Contact:

Barbara Falcone bfalcone@ucpnyc.org

Marvin Pinnock mpinnock@ucpnyc.org

General inquiries techworks@ucpnyc.org

Brooklyn Satellite Office

160 Lawrence Avenue, Room B10

Brooklyn, NY 11230

718-436-7979 x710 Voice

718-907-3189 Fax

718-854-5656 TTY

Website: [www.ucpnyc.org/site/c.buIWJcNSKnL6G/b.6561427/k.48DE/Assistive Technology Resources.htm](http://www.ucpnyc.org/site/c.buIWJcNSKnL6G/b.6561427/k.48DE/Assistive_Technology_Resources.htm)

Contact: Liz Voluz

Other Important Resources in New York:**National Spinal Cord Injury Association New York Chapters:**

Greater New York Chapter of the National Spinal Cord Injury Association

Covers the Greater New York City area.

<http://www.nycspinalcord.org/>

Greater Rochester Area Chapter, NSCIA

<http://www.spinalcord.org/chapters/directory/chapter-directory/25/greater-rochester-area-chapter-nscia/>

Western New York Chapter of NSCIA

<http://www.wheelswithwingsfoundation.org/>

These organizations offer peer counseling, advocacy, and support for living with a spinal cord injury. Provides webinars on topics of interest for people living with spinal cord injuries.

Abilities, Inc. at The Viscardi Center

Abilities, Inc. is part of The Viscardi Center, a network of non-profit organizations that offers services that educate, employ and empower people with disabilities. Abilities, Inc.'s

comprehensive services help adolescents and adults with disabilities reach their employment goals through career evaluations, training, and placement services. Support services and technical assistance to employers who hire persons with disabilities are also available. <http://www.viscardicenter.org/services/abilities-inc.html>